What is the International Society of Behavioral Medicine (ISBM)?

ISBM is a Federation of national, regionally-based or specialized scientific societies, concerned with issues relevant to behavioral medicine.

26 members, 2 affiliate members

North America, Central and South America, Europe, Asia, Australia/NZ
If you are a member of a member society, you are automatically a member of ISBM

Take advantage of your membership!
Scope of ISBM

- Develop and maintain international liaisons
- Encourage interdisciplinary communication
- Stimulate research, clinical, preventive and training activities
- Develop guidelines for implementation of behavioral medicine
- Serve as an information resource based on ITC systems and personal meetings
Activities

- International Congress of Behavioral Medicine (ICBM)
- International Journal of Behavioral Medicine (IJBM)
- Newsletter
- Early Career Network (INSPIRE)
- Teaching seminars, curricula
- Facilitation of international collaborative research studies
- Liaison with other professional organizations
ICBM 2016 in Melbourne

The ICBM 2016 will take place in Melbourne from December 7th to December 10th, 2016. Please follow this link for more information: [http://www.icbm2016.com/](http://www.icbm2016.com/)

News

From old to new: The ISBM successfully launched its new, modernized logo.

The International Journal of Behavioral Medicine (IJBM), the official journal of the ISBM, issues a call for papers for a special issue on 'E-health interventions for addictive behaviors'. If you are interested, please find the call for papers [here](http://www.icbm2016.com/).

Journal

International Journal of Behavioral Medicine


Register for free IJBM Table of Contents Alert

Newsletter

Download Current Newsletter
# History

<table>
<thead>
<tr>
<th>President</th>
<th>Term</th>
<th>Congress</th>
<th>Date</th>
<th>ISBM Program Chair(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foundation: 1990</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stephen Weiss (USA)</td>
<td>1990-1992</td>
<td>Uppsala</td>
<td>1990</td>
<td>Arne Öhman/Andrew Steptoe</td>
</tr>
<tr>
<td>Andrew Steptoe (UK)</td>
<td>1994-1996</td>
<td>Amsterdam</td>
<td>1994</td>
<td>Neil Schneiderman</td>
</tr>
<tr>
<td>Neil Schneiderman (USA)</td>
<td>1998-2000</td>
<td>Brisbane</td>
<td>2000</td>
<td>Margaret Chesney</td>
</tr>
<tr>
<td>Brian Oldenburg (AUS)</td>
<td>2000-2002</td>
<td>Helsinki</td>
<td>2002</td>
<td>Christina Lee</td>
</tr>
<tr>
<td>Antti Uutela (FIN)</td>
<td>2004-2006</td>
<td>Bangkok</td>
<td>2006</td>
<td>Brian Oldenburg</td>
</tr>
<tr>
<td>Redford Williams (USA)</td>
<td>2006-2008</td>
<td>Tokyo</td>
<td>2008</td>
<td>Theresa Marteau</td>
</tr>
<tr>
<td>Hege Eriksen (NOR)</td>
<td>2008-2010</td>
<td>Washington</td>
<td>2010</td>
<td>Linda Baumann</td>
</tr>
<tr>
<td>Norito Kawakani (JAP)</td>
<td>2010-2012</td>
<td>Budapest</td>
<td>2012</td>
<td>Frank Penedo</td>
</tr>
<tr>
<td>Joost Dekker (NETH)</td>
<td>2012-2014</td>
<td>Groningen</td>
<td>2014</td>
<td>Ronan O’Carroll</td>
</tr>
<tr>
<td>Adrienne Stauder (HUN)</td>
<td>2014-2016</td>
<td>Australia</td>
<td>2016</td>
<td>Akizumi Tsutsumi</td>
</tr>
<tr>
<td>Frank Penedo (USA)</td>
<td>2016-2018</td>
<td>Chile (planned)</td>
<td>2018</td>
<td>?</td>
</tr>
</tbody>
</table>
Executive Committee 2014-2016

Adrienne Stauder, Hungary
President

Frank J. Penedo, United States
President Elect

Joost Dekker, Netherlands
Past President

Maria Nordin, Sweden
Treasurer

Maria Kleinstauber, Germany
Secretary
ISBM Committees

Awards
Communications
Education and Training
Finance
INSPIRE
International Collaborative Studies
Membership
Nominations
Organizational Liaison
Scientific Program
Strategic Planning
Christina Lee, Australia
Editor-in-Chief

- Biobehavioral mechanisms
- Clinical studies
- Public health, health promotion and prevention

Free access ISBM/SBM members

www.isbm.info

IJBM  IF: 2.2-2.5  submitted ~300  accepted ~ 30 % 6 issues
ICBM Biannual conferences

Melbourne, Australia December 7-10, 2016

Organizers:

International Society of Behavioral Medicine (ISBM),
Australasian Society for Behavioural Health and Medicine (ASBHM)
Australian Psychological Society (APS) College of Health Psychologists

www.icbm2016.com
ICBM tracks I.

- Addictive Behaviours
- Adherence
- Aging
- Cancer
- Cardiovascular Disease & Pulmonary Disorders
- Childhood & Adolescence
- Cross Track and Other
- Diabetes, Metabolism, Nutrition, Obesity,
- Eating Disorders
- Functional, Somatic and Somatoform Disorders
- Gender & Health
- Genetics and Environmental Interactions
- Health Behaviors
- Health Education and Promotion
- Health Systems
- Illness, Illness Affect, Illness Behavior
- Infectious Diseases, SARS, HIV, AIDS
ICBM conference tracks II.

- Measurement and Methods
- Pain, Musculoskeletal and Neuromuscular Disorders
- Physical Activity
- Policy and Economics
- Psychophysiological Disorders & Sleep
- Screening and Early Detection
- Socioeconomic Factors, Culture & Global Health
- Stress, Psychophysiology, PNI, PNE
- Translation of Research into Policy & Practice
- Violence, Victimization and PTSD
- Work Related Health
Areas of international collaboration

● Collaboration among strong research groups
  – High quality science
  – Research opportunities
● Exchange of teaching materials and methods
  – High quality teaching
  – Teaching opportunities
● Strengthen BM practice, clinical care and public health
  – High quality guidelines
Benefits of international collaboration

- „Think globally, act locally”

- Collaborative effort
  - Joined forces

- Different perspectives and new insights
  - Enhanced understanding
Benefits of international collaboration

- Meaningful personal contacts
  - Motivation
  - Inspiration
- Personal development
  - Broadening of perspectives
  - New insights
- Burn-out prevention
  - Sense of community, friends, fun
Early Career Network (INSPIRE)

Elizabeth Seng, USA
elizabeth.seng@einstein.yu.edu

- Networking opportunities
- Mentorship opportunities
- Support education, training and professional development
- Visibility of early career research
- Promote international research collaborations
Conference Dinner

- Iconic Melbourne Cricket Ground (MCG) “The G”
• When? 7-10 December 2016 (summer)

• Where?
Why Melbourne?

• Fantastic cafés and restaurants
• Art galleries
• Close to wineries, beaches, Great Ocean Road
• Trams
Abstract submission deadline: 1 February 2016

Rapid Communications abstract deadline: 1 September 2016

Keynote Speakers

Rona Moss-Morris
Medically Unexplained Symptoms
King’s College London

Ichiro Kawachi
Social Determinants of Health
Harvard University

Christina Lee
Women’s Health In Context
University of Queensland
We warmly welcome you to 2016 ICBM Melbourne