11th International Congress of Behavioral Medicine
“Translational Behavioral Research: A Global Challenge”

Presented by International Society of Behavioral Medicine (ISBM)
and Society of Behavioral Medicine (SBM)

Final Program

4-7 August 2010
Grand Hyatt Washington
Washington, DC USA

www.icbm2010.org
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I am delighted to welcome you to the 11th International Congress of Behavioral Medicine in Washington DC USA. Dr. Linda Baumann and the rest of the Program Committee have worked very hard to organize an outstanding program within the theme: Translational Research: A Global Challenge. The program truly represents the global challenges we face. Representatives from 10 different countries are presenting keynote addresses, master lectures, and master panels.

The scientific quality these presentations represent is very valuable. The value of our congress is also dependent on all those abstracts that have been submitted and accepted for workshops, symposia, midday discussions, and oral and poster presentations. In total, we received over 800 abstract submissions from researchers in 45 different countries. My sincere thanks to all member societies of ISBM that have worked so hard to encourage submission of abstracts, and to all of you that have submitted abstracts describing important work within the field of behavioral medicine. I truly look forward to listen to as many oral presentations as possible and to look at all the posters and discuss the findings with you.

I believe this year’s program will continue and develop further the outstanding scientific quality that has been evident in the recent ICBM conferences. A number of people have worked very hard to make this event happen. This includes key representatives from ISBM, the Local Arrangements Committee, and the Society of Behavioral Medicine. The success of the International Congresses of Behavioral Medicine rests on the willingness from all parties to pull together. This has indeed been the case here.

One of the major advantages when you attend a scientific congress is to network with colleagues. I will encourage all attendees to actively network. I would encourage senior colleagues to spend time discussing their work with younger scientists and vice versa; I would also encourage members from the established societies to actively interact with members from newer societies. ISBM is a global organization, and in order to develop and grow as such we need to increase our communication and appreciate the cultural diversity it represents.

Let me encourage all to be sure to attend the opening ceremony on August 4th, where we also will have the Irmela Florin Memorial Lecture by incoming President Dr. Norito Kawakami. Finally I hope as many as possible will take the opportunity to enjoy Washington DC, to learn more about the culture and the history of the congress site.

With my warmest regards, welcome to all of you!

Hege R. Eriksen, PhD
President, International Society of Behavioral Medicine
Dear Colleagues and Friends:

On behalf of the Society of Behavioral Medicine, it is my distinct pleasure and great honor to welcome behavioral medicine scientists and practitioners from across the world to participate in the 11th International Congress of Behavioral Medicine, from August 4 to 7 in Washington DC, USA. It has been almost 15 years since the Congress was held in the US, and we are delighted to be this year’s host.

The theme of this year’s meeting, “Translating Behavioral Research: A Global Challenge”, speaks to the very important moment in time that the field of behavioral medicine finds itself in. We all look to the outstanding contributions that behavioral medicine has made in understanding and intervening upon the factors that influence health. Yet, across the globe we struggle with the fact that many of our most important discoveries are not reaching all populations, that treatment is often prioritized over prevention, and that our health and social policies do not always promote health. This Congress will make tremendous strides towards expanding the discussion of translation beyond the bench and the bedside, to our communities, schools, workplaces, and families.

The planning committee has put together an outstanding program, with top scientists presenting new ideas on some of the most important translational issues facing behavioral medicine. There were over 800 abstract submissions from 45 countries. The work presented at the Congress will provide an outstanding overview of behavioral medicine as studied and practiced in 6 continents, by members of 32 different behavioral medicine societies.

This Congress would not be possible without leadership from a large number of people, who have worked tirelessly to plan and organize the meeting. I would especially like to thank Dr. Linda Baumann for her leadership as scientific program committee chair, who, along with members of the program committee, have assembled an outstanding meeting agenda. I would also like to acknowledge Dr. Hege Eriksen, President of ISBM, who has provided strong leadership of the society, and Dr. Peter Kaufmann, chair of the local arrangements committee, and his team for arranging the meeting logistics. I am also grateful to EDI and Ms. Amy Stone, Executive Director of the Society of Behavioral Medicine, and Ms. Amy Genc Moritz, Congress Meetings Director for ICBM 2010, for strong support of the Congress planning activities.

Please accept my warmest welcome to the 11th Congress. I hope that you will have many stimulating exchanges with your colleagues from around the world. I also hope that you will be able to find a bit of time to enjoy our nation’s capital, to learn about our history, and to enjoy our many wonderful museums and monuments.

All my best for a wonderful meeting!

Sincerely,

Karen M. Emmons, PhD
President, Society of Behavioral Medicine
Congress Organization

The Congress is organized by the International Society of Behavioral Medicine (ISBM) and the Society of Behavioral Medicine (SBM).

Scientific Program Committee

<table>
<thead>
<tr>
<th>Name</th>
<th>University/Location</th>
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<tbody>
<tr>
<td>Linda Baumann, PhD, RN (Chair)</td>
<td>University of Wisconsin-Madison, United States</td>
</tr>
<tr>
<td>Naiphinich (Nick) Kotchabhakdi, PhD</td>
<td>Mahidol University, Thailand</td>
</tr>
<tr>
<td>Hege R. Eriksen, PhD (Co-chair)</td>
<td>University of Bergen, Norway</td>
</tr>
<tr>
<td>Linda Cameron, PhD</td>
<td>University of Auckland, New Zealand</td>
</tr>
<tr>
<td>Arja R. Aro, PhD, DSc</td>
<td>University of Southern Demark, Denmark</td>
</tr>
<tr>
<td>Graciela Rodriguez, PhD</td>
<td>National University of Mexico, Mexico</td>
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<th>Name</th>
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<tbody>
<tr>
<td>Rona Moss-Morris, PhD, CPsychol (Coordinator)</td>
<td>University of Southhampton, United Kingdom</td>
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Scientific Tracks

<table>
<thead>
<tr>
<th>Name</th>
<th>University/Location</th>
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<tr>
<td>Frank J. Penedo, PhD (Chair)</td>
<td>University of Miami, United States</td>
</tr>
</tbody>
</table>
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Allan Best (Canada)

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Eduardo Remor (Spain)

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Stein Atle Lie (Norway)

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Camilla Ihlebaek (Norway)

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Neville Owen (Australia)

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Shin Fukudo (Japan)
Borge Sivertsen (Norway)

Screening & Early Detection
Stephen Sutton (United Kingdom)
Kazunori Kayaba (Japan)

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Angela Maia (Portugal)

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Naiphinich (Nick) Kotchabhakdi (Thailand)

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Martin Eccles (United Kingdom)

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Victoria Gordillo (Spain)

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Akizumi Tsutsumi (Japan)
Reiner Rugulies (Denmark)
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Lori Stark, President
Kathy Lemanek, President-Elect

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Canadian Society of Behavioral Medicine

East Indian Society of Behavioral Medicine
Sanghamitra Pati, President

South African Association for Behavioral Health

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Editor, International Journal of Behavioral Medicine
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The Schroeder Institute FOR TOBACCO RESEARCH AND POLICY STUDIES

European Health Psychology Society

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Springer is the proud publisher of International Journal of Behavioral Medicine, official journal of the International Society of Behavioral Medicine, and Annals of Behavioral Medicine, official journal of the Society of Behavioral Medicine.

Visit the Springer booth and learn more about SBM’s new journal Translational Behavioral Medicine: Practice, Policy, Research!

National Cancer Institute

The National Cancer Institute’s Behavioral Research Program initiates, supports, and evaluates a comprehensive program of behavioral research ranging from basic behavioral research to research on the development, testing, and dissemination of disease prevention and health promotion interventions in areas such as tobacco use, screening, dietary behavior, and sun protection. For more information and to see current funding opportunities, visit: http://dccps.cancer.gov/brp/.

Acknowledgement of Grants

We would like to thank the Rockefeller Foundation for their generous grant to our host society, the Society of Behavioral Medicine. The funds received were used to support the participation of the master panelists and one keynote speaker from developing regions of the world. Their contribution has allowed us to expand our views of the translation of behavior science to diverse settings.

We would like to thank the following NIH Institutions for their support to the host society, The Society of Behavioral Medicine. Their generous contribution allowed us to enable travel to scientifically meritorious investigators from developing nations:

- National Heart, Lung and Blood Institute (NHLBI)
- National Center for Complementary and Alternative Medicine (NCCAM)
- National Cancer Institute (NCI)
General Information

Congress Venue
All Congress sessions are taking place at the Grand Hyatt Washington D.C. Below please find the address and contact details for the hotel:

Grand Hyatt Washington D.C.
1000 H Street, NW
Washington, DC 20001
Phone: +01-202-582-1234
Fax: +01-202-637-4781

Directions to Congress Venue
From Marshall Baltimore-Washington International Airport (approximately 30 miles) and North
Driving
Take I-95-South to Exit 22 B (Baltimore-Washington Pkwy South); Follow onto New York Avenue for six miles. Turn left onto 5th Street NW and follow for three and a half blocks. Turn right onto H Street NW and follow for five blocks; The Grand Hyatt is at the corner of 10th and H Streets NW.
Super Shuttle
Shuttles are located at ground transportation. No advance reservations are needed. Cost: $45 one-way per person.
Taxi
The BWI taxi stand is located just outside of the baggage claim area of the Lower Level of the BWI Airport Terminal. Cost: approximately $65. The hotel is 50 minutes from the airport, depending upon traffic.
Private luxury car service
Please call the Hotel Concierge and they will be delighted to make your arrangements.

From South
Take I-95-N to 395 North. Continue over the 14th Street Bridge, then merge into the right lane. Take the exit for 12th Street, continue though the tunnel for eight blocks. Turn Right onto H Street and follow for one block; The Grand Hyatt is at the corner of 11th and H Streets NW.

From Washington Dulles International Airport (approximately 27 miles)
Driving
Take Dulles Toll Road/VA-267 East, and stay on this road after it becomes I-66 E. Take the US-50 E / Constitution Ave exit, and stay straight to go onto US-50 E. Turn left onto 15th Street NW, then right onto New York Ave NW. Turn right onto H Street NW; The Grand Hyatt is on the corner of 11th and H Streets NW.
Super Shuttle
No advance reservations are needed. Super Shuttle stops are clearly identified on the Ground Transportation Level roadway outside the Main Terminal at Dulles. Shuttles operate on an on-demand basis. Cost: $38 one-way per person.
Taxi
No reservation required. Proceed to the “Taxi Passengers” area on the lower level of the Main Terminal. A Dispatcher is on duty 24 hours a day. Wheelchair-accessible minibuses available for 1 person in his/her wheelchair plus 3 additional passengers. Smoking and non-smoking vehicles are available by request. Cost is approximately $50 to $60. The hotel is approximately 40 minutes from the airport, depending upon traffic.
Private luxury car service
Please call the Hotel Concierge and they will be delighted to make your arrangements.

From Ronald Reagan National Airport (approximately 5 miles): Driving
Take George Washington Memorial Parkway North. Merge onto US-1 N toward Washington. Stay straight to go onto 14th Street NW, then turn right onto New York Ave NW. Turn slight right onto H Street NW; The Grand Hyatt is on the corner of 11th and H Streets NW.
Super Shuttle
No advance reservations required. Shuttles are located at ground transportation. Proceed to the outside curb and contact the Super Shuttle representative. After hours, call 1-800-258-3826 and press 1 for dispatch or 2 for reservations, which will transfer you to dispatch. Cost: $10 one-way per person.
Metro
Take the Blue Line to Metro Center station. Follow 11th Street exit to the lobby of the Grand Hyatt. Cost: $1.65 per person one way (rates may change).
General Information

Taxi
Taxicabs are available at the exits of each terminal. The hotel is approximately 15 minutes from the airport, depending upon traffic conditions. Cost: $12 to $15, one-way.

From West Falls Church Metro Station
Take the Orange Line - in the direction of New Carrollton – to the Metro Center station. Follow underground access from the Metro to the 11th Street exit, to the lobby of the hotel.

From Amtrak / Union Station
Union Station is approximately five minutes from the hotel via taxi, or three metro stops from the hotel. Cost: Taxi is approximately $5, metro is approximately $1.25.

Registration Desk
The registration desk is located in the Independence Foyer. Registration will be open the following hours:

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours</th>
</tr>
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<tbody>
<tr>
<td>Tuesday, 3 August 2010</td>
<td>12:00 PM – 6:00 PM</td>
</tr>
<tr>
<td>Wednesday, 4 August 2010</td>
<td>8:00 AM – 6:00 PM</td>
</tr>
<tr>
<td>Thursday, 5 August 2010</td>
<td>7:00 AM – 6:00 PM</td>
</tr>
<tr>
<td>Friday, 6 August 2010</td>
<td>7:00 AM – 6:00 PM</td>
</tr>
<tr>
<td>Saturday, 7 August 2010</td>
<td>7:00 AM – 12:00 PM</td>
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Registration Fees

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<tr>
<th></th>
<th>Before 15 June</th>
<th>After 18 June or On Site</th>
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<tbody>
<tr>
<td>ISBM Member</td>
<td>$495</td>
<td>$550</td>
</tr>
<tr>
<td>Non Member</td>
<td>$550</td>
<td>$600</td>
</tr>
<tr>
<td>Student/Trainee*</td>
<td>$160</td>
<td>$160</td>
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<tr>
<td>Accompanying Person</td>
<td>$160</td>
<td>$160</td>
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<tr>
<td>Tutorial Workshop</td>
<td>$60</td>
<td>$75</td>
</tr>
<tr>
<td>Banquet</td>
<td>$85</td>
<td>$95</td>
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*Student/Trainee Verification required. Please fax or email a copy of your student I.D. or a letter from your department head/supervisor to Amy Genc Moritz, the Congress secretariat at +01-414-276-3349 or amoritz@icbm2010.org. If your verification is not received by 1 September 2010, you will be charged at the full non-member registration price of $600.

Registration as an active participant includes:
All general sessions, the Opening Ceremony, Welcome Reception, and Closing Reception. It also includes all official documentation, including the Final Program and abstract book, as well as all refreshment breaks.

Registration as an accompanying person includes:
Attendance at the Opening Ceremony, Welcome Reception, Closing Reception and all refreshment breaks. Registration at these events is not required for guests age 17 and under. Society members and authors/co-authors of abstracts may not use the guest fee discount for registration.

Special Programs

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
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<tr>
<td>Opening Ceremony</td>
<td>Wednesday, 4 August 2010</td>
<td>5:00 PM</td>
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<tr>
<td>Welcome Reception</td>
<td>Wednesday, 4 August 2010</td>
<td>6:30 PM</td>
</tr>
<tr>
<td>Banquet (additional fee)</td>
<td>Friday, 6 August 2010</td>
<td>7:00 PM</td>
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<tr>
<td>Closing Ceremony</td>
<td>Saturday, 7 August 2010</td>
<td>4:30 PM</td>
</tr>
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Certificate of Attendance
A certificate of attendance was included in your registration packet. If you have registered on site, a certificate of attendance will be emailed to you after the Congress.

Certificate of Presentation
A certificate of presentation will be emailed to the corresponding author after the Congress. As the primary contact, it is your responsibility to forward the certificate to all the contributing authors.

Name Badges
Registered participants and accompanying persons will receive a name badge upon registration. Please wear your badge at all times during the Congress. Your badge will allow you entry into the scientific sessions and presentations.
General Information

Layout of Grand Hyatt Washington

Lobby Level

Lagoon Level (1B)

Constitution Level (3B)

Independence Level (5B)
General Information

Speakers’ Check In and Speaker Lounge
To help facilitate the submission of Power Point presentations, ICBM asks all presenters/speakers to have their presentations ready on a “thumb/jump drive” at the time they check in at registration. ICBM will have a Speaker Check-In Desk immediately adjacent to Registration, which will serve as the upload station for all Presenters/Speakers. ICBM will also have a “Speaker Lounge” with tables and chairs, should finishing touches on presentations be required. Please note that the Speaker Lounge will not be staffed, and is presented as a courtesy to allow speakers to finalize presentations prior to upload should any changes need to be made. ICBM asks that all speakers present their presentations for upload at least 4 hours prior to their scheduled presentation time (this may mean the preceding day, please plan accordingly; all Wednesday Sessions may be uploaded at 8:00 AM that morning).

Hours of Speaker Check-in Desk
Wednesday 8:00 AM – 7:00 PM
Thursday 8:00 AM – 7:00 PM
Friday 8:00 AM – 6:00 PM
Saturday 8:00 AM – 11:00 AM

Poster Session Presenters
The poster hall will be open from 6:30 PM to 9:00 PM on each of the presentation days.

All poster sessions will be held in Independence AFGHI, Independence Level (5B). Below please find the times of presentation by poster ID:

Wednesday, 4 August PSW-101 - PSW-221f
Thursday, 5 August PST-100 - PST-204f

Poster Set Up and Removal
Poster set up:
2:00 PM – 5:00 PM, on the day of your presentation

Poster removal:
9:00 PM – 9:30 PM, on the day of your presentation

Please note: Any posters that remain up after these hours will be removed, and placed in the corner of the poster hall. If these are not retrieved by the end of the day on Thursday, 5 August, they will be discarded.

Beverages and Refreshments
Coffee and beverages will be available for delegates throughout the Congress.

Lunches
Lunches will be available for purchase throughout the Congress. Below please find the many dining options, from pre-packaged to a sit down meal:

Grand Slam
Plated, quick service lunch specials available during the ICBM Congress

Hours: Sunday - Thursday: 11:30 AM – 12:00 AM
Friday - Saturday: 11:30 AM – 1:00 AM

The Grand Cafe
Lunch buffet, available to go
Hours: Monday - Friday: 11:00 AM – 2:00 PM
Saturday - Sunday: 6:30 AM – 2:00 PM

Zephyr Deli
Grab-and-Go meals
Hours: Monday - Friday: 6:30 AM – 2:00 PM
Saturday - Sunday: 7:00 AM – 11:00 AM

Starbucks
Grab-and-Go meals, gourmet coffee
Hours: 6:30 AM – 6:00 PM Daily

Internet
All guest rooms in the hotel are wired for high-speed Internet access. The Grand Cafe and Starbucks on the lobby level feature Wi-Fi service. Internet access is $9.95 per day. You can easily work wirelessly from any number of locations around the hotel.

Language
The official language of the Congress is English.

Smoking
This is a non-smoking Congress. Smoking is not permitted at any area inside the hotel. It will be permitted in designated areas outside the building.
Early Career Awards

Selection of the Early Career Award was based on total career achievement and review of a submitted and accepted abstract. To qualify for this award, the applicant had to meet the eligibility criteria listed below.

- Should be no more than seven (7) years out from their highest degree and/or
- Have held a faculty or professional position for no more than seven (7) years.
- Must submit an abstract of empirical work.
- Must be the first or only author of the accepted abstract.

Listed please find the ICBM 2010 Early Career Award recipients, in alphabetical order:

**PSW-116**
Smoking Prevalence, Knowledge and Attitudes among 3rd Year Medical Students in Libya
A. Buni, Community Medicine, University of El-Fateh, Tripoli, LIBYA
August 4, 2010
Independence AFGHI, Independence Level (5B)
6:30 PM – 9:00 PM

**OS21-D**
Overcommitment at Work Decreased After Stress Management Training
Z. Cserhati, S. Adam, A. Stauder, B. Konkoly Thege, A. Szekely, M.S. Kopp, Institute of Behavioural Sciences, Semmelweis University Budapest, Hungary
August 6, 2010
Penn Quarter AB, Lagoon Level (1B)
9:24 AM – 9:42 AM

**PST-134**
The Validity of Depression Diagnosis of the Mini International Neuropsychiatric Interview (MINI) according to the Structure Clinical Interview Diagnostic (SCID) as a Support to the Indonesia Basic Health Research 2010
S. Idaiani, Ministry of Health Republic of Indonesia, National Institute of Health Research and Development, Indonesia
August 5, 2010
Independence AFGHI, Independence Level (5B)
6:30 PM – 9:00 PM

**PSW-129**
Development of Empathy among Medical School Students towards Psychosocial Needs of Cancer Patients and their Relatives through Micro Skills Interview Training
S. Pati, Medical Education, SCB Medical College, Bhubaneswar, Orissa, India
August 4, 2010
Independence AFGHI, Independence Level (5B)
6:30 PM – 9:00 PM

**PST-163**
Municipal Socioeconomic Status In Relation To Cause-Specific Mortality among Japanese Middle Aged Men and Women: A Multilevel Study in Japan
K. Honjo, H. Iso, Osaka University Graduate School of Medicine Public Health, Japan; N. Nishi, National Institute of Health and Nutrition, Japan; Y. Fukuda, Yamaguchi University School of Medicine, Ube, Japan; A. Tamakoshi, Aichi Medical University School of Medicine, Japan
August 5, 2010
Independence AFGHI, Independence Level (5B)
6:30 PM – 9:00 PM
Top 15 Poster Presentations

Fifteen Posters Chosen by Awards Committee to vie to be Among Top Three
The ISBM Awards Committee has identified 15 highly meritorious poster abstracts that will be evaluated at the ICBM2010 Poster Sessions to identify those that will be honored as the top three posters at the closing ceremony. Following please find those fifteen posters, listed alphabetically by author:

PSW-158
Associations of Non-Supportive Parenting Behaviors, Child Depression, and Self-Efficacy in Children with Type 1 Diabetes
B. Armstrong, E. Mackey, R. Streisand, Children's National Medical Center, Washington, DC
August 4, 2010
Independence AFGHI, Independence Level (5B)
6:30 PM – 9:00 PM

PSW-139
Depressive Symptoms and Use of Complementary and Alternative Medicine in Breast Cancer Patients 3-4 Months Post-Surgery: Results from a Nationwide Danish Cohort Study
S. Bekke-Hansen, C.G. Pedersen, Aarhus University, Aarhus, DENMARK; S. Christensen, A.B. Jensen, R. Zachariae, Aarhus University Hospital, Aarhus, DENMARK
August 4, 2010
Independence AFGHI, Independence Level (5B)
6:30 PM – 9:00 PM

PST-164
Socioeconomic Differences in Trajectories of BMI and Obesity in the Transition from Midlife to Old Age
A. Dugravot, S. Sabia, S. Stringhini, A. Gueguen, M. Zins, M. Goldberg, H. Nabi, A. Singh-Manoux, U687, INSERM, Villejuif Cedex, France; M. Kivimaki , A. Singh-Manoux, Department of Epidemiology and Public Health, University College London, UK; H. Westerlund, Stress Research Institute, Stockholm University, Sweden; J. Vahtera, Department of Public Health, University of Turku and Turku University Hospital, Finland; J. Vahtera, Finnish Institute of Occupational Health, Finland
August 5, 2010
Independence AFGHI, Independence Level (5B)
6:30 PM – 9:00 PM

PST-103
Emotional State and Illness Perceptions Predict Perceived Functionality in Portuguese Breast Cancer Patients
S.M. Fernandes, Universidade Lusiaida, Portugal; T. McIntyre, University of Houston, Texas, US
August 5, 2010
Independence AFGHI, Independence Level (5B)
6:30 PM – 9:00 PM

PST-163
Municipal Socioeconomic Status in Relation to Cause-specific Mortality among Japanese Middle Aged Men and Women: a Multilevel Study in Japan
K. Honjo, H. Iso, Osaka University Graduate School of Medicine Public Health, Suita, Japan; N. Nishi, National Institute of Health and Nutrition, Japan; Y. Fukuda, Yamaguchi University School of Medicine, Ube, Japan; A. Tamakoshi, Aichi Medical University School of Medicine, Nagakute, Japan
August 5, 2010
Independence AFGHI, Independence Level (5B)
6:30 PM – 9:00 PM

PST-161
G. Huang, H. Wipfli, Preventive Medicine, University of Southern California, Los Angeles, CA
August 5, 2010
Independence AFGHI, Independence Level (5B)
6:30 PM – 9:00 PM

PST-146
An Outcome & Process Evaluation of a Financial Incentive Scheme Aimed At Encouraging Participation in Physical Activity in Sandwell in the West Midlands Region of the UK
G. Hurst, R. Davey, Faculty of Health, Staffordshire University, Stoke-on-Trent, UK; D. Clark-Carter, S. Grogan, Faculty of Sciences, Staffordshire University, Stoke-on-Trent, UK
August 5, 2010
Independence AFGHI, Independence Level (5B)
6:30 PM – 9:00 PM
Top 15 Poster Presentations

PST-102
Resource Changes and the Effect of Life Stress on Psychosomatic Symptoms in a 10-Year Follow-Up
O. Kiviruusu, T. Huurre, H. Aro, National Institute for Health and Welfare, Finland; A. Haukkala, University of Helsinki, Finland
August 5, 2010
Independence AFGHI, Independence Level (5B)
6:30 PM – 9:00 PM

PST-169
Stress Reduction in Shavasan (Yogic relaxation in dead body position) During Upper Gastrointestinal Endoscopy
M.R. Kotwal, C.Z. Rinchen, Gastroenterology, Sir Thutob Namgyal Memorial Hospital, Tibet Road Gangtok, India; M.R. Kotwal, C.Z. Rinchen, Home & Health, Government Of Sikkim, India
August 5, 2010
Independence AFGHI, Independence Level (5B)
6:30 PM – 9:00 PM

PSW-107
The Influence of Vigor, Depressive Symptoms, and Leukocyte Counts on Mortality: A Five-Year Follow-Up
C.L. Ollars, M. Mehlsen, D. Thomsen, R. Zachariae, Department of Psychology, Aarhus University, Denmark; R. Zachariae, Department of Oncology, Aarhus University Hospital, Denmark
August 4, 2010
Independence AFGHI, Independence Level (5B)
6:30 PM – 9:00 PM

PSW-127
Influence of Smoking Cessation on Prognosis in Early Stage Lung Cancer: A Systematic Review with Meta Analysis
A. Parsons, A. Daley, R. Begh, P. Aveyard, Primary Care Clinical Sciences, University of Birmingham, UK
August 4, 2010
Independence AFGHI, Independence Level (5B)
6:30 PM – 9:00 PM

PSW-137
Telephone Based Cognitive Behavioral Stress Management Intervention Improves Coping, Quality of Life and Cortisol Regulation in Men Undergoing Hormonal Treatment (HT) for Advanced Prostate Cancer (APC)
F. Penedo, C. Benedict, E. Zhou, M. Antoni, N. Schneiderman, Psychology, University of Miami, Coral Gables, FL; B. Kava, M. Soldoway, Urology, University of Miami, Florida, USA
August 4, 2010
Independence AFGHI, Independence Level (5B)
6:30 PM – 9:00 PM
ICBM Travel Awardees

We would like to thank the following NIH Institutions for their support to the host society, The Society of Behavioral Medicine:

- National Heart, Lung and Blood Institute (NHLBI)
- National Center for Complementary and Alternative Medicine (NCCAM)
- National Cancer Institute (NCI)

Their generous contribution allowed us to enable travel for scientifically meritorious investigators from developing nations. Following please find these awardees and their abstract information, listed alphabetically by author:

**OS02-E**  
Pro-Poor Health Policy in Nepal: Enlarging People’s Choices  
*J. Bhandari*  
August 5, 2010  
Latrobe, Constitution Level (3B)  
9:42 AM – 10:00 AM

**OS17-C**  
Health Behaviour and Safety among Industrial Workers in Developing Country  
*S. R. Joshi, P. P. Prasain*  
August 5, 2010  
Cabin John/Arlington, Constitution Level (3B)  
3:06 PM – 3:24 PM

**OS21-B**  
Sustainability and Health Safety of an Interdisciplinary Secondary Prevention Program for Industrial Workers  
*S. R. Joshi, P. P. Prasain*  
August 6, 2010  
Penn Quarter AB, Lagoon Level (1B)  
8:48 AM – 9:06 AM

**PST-171**  
Influence of Occupational Stress on Mental Health among Industrial Workers  
*S. R. Joshi*  
August 5, 2010  
Independence AFGHI, Independence Level (5B)  
6:30 PM – 9:00 PM

**OS12D**  
Tobacco Smoking Reduction among Adolescents In Nigeria  
*S. O. Omiyefa*  
August 5, 2010  
Cabin John/Arlington, Constitution Level (3B)  
11:24 AM – 11:42 AM

**PST-118**  
Homeless Adolescent/Youths with HIV In Ibadan Nigeria  
*S. O. Omiyefa*  
August 5, 2010  
Independence AFGHI, Independence Level (5B)  
6:30 PM – 9:00 PM

**OS31-B**  
Youth and How the Community Responses to Reproductive Health and Sexuality Behavior in Developing Country  
*S. D. Joshi, R. P. Bhandari*  
August 7, 2010  
Latrobe, Constitution Level (3B)  
3:06 PM – 3:24 PM

**PST-169**  
Stress Reduction in Shavasan (Yogic Relaxation in Dead Body Position) During Upper Gastrointestinal Endoscopy  
*M. R. Kotwal, C. Z. Rinchen*  
August 5, 2010  
Independence AFGHI, Independence Level (5B)  
6:30 PM – 9:00 PM

**OS12-E**  
Pattern of Cigarette Smoking among Thai Adolescents: A Longitudinal Study from International Tobacco Control Policy - Thailand  
*T. Sirirassamee, B. Sirirassamee, R. Borland, G. T. Fong*  
August 5, 2010  
Cabin John/Arlington, Constitution Level (3B)  
11:42 AM – 12:00 PM
ICBM Travel Awardees

PSW-118
Smoking Behavior among Adolescents in Thailand and Malaysia.
T. Sirirassamee, B. Sirirassamee, M. Omar, R. Borland, G. T. Fong, P. Driezen
August 4, 2010
Independence AFGHI, Independence Level (5B)
6:30 PM – 9:00 PM
Featured Presenters

Keynote Addresses

Jaakko Kaprio, MD, PhD

Contribution of Genomics to Behavioral Medicine
Professor of Genetic Epidemiology, Department of Public Health
University of Helsinki, National Institute for Health and Welfare (Finland)

Dr. Jaakko Kaprio is Professor of Genetic Epidemiology at the University of Helsinki, and Research Professor in Behavioral Genetics at the National Institute for Health and Welfare. He has worked with the Finnish Cohort studies since 1976, and participates in multiple national and international collaborative projects. He is the past-President of the International Society for Twin Studies. He is a founding member and past-President of the Finnish Society for Behavioral Medicine. He graduated from medical school in Helsinki and defended his doctoral thesis in 1984. He spent two years as a post-doc in the USA, in 1987-1989 and was a fellow of the Institute for Advanced Study, Indiana University in 1990. He is currently also the Director of the Centre of Excellence in Complex Disease Genetics funded by the Academy of Finland. He has published some 600 peer-reviewed original articles. He has also actively trained new researchers, having been the official supervisor for 29 PhD students.

Geoffrey Setswe, DrPH, MPH

The Translation of Behavioural HIV Prevention Research into Policy and Practice
Professor of Public Health, Monash University, Australia; Head of the School of Health Sciences, Monash South Africa Campus, Johannesburg

Professor Geoffrey Setswe is a Professor of public health at Monash University, Australia and is the Head of the School of Health Sciences at Monash South Africa campus in Johannesburg. He was Research Director in the Social and Behavioural Aspects of HIV/AIDS (BSAHA) Unit at the Human Sciences Research Council. He served as Regional Director for Social Aspects of HIV/AIDS Research Alliance (SAHARA) in Southern Africa and was also adjunct Professor of public health at the University of Limpopo. He was the founding Director of the AIDS Research Institute at Wits University where he coordinated HIV/AIDS research between 2003-2005.

His community work involves responsibilities as Chairman of the AIDS Advisory Committee of the Development Bank of Southern Africa (DBSA) and deputy Chairman of the Board of the AIDS Consortium. His involvement with the SA National AIDS Council (SANAC) involves being the Co-Chair of the Research, Monitoring and Evaluation (RME) Technical Task Team (TTT).

His research interests are in the behavioural and social aspects of HIV/AIDS, AIDS policy, epidemiology and general public health issues.
Featured Presenters

Keynote Address

Kelly D. Brownell, PhD
Harnessing Science for Social and Policy Change: The Diet and Obesity Example
Professor of Psychology, Epidemiology and Public Health
Director, Rudd Center for Food Policy and Obesity
Yale University (United States)

Kelly Brownell is Professor in the Department of Psychology at Yale University, where he also serves as Professor of Epidemiology and Public Health and as Director of the Rudd Center for Food Policy and Obesity. In 2006 Time magazine listed Kelly Brownell among “The World’s 100 Most Influential People” in its special Time 100 issue featuring those “…whose power, talent or moral example is transforming the world.”

He has published 14 books and more than 300 scientific articles and chapters. One book received the Choice Award for Outstanding Academic Book from the American Library Association, and his paper on “Understanding and Preventing Relapse” published in the American Psychologist was listed as one of the most frequently cited papers in psychology.

Dr. Brownell has advised members of congress, governors, world health and nutrition organizations, and media leaders on issues of nutrition, obesity, and public policy. He was cited as a “moral entrepreneur” with special influence on public discourse in a history of the obesity field and was cited by Time magazine as a leading “warrior” in the area of nutrition and public policy.

Master Lecture

Theresa M. Marteau, BSc, MSc, PhD
Communicating Genetic Risks: Three Fallacies and a Challenge
Professor, Health Psychology Section, King’s College London (United Kingdom)

Theresa Marteau is currently working at two institutions: King’s College London, and the University of Cambridge. She is Professor of Health Psychology at King’s College, London and Director of the Centre for the Study of Incentives in Health. At Cambridge, she is Director of the Behaviour and Health Research Unit at the Institute of Public Health. She is a Fellow of the Academy of Medical Sciences; and of the Academy of Learned Societies for the Social Sciences; and a Senior Investigator for the National Institute for Health Research.

Her research focuses on the effectiveness and acceptability of behaviour change in response to: i. Individual-level health risk information (including genetic risk information) and ii. Population-level environmental change (including financial incentives, the built environment and social norms).

This research is funded by MRC, the Wellcome Trust, National Institute for Health Research, Department of Health, and Cancer Research UK.
Robert T. Croyle, PhD
Transdisciplinary Team Science: Results from a Grand Experiment
Director, Division of Cancer Control and Population Sciences, National Cancer Institute (United States)

Robert Croyle, PhD, was appointed director of DCCPS in July 2003. In this role, he is responsible for overseeing a research portfolio and operating budget of nearly a half billion dollars and serves on NCI's Executive Committee. As a division, DCCPS covers a wide range of scientific domains and disciplines, including epidemiology, behavioral science, surveillance, cancer survivorship, and health services research. He previously served as the division’s associate director for the Behavioral Research Program, leading its development and expansion. Before coming to NCI in 1998, he was professor of psychology and a member of the Huntsman Cancer Institute at the University of Utah in Salt Lake City. Prior to that, he was a visiting investigator at the Fred Hutchinson Cancer Research Center in Seattle, visiting assistant professor of psychology at the University of Washington, and assistant professor of psychology at Williams College in Massachusetts.

Dr. Croyle received his PhD in social psychology from Princeton University in 1985, and graduated Phi Beta Kappa with a BA in psychology from the University of Washington in 1978. His research has examined how individuals process, evaluate, and respond to cancer risk information, including tests for inherited mutations in BRCA1 and BRCA2. His research has been published widely in professional journals in behavioral science, public health, and cancer, and he has edited two volumes: Mental Representation in Health and Illness (1991) and Psychosocial Effects of Screening for Disease Prevention and Detection (1995). He is co-editor of the Handbook of Cancer Control and Behavioral Science (2009) and co-author of Making Data Talk: Communicating Data to The Public, Policy Makers and The Press (2009).

Dr. Croyle is a member of the Academy of Behavioral Medicine Research, a Fellow of the Society of Behavioral Medicine, a Fellow of the American Psychological Association, and a recipient of several awards for his research and professional service. His efforts on journal editorial boards include being associate editor for Cancer Epidemiology, Biomarkers and Prevention, and consulting editor for Health Psychology and the British Journal of Health Psychology. Dr. Croyle received the American Psychological Association Nathan Perry Career Service to Health Psychology Award in 2009. Dr. Croyle received the NIH Merit Award in 1999, 2002 and 2008. He received the NIH Director's Award in 2000.
Featured Presenters

Master Lecture

Karen D. Davis, PhD
Development of New Diagnostic Tools and Treatments for Brain Disorders
Division of Brain, Imaging and Behaviour, Toronto Western Research Institute, University Health Network; Department of Surgery and Institute of Medical Science, University of Toronto (Canada)

Dr. Karen Davis holds a Canada Research Chair in Brain and Behaviour, and is a Senior Scientist and Head of the Division of Brain, Imaging and Behaviour—Systems Neuroscience at the Toronto Western Research Institute. She is also a Full Professor in the Department of Surgery, Associate Director of the Institute of Medical Science at the University of Toronto, and is cross appointed in the Departments of Medicine and Dentistry at the Mount Sinai Hospital. Dr. Davis has been the ‘pain measurement and imaging’ section editor for the international journal Pain since 2002.

Dr. Davis obtained her PhD from the Department of Physiology at the University of Toronto, during which time she studied pain modulation systems and neuronal mechanisms of headaches. She then received postdoctoral training in primary afferent recordings and human psychophysics at the Johns Hopkins University. Upon returning to Toronto, Dr. Davis joined the neurosurgery stereotactic electrophysiology team at the Toronto Western Hospital to study sensory and cognitive-related neuronal responses in the human thalamus and cortex. Currently, the focus of Dr. Davis’s work is in the area of pain and cognition wherein she is delineating the basic neurophysiological mechanisms underlying acute and chronic pain, pain-attention interactions, and brain plasticity after injuries and in chronic disease. Over the last 15 years, her lab has developed brain imaging approaches towards this goal, including functional and structural magnetic resonance imaging. One of the most exciting developments of the lab has been the integration of information from brain imaging, electrophysiology and psychophysical studies and thus to explore pain and cognition under normal conditions, as well as disease states.

Master Lecture

Adolfo Martinez-Palomo MD, DSc
Social Responsibility and Health
Coordinator of the Science Council for the Presidency
Emeritus Professor of Experimental Pathology, Center for Research and Advanced Studies (Mexico)

Adolfo Martinez-Palomo graduated with honors as M.D. in 1964, (Faculty of Medicine, National Autonomous University of Mexico, UNAM). In 1965 he obtained his M. Sc., from Queen’s University, Canada, and his D. Sc. in 1971 from UNAM. From 1966 to 1970 he was associated scientist at the Institute for Cancer Research, Paris. In Mexico he has been director of the Mexican Program for the Study of Parasitic Diseases (Rockefeller and Mac Arthur Foundations, and WHO), and president of both the Mexican Academy of Sciences and the National Academy of Medicine. He is founder and emeritus professor of the Department of Experimental Pathology, Center for Research and Advanced Studies, Mexico, where he acted as Director General (1995-2002). He is emeritus member of the National System of Investigators, and a member of “El Colegio Nacional”.

Dr. Martinez-Palomo has published more than 200 scientific papers related to the biology of cancer and the biology and control of various parasitic diseases: amebiasis, giardiasis, trichomoniasis, and onchocercosis. For the last 20 years he has been one of the most cited Latin American scientists, and is the author of a “Citation Classic”. Member of national, regional, and international organizations dedicated to the promotion of health research, he has been awarded the Karger Prize in Switzerland, the TWAS award in Italy, and the National Prizes for Science of the Mexican Government, and the Mexican Academy of Sciences. He has lectured in 20 countries.

At present he is Director General for Health Research Policies of the Ministry of Health, and General Coordinator of the Advisory Council on Science of the Mexican Presidency, and was President of UNESCO’s International Bioethics Committee (2008-2009).
Featured Presenters

Master Panel 1: Research Challenges in the Developing World

Fred Wabwire-Mangen, MBChB, MPH, PhD
The Changing Epidemiology of HIV/AIDS in Africa: Social, Cultural and Behavioral Factors
Associate Professor, Makerere University School of Public Health (MUSPH) (Uganda)

Fred Wabwire-Mangen is Associate Professor and past Director of the Institute of Public Health at Makerere University in Kampala. He completed his PhD in Epidemiology at the Johns Hopkins Bloomberg School of Public Health in 1994. He has been a senior investigator on the Rakai Project since 1995, when he designed and supervised the “Maternal Infant Supplementary Study (MISS)”, a randomized trial to assess the effects of intensive STD control on pregnancy outcomes, maternal and infant health, and on HIV mother-to-child transmission.

Athula Sumathipala, MBBS, DFM, MD, MRCPsych, CCST, PhD
Medically Unexplained Symptoms: Treatment Development Research in Sri Lanka
Honorary Director, Institute for Research and Development in Sri Lanka; Honorary Research Fellow, Section of Epidemiology Institute of Psychiatry, Kings College, University of London (Sri Lanka)

Athula Sumathipala graduated and was trained in Sri Lanka, where he obtained his MBBS in Family Medicine, as well as his MD (for research on medically unexplained symptoms). He was re-qualified in the UK, underwent postgraduate training in Psychiatry and also obtained Certificate of Completion of Specialist Training (CCST) in the UK (EU) from the Institute of Psychiatry, Kings College, University of London (Section of Epidemiology). He has conducted two successful clinical trials of CBT for the treatment of medically unexplained symptoms in Sri Lankan primary care, which are the only two trials reported from the developing world. He founded the Sri Lankan Twin Registry, which is the first of this kind in the developing world. He is also known internationally for his work on research ethics.

He received a traveling professorship from the Australian and New Zealand College of psychiatrists in 2007.
Currently he is a senior lecturer at the Institute for Psychiatry, Kings College, University of London and also the honorary director at the Institute for Research and Development.

Moderator: Steve Weiss, PhD, MPH, University of Miami School of Medicine
Featured Presenters

Master Panel 2: Research Challenges in Tobacco Control and Smoking Cessation

Mira Aghi, MA, PhD
Issues and Dynamics of Tobacco Research for Behavior and Policy
Behavioral Scientist, Communication Expert, Advocacy Forum for Tobacco Control (AFTC); UNICEF; Global Youth Tobacco Survey; International Network of Women against Tobacco (INWAT); Society for Research on Nicotine and Tobacco (SRNT); Cancer Patients Aid Association (India)

Dr. Mira B. Aghi is a Behavioural Scientist and a Communications Expert whose work has focused on intervention research and advocacy in India and internationally, including South Asia, Southeast Asia, the Middle East, and Eastern and Southern Africa. She was responsible for designing the first and largest tobacco intervention for rural populations in India. She works as an advocate for tobacco control, and works with several NGOs in a voluntary capacity to advance tobacco control. She is a tireless advocate for women’s and children’s health, having spoken on this subject in many forums and writing many papers on it. She is the co-author of both of UICC manuals on Smoking and Children published in 1982 and 1991.

In 1999, the Women Health Section of the WHO, Geneva, asked Dr. Aghi to prepare the Strategy on Women’s Health as affected by tobacco. Dr. Aghi is a founding member of the Advocacy Forum for Tobacco Control (AFTC) and a life member of the Action-Council against Tobacco – India. She is on the board of the International Network of Women against Tobacco (INWAT), representing South Asia, and is also on the Board of Society for Research on Nicotine and Tobacco (SRNT), representing Asia, Africa, Oceania, and Latin America (AAOLA). Recently she has been appointed on the Board of Treatobacco. She is on the advisory Board of the next World Conference on Tobacco or Health and is the Chair of the Abstract Committee. She was the first woman from Asia to be awarded the WHO Gold Medal on Tobacco Control in 1989. Dr. Aghi obtained her PhD in Psychology from Loyola University, Chicago. In 2005 she was awarded an Honorary Professorship in Behavioural Science from Universidad Del Salvador, Buenos Aires, Argentina in 2006.

Lin Li, BA, MPh, PhD
Predictors of Quitting Behaviors among Adult Smokers in China Compared to two Southeast Asian Countries and four Western Countries
Research Scientist, VicHealth Centre for Tobacco Control, Cancer Council Victoria in Australia (Australia/China)

Dr. Lin Li is a research scientist in the VicHealth Centre for Tobacco Control at the Cancer Council Victoria in Australia. He was trained both in China and Australia. He received his bachelor degree (1992) and master degree (1999) from the West China University of Medical Sciences. Supported by a Ford Foundation international fellowship he did his Ph.D in public health at the University of Melbourne from 2004 to 2007.

He worked at the Sichuan Provincial Center for Disease Control in southwest China from 1992 and led the organizing and directing unit in its Health Education Institute from 1999 to 2003. Since 2007 he has worked at the Cancer Council Victoria as a researcher, and is an honorary fellow in the School of Population Health at the University of Melbourne. He has worked extensively in health promotion and dedicated to translation of health research to policy and practice. One of his main research interests is tobacco control. He has been actively involved in evaluating the impact of the policies of the WHO Framework Convention on Tobacco Control (FCTC), both in developing and developed countries. In addition to research, he supervises and teaches postgraduate and undergraduate students from the University of Melbourne and Beijing University. In 2001 he was awarded a Teaching Excellence Award from the School of Public Health of Beijing University.

Moderator: Brian Oldenburg, BScPsych, MPsych, PhD, Monash University

A generous grant from the Rockefeller Foundation to our host society, the Society of Behavioral Medicine, will be used to support the participation of the master panelists from developing regions of the world. Their contribution will allow us to expand our views of the translation of behavior science to diverse settings.
Featured Presenters

Pierre Vigilance, MD, MPH
Director, District of Columbia Department of Health

Dr. Vigilance was appointed as Director of the District of Columbia Department of Health in April 2008. As the public health agency for the Nation’s Capitol, the department serves the District’s population of almost 600,000 as well as those who work and spend recreational time in Washington, D.C. The department has an annual budget of $268 million and more than 800 staff. In recent years the agency has promoted health and wellness through improved physical activity and nutrition projects such as community-level “Ward Walks”, and the Healthy Corner Store Initiative. Under his tenure, the agency has made extensive use of data to drive the agency’s activities. He has focused attention on improving data collection and analysis which has led to the publication of the District’s HIV/AIDS epidemiology reports, the Preventable Causes of Death Report (the first city-level report ever produced), the Obesity Report, and the Obesity Action Plan.

Before joining the Agency, Dr. Vigilance was Director of the Baltimore County Department of Health in Baltimore, Maryland. Prior to his position in Baltimore County he served in Baltimore City as the Assistant Commissioner for Health Promotion and Disease Prevention where he directed an aggressive HIV outreach and education campaign “Live, Love, Be Safe”. Before entering the government, his public health work focused on the development of a community-based substance abuse program in East Baltimore. He received his MD and Master of Public Health degrees from the Johns Hopkins University and is residency-trained in Emergency Medicine. He is an inductee of the Alpha chapter of Delta Omega, the national public health honor society at the Johns Hopkins Bloomberg School of Public Health.

Arun Chockalingam, MS, PhD, FACC
Director of the Office of Global Health, National Heart, Lung and Blood Institute

Dr. Chocklingam is a professor of Health Sciences at Simon Fraser University and is the Secretary General of the World Hypertension League (WHL). After receiving his Masters in Biomedical Engineering from the Indian Institute of Technology, (Madras) Chennai, India, Dr. Chockalingam moved to Memorial University of Newfoundland where he completed his PhD and later became a faculty member in the Faculty of Medicine. He investigated the complex cellular physiology/pharmacology of cardiac muscle in rats which led to studies of blood pressure and its role in cardiovascular disease in humans. It was in this capacity that Dr. Chockalingam began combining epidemiology with basic sciences which expanded to include clinical research (new treatment options), community based intervention (lifestyle modification) and development of teaching tools for medical students.

Dr. Chockalingam expanded his research to address the global issue of hypertension as a risk factor for cardiovascular disease. Through serving in multiple organizations devoted to combating hypertension, such as Blood Pressure Canada, Health Canada and the WHL, he has worked passionately to promote blood pressure awareness, monitoring and control including health policy to address hypertension on a global scale.

Dr. Chockalingam has a commitment for global health particularly on chronic diseases. In regards to heart health, hypertension, and preventive cardiology, he has organized a number of international conferences, has published over 100 scientific/medical papers and has received numerous awards to highlight his achievements in these areas. Through interdisciplinary research combining epidemiology, clinical research and community-based interventions, he has contributed significantly to the field of global health and health promotion.

His major accomplishment in life is scaling and summiting Mount Kilimanjaro (Roof of Africa), in Tanzania, Africa, on November 9, 2002.
### Schedule at a Glance

#### Wednesday, 4 August, 2010

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<th>Start</th>
<th>End</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:00AM</td>
<td>7:00PM</td>
<td>Registration Open</td>
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<tr>
<td>9:00AM</td>
<td>12:00PM</td>
<td>Workshops W101-W103</td>
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<tr>
<td>1:00 PM</td>
<td>4:00PM</td>
<td>Workshops W104-W107</td>
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#### Thursday, 5 August, 2010

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<td>Master Panel: Athula Sumathipala, Fred Wabwire-Mangen</td>
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<td>Keynote Presentation: Jaakko Kaprio</td>
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<td>Master Lectures: Theresa Marteau, Robert Croyle</td>
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<td>Future of ISBM: Open Session</td>
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<td>Master Lectures: Adolfo Martinez-Palomo, Karen Davis</td>
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#### Saturday, 7 August, 2010

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<td>Closing Ceremony, President's Address, Awards and Introduction from 2012 Host Country</td>
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Opening Ceremony

Wednesday, 4 August, 2010 • Constitution AB, Constitution Level (3B) • 5:00 PM – 6:30 PM

5:00 PM – 5:05 PM
Welcome to delegates from Scientific Program Chair
Linda Baumann, PhD, RN

5:05 PM – 5:10 PM
Welcome address from the President of ISBM
Hege R. Eriksen, PhD

5:10 PM – 5:15 PM
Welcome address from the President of the Society of Behavioral Medicine
Karen M. Emmons, PhD

5:15 PM – 5:20 PM
Report from the Chair of the Scientific Program Committee
Linda Baumann, PhD, RN

5:20 PM – 5:30 PM
Address and Commentary from the Director of the District of Columbia Department of Health
Pierre Vigilance, MD, MPH, Director, District of Columbia Department of Health

5:30 PM – 5:40 PM
Awards Presentation to Early Career Awards Recipients, Travel Awards Recipients and Acknowledgement of the Top 15 Poster Finalists
Redford Williams, MD, Co-Chair, Awards Committee and Hege R. Eriksen, PhD, President, ISBM

5:40 PM – 5:55 PM
Musical Interlude, featuring the NIH Woodwind Quintet
Susanne Goldberg: flute
Emily Bentgen: oboe
Andy Tangborn: clarinet
Robin Gelman: bassoon
Prem Subramanian: horn

The NIH Woodwind Quintet is part of the NIH Philharmonia, an all volunteer orchestra founded at the National Institutes of Health in January 2005 under the professional musical direction of Dr. Nancia D’Alimonte. The orchestra was established by a core group of NIH scientists and federal workers with the goal to play orchestral music from all genres in free concerts open to the public. Concert donations help The Children’s Inn, the Patient Emergency Fund, and Special Love Inc./Camp Fantastic.

5:55 PM – 6:05 PM
Welcome Address from the Director of the Office of Global Health, National Heart, Lung and Blood Institute
Arun Chockalingam, MS, PhD, FACC, Director of the Office of Global Health, National Heart, Lung and Blood Institute

Irmela Florin Memorial Lecture

6:05 PM – 6:45 PM
Job Stress Research: Where Epidemiology Meets Behavioral and Social Sciences
Norito Kawakami, PhD, ISBM President-Elect

6:45 PM – 9:00 PM
Welcome Reception and Poster Presentation
Immediately following the lecture
Independence AFGHI, Independence Level (5B)
Cross Cultural Research in Health Promotion and Chronic Disease Management

Edwin B. Fisher¹,², Brian Oldenburg³, Renée I. Boothroyd¹,², Carina K. Chan⁴, Marisa Finn⁵

¹. Peers for Progress, American Academy of Family Physicians Foundation, Leawood, KS, United States; ². Health Behavior & Health Education, University of North Carolina at Chapel Hill, Chapel Hill, NC, United States; ³. School of Public Health & Preventive Medicine, Monash University, Melbourne, VIC, Australia; ⁴. Tan Sri Jeffrey Cheah School of Medicine, Monash University (Sunway Campus), Selangor Darul Ehsan, Malaysia; ⁵. Department of Psychology, The University of Auckland, Tamaki Campus, Auckland, New Zealand.

Objectives:
1. To increase skills to conduct studies of health promotion and chronic disease management in international settings.
2. To address skills related to selection of research objectives and outcome indicators, identification of reliable measures of outcomes, and developing interventions that combine strategies based in research evidence and provide for tailoring to local strengths and needs.

Workshop Description:
Research on health promotion, prevention and management of chronic diseases provides numerous challenges, including the identification of appropriate outcomes and indicators of benefit (e.g., behavior change and/or clinical indicators and/or quality of life), identification of reliable measures that can be used efficiently in clinical or community settings, and developing ways to characterize key features of programs while allowing flexibility to tailor programs to organizational strengths and differences in cultural, population, and health system features. These challenges are heightened in international efforts to study and promote behavioral medicine interventions.

This workshop will review several approaches to addressing these challenges, while showing early career investigators how to enhance their contributions to global literature on health promotion and self management of chronic disease.
Training Health Professionals in Health Behaviour Change Communication: Developing a Multi-Disciplinary Evidence-Based Package

Jo Hart¹, Sarah Peters¹
1. University of Manchester, Manchester, United Kingdom.

Objectives:
1. To present data demonstrating efficacy of the training packages as tested with health professionals and health professional trainees.
2. To allow participants to have the opportunity to take part in sections of the training and reflect on application of this approach for their own training needs.

Workshop Description:
The major causes of mortality and morbidity are changing and increasingly the role of lifestyle and behaviour in the development of world health problems is being recognized. Hence the importance of enabling individuals to improve their health behaviours to prevent or reduce illness is becoming a key task for health professionals.

A substantial evidence-base exists of theoretically underpinned behaviour change techniques. However most health professionals are unaware of this body of literature and its theoretical underpinnings. Furthermore, communication skills training is often insufficient to equip health professionals with effective strategies for helping patients to change their health behaviours (and maintain that change). Data indicate that frontline health professionals remain uncertain as to how best to address lifestyle issues with patients without damaging the doctor-patient relationship. Any successful training requires balancing appropriate knowledge foundation with skills training and presenting this within the context within which it will be implemented - including a discussion of barriers and implementation/action plans.

This workshop will enable participants to learn about a package of behaviour change communication training sessions which have a knowledge core with skills training tailored to particular health professionals.

How you can Create Internet Delivered Health Behaviour Change Interventions Using the LifeGuide

Lucy Yardley¹, Adrian Osmond¹, Sarah Williams¹, Leanne Morrison¹
1. University of Southampton, Southampton, United Kingdom.

Objectives:
To demonstrate how the LifeGuide software can be used to:
1. Create an intervention consisting of tailored (personalized) healthcare advice by constructing feedback linked to responses to questions and
2. Create an automated evaluation of use of this intervention (e.g. set up log-in, screening and informed consent pages followed by automated randomization to intervention arms).

Workshop Description:
Internet delivered health-related behaviour change interventions are becoming increasingly popular, as they can be widely disseminated at low cost, and can provide a wealth of information and advice ‘tailored’ to address the particular situation and beliefs of the individual, at a time and place convenient to them.

At present the potential of the internet to provide a cost-effective form of delivery of interventions is restricted by the need to programme the software infrastructure for each application individually, at considerable cost and effort. Moreover, once programmed the interventions cannot easily be modified.

We have therefore developed the LifeGuide, which allows people with no programming skills or access to programming input to create and flexibly modify internet-delivered interventions. Interventions created using LifeGuide can deliver tailored advice; allow users to create action plans and enter data for self-monitoring on repeated occasions; deliver automated progress-relevant feedback; send automated emails and texts; and provide communication facilities (e.g. chat rooms and discussion boards). LifeGuide is designed to evaluate interventions, and includes facilities for automatically running and monitoring interventions and all user-entered data and details of website usage are securely stored and can be exported for analysis.
**Scientific Program**

**Tutorial Workshops, continued**

**W105**  
Conference Theatre, Lagoon Level (1B)  
1:00 PM - 3:30 PM  
**The Power of Expectations: About Placebo and Nocebo Effects**  
*Winfried Rief*  
1. Clinical Psychology and Psychotherapy, University of Marburg, Marburg, Germany.  

Objectives:  
1. To learn about clinical examples of placebo and nocebo effects  
2. To understand the biological and psychological mechanisms that are involved in expectation effects  
3. To discuss the potential of making use of expectation effects in clinical encounters  

Workshop Description:  
Placebo research is an excellent way to investigate processes on how symptoms develop, how symptoms persist, and how psychological mechanisms of symptom control take place. Moreover, while many clinical researchers are mesmerized focusing the results of drug groups, the placebo groups in clinical trials also reflect relevant information about strengths and weakness of a study, about study quality, and so-called unspecific effects.  
In this workshop, you will learn about clinical examples of placebo and nocebo effects, gain understanding of the biological and psychological mechanisms that are involved in expectation effects, and have the opportunity to discuss the potential of making use of expectation effects in clinical encounters.

**W106**  
Farragut/LaFayette, Independence Level (5B)  
1:00 PM - 3:30 PM  
**Quality Decision Making in Health Care Settings: The Contribution of Contemporary Social Conflict Theory**  
*Michael Van Slyck, Marilyn Stern*  
1. Virginia Commonwealth University, Richmond, VA, United States  

Objective:  
To introduce participants to Contemporary Social Conflict Theory and explain its potential role in health related decision making.  

Workshop Description:  
Contemporary Social Conflict Theory is not well known or understood. Prevailing stereotypes of conflict are negative in nature and need to be altered. The primary didactic goal of the workshop is to provide the participant with a comprehensive overview of conflict as it is viewed and understood by Contemporary Social Conflict Theory. Part of this will be to contrast CSCT with conventional views of conflict, which still prevail and will more often than not constitute the dominant stereotype of conflict held by patients, family members and some health care givers. In this context they will know that they have a variety of strategies with which to respond to a conflictual decision making situations as a basis for making optimal decision a – especially with regard to treatment. The primary experiential goal is to provide the participants with a basic set of skills necessary to implement positive conflict management styles proposed by CSCT as a basis for optimal decision making.
Tutorial Workshops, continued

W 107
Penn Quarter AB, Lagoon Level (1B)
1:00 PM – 3:30 PM
Multilevel Analyses of Repeated and Clustered
Observations: The Generalisation from Simple Linear
Models to Linear Mixed Models and Variance Component
Models
Stein Atle Lie
1. Uni Health, Uni Research, Bergen, Norway

Simple linear models are the working horse in statistical analyses of continuous data in behavioural medicine and in research in general. For simple data structures t-tests (paired or two-group tests), analyses of variance (ANOVA), and linear regression are often sufficient tools. Based on these methods, simple and understandable results can be presented.

More complex data structures have become more and more common. In this workshop we aim to demonstrate the generalisation of simpler analyses. The focus starts on simple data structures and expand to more complex structures. The main focus will be on the interpretation of the results from more complex models with relation to those found in simpler analyses.

The workshop will cover methods for repeated and clustered observations with a focus on correlation structures for repeated observations in mixed models and variance component models.

To illustrate the different models the statistical programmes SPSS, Stata, and “R” will be used.
PSW-101
STEP: A HARM REDUCTIONIST APPROACH TO HIV TREATMENT ADHERENCE Querna K, Lifelong AIDS Alliance

PSW-102
THE RELATIONSHIP OF ANXIETY TO MULTIPLE ASPECTS OF TREATMENT ADHERENCE IN PATIENTS WITH ESRD Schartel J, Mori D

PSW-103
FACTORS ASSOCIATED WITH DEFAULTING FROM COMPLETION OF CHILD FEVER TREATMENT AND REFERRAL IN URBAN ZAMBIAN COMMUNITY. A QUALITATIVE STUDY Kaona F

PSW-104a
MEDICATION BELIEFS MEDIATE DEPRESSION EFFECT ON MEDICATION NON-ADHERENCE IN HYPERTENSIVE PATIENTS Galdames S, Muñoz E, Guic E

PSW-104b

PSW-104c
AGE DIFFERENCES IN ADJUSTMENT AND ADHERENCE IN A LARGE MULTI-SITE SAMPLE 5-10 YEARS AFTER HEART TRANSPLANTATION Shamaskin A, Rybarczyk B, Grady K, White-Williams C, Wang E

PSW-104d
BARRIERS TO IMMUNOSUPPRESSIVE MEDICATION ADHERENCE IN A HIGH-RISK ADULT RENAL TRANSPLANT POPULATION Constantiner M, Cukor D

PSW-104e
BREAST CANCER, ILLNESS PERCEPTIONS AND NON-ADHERENCE TO AROMATASE INHIBITORS Corter A, Findlay M, Broom R, Porter D, Petrie K

PSW-104f
WHY DO HIV-POSITIVE PATIENTS COMBINE ANTIRETROVIRAL THERAPY(ART) AND TRADITIONAL MEDICINE(TM)? EXPERIENCES OF HEALTH WORKERS, TRADITIONAL HEALERS AND PATIENTS. A STUDY IN 2 PROVINCES OF SOUTH AFRICA Puoane T, Hughes G

PSW-104g
PSYCHOLOGICAL VARIABLES IN PATIENTS AFFECTED BY OBSTRUCTIVE SLEEP APNOEA SYNDROME: A NEW ITALIAN QUESTIONNAIRE TO ASSESS PERCEIVED WELL BEING AND ADHERENCE IN PATIENTS USING CONTINUOUS POSITIVE AIRWAY PRESSURE (CPAP) Bertolotti G, Moroni L, Neri M

PSW-105
PERCEIVED AND DESIRED SOCIAL SUPPORT AMONG OLDER ADULTS IN SEOUL, KOREA Yoo S

PSW-106
PROXY RATING AND SELF-REPORT ON QUALITY OF LIFE: IS THERE CONCORDANCE? Gonzalez E, Lippa C, Polansky M

PSW-107

PSW-108
GENDER DIFFERENCES IN MENTAL HEALTH TRAJECTORIES AMONG ELDERLY JAPANESE PEOPLE Nakata T

PSW-109
STRUCTURE OF LIFESTYLE-RELATED VARIABLES AND PSYCHOSOCIAL ASPECTS - A MODEL OF YOUNGER & OLDER GROUPS OF ELDERLY JAPANESE- Nakashima A, Muratsubaki T, Tomii T, Hamaguchi T, Sakano Y

PSW-110
FORGIVINGNESS AND HEALTH IN ADULTHOOD: THE MODERATING ROLE OF FUTURE TIME PERSPECTIVE Ghaemmaghami P, Allemand M
**Scientific Program**

**Poster Session · Wednesday, 4 August, 2010 · 6:30 PM - 9:00 PM**

Independence AFGHI, Independence Level (5B)

**PSW-111**
THE INTRODUCTION OF LIFE REVIEW AND ITS INFLUENCE ON COGNITIVE FUNCTION OF THE ELDERLY WOMEN REQUIRING LONG-TERM CARE  
*Uchida H, Kuwada Y, Nishigaki T, Ino S, Toji H, Araki K*

**PSW-112a**
DEVELOPMENT OF COGNITIVE BEHAVIORAL THERAPY FOR OLDER ADULTS WITH DEPRESSION IN JAPAN  
*Igo M, Furuta N*

**PSW-112b**
WHEN I'M 64: FINDINGS FROM THE UNC ALUMNI HEART STUDY  
*Siegler I, Williams R, Rimer B, Rubin D, Brummett B, Barefoot J, Costa P*

**PSW-112c**
COMPARISON OF CHARACTERISTICS AND PROPORTION OF CERTIFICATION FOR LONG-TERM CARE BETWEEN PARTICIPANTS AND NON-PARTICIPANTS IN HEALTH CHECK-UPS OVER A 3-YEAR FOLLOW-UP  
*Saito E, Kaneko C, Ueki S, Yasumura S*

**PSW-112d**
AGE- AND GENDER-RELATED DIFFERENCES IN THE PHYSICAL, COGNITIVE, AND PSYCHOLOGICAL FUNCTIONS OF ELDERLY LIVING AT HOME  
*Murata S*

**PSW-113**
ACCUMULATED DISADVANTAGE RELATED TO HISTORY OF LABOUR MARKED ATTACHMENT AND COHABITATION IS ASSOCIATED WITH ATYPIICAL DRINKING PATTERNS IN DANISH MEN BORN IN 1953  
*Kriegaum M, Christensen U, Osler M, Lund R*

**PSW-114**
CHAT: SOS -- WHAT DO ADOLESCENTS AND COUNSELORS WANT IN AN ONLINE RELAPSE PREVENTION PROGRAM?  
*Trudeau K, Charity S, Ainscough J*

**PSW-115**
TEXTING FOR SMOKING CESSATION: IDENTIFYING NEEDS OF POTENTIAL USERS  
*Bock B, Morrow K, Deutsch C, Foster R*

**PSW-116**
SMOKING PREVALENCE, KNOWLEDGE, AND ATTITUDES AMONG 3RD YEAR MEDICAL STUDENTS IN LIBYA. DR AHMED MOHAMED BUNI COMMUNITY MEDICINE DEPTRMNT - UNIVERSITY OF EL-FATEH - TRIPOLI -LIBYA  
*Buni A*

**PSW-117**
DEPRESSIVE SYMPTOMS AND BENEFITS ASSOCIATED WITH CIGARETTE USE AMONG CHILEAN YOUTH: DO CHILEAN YOUTH SMOKE TO IMPROVE THEIR MOOD?  
*Repetto P, Molina Y, Guic E, Ferrer L, Sanhueza S*

**PSW-118**
SMOKING BEHAVIOR AMONG ADOLESCENTS IN THAILAND AND MALAYSIA  
*Sirirassamee T, Sirirassamee B, Omar M, Borland R, Fong G, Driezen P*

**PSW-119**
PROTECTING CHILDREN AND YOUNG PEOPLE FROM TOBACCO INDUSTRY EXPLOITS: THE CASE FOR PLAIN PACKAGING IN MALAYSIA  
*Tan Y*

**PSW-120**
CUE-INDUCED CRAVING PROSPECTIVELY PREDICTS CESSATION FAILURE FOLLOWING AN UNTREATED, COLD-TURKEY SMOKING CESSATION ATTEMPT  
*Erblich J, Bovbjerg D*

**PSW-121**
RELATIONSHIP BETWEEN THE SMOKING STATUS AND LIFESTYLE CHOICES OF JUNIOR-HIGH SCHOOL STUDENTS  
*Matsui D, Watanabe I, Shigeta M, Kuriyama N, Mitani S, Ozaki E, Ozasa K, Watanabe Y*

**PSW-122**
AGE AT SMOKING ONSET AND SMOKING LEVEL AMONG ADOLESCENT SMOKERS IN KOREA  
*Park S, Kim J*

**PSW-123**
THE ASSOCIATION BETWEEN PAID MATERNAL EMPLOYMENT IN CHILDHOOD AND ADOLESCENT SMOKING IN BHPS STUDY  
*Pikhartova J, McMunn A, Britton A, Chandola T, Kelly Y*
Scientific Program

Poster Session · Wednesday, 4 August, 2010 · 6:30 PM - 9:00 PM
Independence AFGHI, Independence Level (5B)

PSW-124
RESEARCH ON SMOKING PREVALENCE IN ALTERNATIVE HIGH SCHOOLS

PSW-125
THE STATUS OF DRINKING ALCOHOL AND THE IMPACT OF INTERVENTION AMONG HEALTHY JAPANESE MALES
Shigeta M, Nakazawa A, Ueda M, Yamakado K, Matsui D, Watanabe I, Ozaki E, Mitani S, Kuriyama N, Watanabe Y

PSW-126a
CHARACTERISTICS OF THE INITIAL INTERVIEW DETERMINE ADOLESCENTS’ ADHERENCE TO AN OUTPATIENT SUBSTANCE ABUSE TREATMENT PROGRAM. B GONZÁLEZ, E GUIC, AM. VILLARINO, X SANTANDER. HEALTH PSYCHOLOGY UNIT, PSYCHOLOGY DEPARTMENT, CATHOLIC UNIVERSITY OF CHILE, SANTIAGO, CHILE AND SERVICIO DE SALUD METROPOLITANO SUR-ORIENTE
Gonzalez B, Guic E, Villarino A, Santander X

PSW-126b
SMOKING ONSET AMONG ROMANIAN JUNIOR HIGH SCHOOL STUDENTS
Lotrean L, Mocean F, De Vries H

PSW-126c
OPINIONS OF CURRENT AND FORMER SMOKERS ON TOBACCO CONTROL
Ollila H, Broms U, Korhonen T, Kaprio J, Patja K

PSW-127
INFLUENCE OF SMOKING CESSATION ON PROGNOSIS IN EARLY STAGE LUNG CANCER: A SYSTEMATIC REVIEW WITH META ANALYSIS
Parsons A, Daley A, Begh R, Aveyard P

PSW-128
THE HIDDEN COSTS OF CANCER: BARRIERS TO ACCESSING FINANCIAL ASSISTANCE
Buzaglo J, Dougherty K, Micco E, Miller M, Golant M

PSW-129
DEVELOPMENT OF EMPATHY AMONG MEDICAL SCHOOL STUDENTS TOWARDS PSYCHOSOCIAL NEEDS OF CANCER PATIENTS AND THEIR RELATIVES THROUGH MICRO SKILLS INTERVIEW TRAINING
Pati S

PSW-130
SHORT AND LONG TERM EFFECTS OF USING THE SCREENING INVENTORY OF PSYCHOSOCIAL PROBLEMS (SIPP) ON PSYCHOLOGICAL FUNCTIONING AND QUALITY OF LIFE AMONG CANCER PATIENTS TREATED WITH RADIOTHERAPY

PSW-131
MEASURING SYMPTOM BURDEN IN CANCER PATIENTS
Deshields T, Potter P, Olsen S

PSW-133
SELF-EFFICACY, WELL-BEING AND QUALITY OF LIFE IN YOUNG ADULTS WITH CANCER: A LONGITUDINAL STUDY

PSW-134
CONSISTENCY OF CANCER PATIENTS’ PREFERENCE FOR INFORMATION AND INVOLVEMENT IN TREATMENT DECISIONS - A PILOT STUDY

PSW-135
RELIGIOUS COPING IN A SECULAR SOCIETY: A PRELIMINARY QUALITATIVE STUDY OF THE CONTENT VALIDITY OF RCOPE-14
Pedersen H, Pedersen C, Sinclair A, Zachariae R

PSW-136
AFRICAN AMERICAN BREAST CANCER PATIENTS’ EXPERIENCES OF CANCER CARE DELIVERY
Nino A, Kissil K, Davey M, Tubbs C
Scientific Program

Poster Session · Wednesday, 4 August, 2010 · 6:30 PM - 9:00 PM
Independence AFGHI, Independence Level (5B)

PSW-137
TELEPHONE BASED COGNITIVE BEHAVIORAL STRESS MANAGEMENT INTERVENTION IMPROVES COPING, QUALITY OF LIFE AND CORTISOL REGULATION IN MEN UNDERGOING HORMONAL TREATMENT (HT) FOR ADVANCED PROSTATE CANCER (APC)
Penedo F, Benedict C, Zhou E, Kava B, Soloway M, Antoni M, Schneiderman N

PSW-138
CANCER-RELATED PSYCHOLOGICAL SYMPTOMS: LONGITUDINAL CHANGES OVER AN 18-MONTH PERIOD
Trudel-Fitzgerald C, Savard J, Ivers H

PSW-139
DEPRESSIVE SYMPTOMS AND USE OF COMPLEMENTARY AND ALTERNATIVE MEDICINE IN BREAST CANCER PATIENTS 3-4 MONTHS POST-SURGERY: RESULTS FROM A NATIONWIDE DANISH COHORT STUDY
Bekke-Hansen S, Pedersen C, Christensen S, Jensen A, Zachariae R

PSW-140
DIET AND VOLUNTARY EXERCISE AFFECT PERIPHERAL MONOCYTE NUMBERS AND ACTIVITY IN MICE
Cull S, Figueredo R, Kossert A, Prapavessis H, Koropatnick J

PSW-141
PSYCHOMETRIC PROPERTIES OF THE DUTCH VERSION OF THE MENTAL ADJUSTMENT TO CANCER SCALE IN DUTCH CANCER PATIENTS

PSW-142
PREDICTORS OF LOW-INCOME MOTHERS’ INTENTION TO VACCINATE THEIR DAUGHTERS AGAINST HPV
Floyd T

PSW-143
PSYCHOLOGICAL ADJUSTMENT PATTERNS AND STRATEGIES UTILIZED BY PATIENTS UNDERGOING HEMATOPOIETIC STEM CELL TRANSPLANTATION: A MIXED METHODS AND LONGITUDINAL STUDY OF THE EFFECTS OF AN EXERCISE AND PSYCHOSOCIAL INTERVENTION
Jarden M, Boesen E, Adamsen L

PSW-144
CANCER PATIENTS’ EXPERIENCES OF A MINDFULNESS BASED STRESS REDUCTION INTERVENTION
Kvillemo P, Bränström R

PSW-145a
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*Hoa N, Nguyen TK C, Ho D P, Larsson M, Eriksson B, Stalsby Lundborg C*

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PSYCHOSOCIAL FACTORS INFLUENCING A MULTI-ETHNIC SAMPLE’S WILLINGNESS TO PARTICIPATE IN GENETIC TESTING: PROJECT GATHER

PSW-221f
DEVELOPMENT OF JAPANESE LANGUAGE VERSION OF THE TRANSTHEORETICAL MODEL (TTM)-BASED STRESS MANAGEMENT PROGRAM FOR COLLEGE STUDENTS
Medically Unexplained Symptoms: Treatment Development Research in Sri Lanka

Athula Sumathipala, MBBS, DFM, MD, MRCPsych, CCST, PhD
Honorary Director, Institute for Research and Development in Sri Lanka; Hon. Research Fellow, Section of Epidemiology Institute of Psychiatry, Kings College, University of London (Sri Lanka)

Medically Unexplained Symptoms (MUS) are common after disasters. Following Sri Lankan Tsunami, we took steps to convert 15 years of research into practice based on the epidemiological work and two randomized controlled trials using cognitive behaviour therapy (CBT) for Medically Unexplained Symptoms. We trained around 400 doctors to identify patients presenting to primary care with MUS and manage them. A poster was developed, and a referenced manual was printed to aid training. This was funded by the WHO and supported by the Ministry of Health. This is an example of how we used the tsunami as a window of opportunity to translate research into evidence based practices. The training package on MUS was implemented in Pakistan & China, by training mental health workers after the earthquakes in Kashmir in 2005 and Sichuan province in 2008. Inter Agency Standing Committee (IASC - headed by the WHO) guidelines on mental health and psychosocial support in emergency settings have incorporated this training package and have recommended it as a post-disaster intervention.
The Changing Epidemiology of HIV/AIDS in Uganda: Social, Cultural and Behavioral Factors

Fred Wabwire-Mangen, MBChB, MPH, PhD
Associate Professor, Makerere University School of Public Health (MUSPH) (Uganda)

HIV/AIDS continues to pose the greatest challenge to global public health and socio-economic development. According to UNAIDS, it is estimated that globally by December 2008 the total number of people living with HIV/AIDS was 33.4 million (31.1 million – 35.8 million). There were an estimated 2.7 million new infections and an million deaths due to AIDS-related causes. Sub-Saharan Africa carries a disproportionate burden of the HIV/AIDS pandemic. Despite being host to only 10% of the world’s population, in 2008 the region accounted for 67% HIV infections globally, 68% of all new infections and 72% of the world’s AIDS-related deaths. There has been a changing face of the AIDS epidemic in Africa with many new infections occurring in the older age groups and among the large group of people who are married or cohabitating accounting for as high as 60% of new infections in Swaziland and Lesotho. There are large geographic variations in HIV prevalence within countries and between countries with the countries in the Southern Africa region having the highest prevalence rates (26% in Swaziland and 24% in Botswana). A number of countries in the east and southern African region have undertaken an ambitious project to understand their epidemics. The know your epidemic and know your response modes of transmission studies is a process which involves a desk review or secondary analysis of existing data in order to determine the epidemiology of HIV infections in a country, the source of new infections and the risk factors and drivers of the epidemic. It then tries to assess the degree of alignment between where the new cases of HIV are occurring, on the one hand, and the country’s prevention policies, programs and resources on the other. Through this process countries have been able to characterize their epidemics and are able to design evidence-based plans for intervention.

This paper will discuss some of the behavioral risk factors and the immediate socio-cultural drivers of the epidemic in sub-Saharan Africa. Multiple concurrent partners (including sexual networks), transactional sex and cross-generational sex are among the risk factors in these diverse epidemics while socio-cultural norms and values and gender inequality are some of the key structural drivers of the epidemics. Examples will be drawn from countries which have undertaken a modes of transmission study, including Uganda. The paper will also discuss the concept of combination prevention which includes programmes that are evidence-informed mix of behavioural, structural, and biomedical interventions that are tailored to the local context are community owned, and coordinated to work synergistically on immediate risks and underlying vulnerabilities so as to have the greatest sustained impact on reducing new HIV infections. Such a ‘combination prevention’ strategy recognises that individual behavioural change is necessary but not sufficient, since ‘structural’ approaches are needed to change the social context which contributes to vulnerability and risk. Structural prevention as a component of combination prevention is thus a necessary part of a recommended prevention strategy.

Moderator: Steve Weiss, PhD, MPH, University of Miami School of Medicine
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The Role of Patients' Beliefs About Their Illness and About Medicines in Adherence to Treatment
Moderator: Eliana Guic
THE ROLE OF PATIENTS’ BELIEFS ABOUT THEIR ILLNESS AND ABOUT MEDICINES IN ADHERENCE TO TREATMENT
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RELEVANCE OF ILLNESS PERCEPTIONS AND BELIEFS ABOUT MEDICINES FOR ADHERENCE IN GLAUCOMA PATIENTS
Martin A, Roehricht V, Welge-Luessen U
DOES THE WAY WE THINK ABOUT MEDICATIONS DETERMINE HOW WE USE THEM? VALIDATION OF THE BELIEFS ABOUT MEDICATIONS QUESTIONNAIRE IN THE GENERAL POPULATION IN GERMANY

SS02
Penn Quarter AB, Lagoon Level (1B)
Psychological, Biological and Behavioral Aspects of Coronary Artery Disease Intervention
Moderator: Hans-Christian Deter
PSYCHOLOGICAL, BIOLOGICAL AND BEHAVIORAL ASPECTS OF CORONARY ARTERY DISEASE INTERVENTION
Deter H, Beutel M, Orth-Gomér K, Schneiderman N

SS03
Bullfinch/Renwick, Constitution Level (3B)
Exploring the Nature, Causes and Consequences of “Hikikomori” (Social Withdrawal): Recent Advances in Epidemiology and Qualitative Research
Moderator: Norito Kawakami
EXPLORING HIKIKOMORI - A MIXED METHODS QUALITATIVE APPROACH
Yong R
PREVALENCE AND PSYCHIATRIC COMORBIDITY OF “HIKIKOMORI” IN A COMMUNITY POPULATION IN JAPAN
Koyama A, Kawakami N, Survey Group W
ASSOCIATION OF CHILDHOOD ADVERSITIES AND FAMILY ENVIRONMENTS WITH THE RISK OF SOCIAL WITHDRAWAL (“HIKIKOMORI”) IN A COMMUNITY SAMPLE OF JAPAN
Umeda M, Kawakami N, Survey Group W
MENTAL HEALTH CARE AND EDUCATION IN JAPAN AS CULTURAL CONTEXTS FOR EXPLORING THE PHENOMENON OF HIKIKOMORI
Borovoy A
Scientific Program

Paper Sessions • Thursday, 5 August, 2010 • 8:30 AM – 10:00 AM

OS01
Franklin/McPherson, Independence Level (5B)
**Socioeconomic Determinants of Health**
*Moderator: Akizumi Tsutsumi*

**OS01-A**
8:30 am - 8:48 am
**THE DEVELOPMENT OF SOCIOECONOMIC HEALTH DIFFERENCES IN CHILDHOOD: RESULTS OF THE DUTCH LONGITUDINAL PIAMA BIRTH COHORT**

**OS01-B**
8:48 am - 9:06 am
**INTERVENING ON THE COMMUNITY LEVEL TO BUILD SOCIAL CAPITAL - A LONGITUDINAL STUDY OF THE HEALTH EFFECTS IN A LOW-INCOME AND ETHNICALLY DIVERSE NEIGHBOURHOOD**
Ostergren P, Cantor-Graae E, Lindbladh E, Fernbrant C, Moghadassi M

**OS01-C**
9:06 am - 9:24 am
**LONGITUDINAL EFFECTS OF SOCIAL INTEGRATION ON CO-OCCURRENCE OF DEPRESSION AND CENTRAL OBESITY AMONG MIDDLE AGED ADULTS**
Cable N, Chandola T, Sacker A

**OS01-D**
9:24 am - 9:42 am
**THE HOPE PROJECTS: ADDRESSING ECONOMIC AND SOCIAL DETERMINANTS OF HEALTH AMONG LOW INCOME, ETHNICALLY DIVERSE WOMEN IN RURAL NORTH CAROLINA**
Benedict S, Campbell M, Harris B

**OS01-E**
9:42 am - 10:00 am
**SOCIOECONOMIC DIFFERENCES IN WEIGHT-CONTROL BEHAVIORS AMONG A POPULATION-REPRESENTATIVE GROUP OF MID-AGED ADULTS**
Siu J, Giskes K, Turrell G

OS02
Latrobe, Constitution Level (3B)
**Geographic Variations in Health Behaviors**
*Moderator: Susan Czajkowski*

**OS02-A**
8:30 am - 8:48 am
**THE IMPORTANCE OF LONGITUDINAL ASSESSMENT OF HEALTH BEHAVIOURS IN EXPLAINING SOCIAL INEQUALITIES IN MORTALITY: THE BRITISH WHITEHALL II COHORT STUDY**
Stringhini S, Sabia S, Shipley M, Brunner E, Nabi H, Kivimaki M, Singh-Manoux A

**OS02-B**
8:48 am - 9:06 am
**REGIONAL AND FACILITY VARIATIONS IN USE OF MATERNAL HEALTH SERVICES IN SOUTH AFRICA**
Fried J, Birch S, Eyles J, Zhan J, Silal S

**OS02-D**
9:06 am - 9:24 am
**GLOBAL SYSTEMATIC REVIEW OF PEER SUPPORT FOR COMPLEX HEALTH BEHAVIOR**

**OS02-E**
9:24 am - 9:42 am
**PRO-POOR HEALTH POLICY IN NEPAL: ENLARGING PEOPLE’S CHOICES**
Bhandari J
Scientific Program

Paper Sessions · Thursday, 5 August, 2010 · 8:30 AM – 10:00 AM

OS03
Wilson/Roosevelt, Constitution Level (3B)
Stress Responses and Cortisol
Moderator: Peter Garvin

OS03-A
8:30 am - 8:48 am
SOCIAL SUPPORT BUFFERS SYMPATHETIC REACTIVITY TO ACUTE PSYCHOSOCIAL STRESS

OS03-B
8:48 am - 9:06 am
THE EFFECT OF MUSIC ON NEUROENDOCRINE, AUTONOMIC, COGNITIVE, AND EMOTIONAL STRESS RESPONSES
Thoma M, Brönnimann R, Ehlert U, Nater U

OS03-C
9:06 am - 9:24 am
SHIFT WORK, CORTISOL, REACTION TIME TEST AND HEALTH AMONG OFFSHORE WORKERS
Harris A, Waage S, Holger U, Hansen, Bjorvatn B, Eriksen H

OS03-D
9:24 am - 9:42 am
RELATION BETWEEN VAGAL FUNCTION AND CORTISOL STRESS RESPONSE
La Marca R, Waldvogel P, Thörn H, Tripod M, Pruessner J, Ehlert U

OS03-E
9:42 am - 10:00 am
GENERALIZED AND FOOT ULCER-SPECIFIC EMOTIONAL DISTRESS ARE ASSOCIATED WITH ELEVATED LOCAL LEVELS OF INTERLEUKIN-6 IN PATIENTS WITH DIABETIC FOOT ULCERS
Vileikyte L, Shen B, Hardman M, Kirsner R, Boulton A, Schneiderman N

OS04
Cabin John/Arlington, Constitution Level (3B)
Psychosocial Processes in Fibromyalgia
Moderator: Camilla Ihlebaek

OS04-A
8:30 am - 8:48 am
SELF-REGULATORY DEFICITS IN FIBROMYALGIA AND TEMPOROMANDIBULAR DISORDERS

OS04-B
8:48 am - 9:06 am
IS APPRECIATION OF WRITTEN EDUCATION RELATED TO CHANGES IN ILLNESS PERCEPTIONS AND QUALITY OF LIFE IN PATIENTS WITH FIBROMYALGIA?
van Ittersum M, van Wilgen P, Groothoff J, van der Schans C

OS04-C
9:06 am - 9:24 am
DO THE ILLNESS PERCEPTIONS OF FIBROMYALGIA PATIENTS AND INJURED ATHLETES DIFFER?
van Wilgen C, van Ittersum M, Kaptein A

OS04-D
9:24 am - 9:42 am
A RANDOMISED CLINICAL TRIAL OF STRESS MANAGEMENT IN WOMEN WITH THE FIBROMYALGIA SYNDROME (FMS)
Karlsson B, Burell G, Anderberg U, Svardsudd K

OS04-E
9:42 am - 10:00 am
PSYCHOLOGICAL TREATMENTS ARE EFFECTIVE IN FIBROMYALGIA: A META-ANALYSIS
Glombiewski J, Sawyer A, Rief W, Hofmann S
Scientific Program

Paper Sessions • Thursday, 5 August, 2010 • 8:30 AM – 10:00 AM

OS05
Conference Theatre, Lagoon Level (1B)
Behavioral Medicine in Practice Settings
Moderator: Deborah Jones

OS05-A
8:30 am - 8:48 am
HEALTH PROFESSIONAL TRAINEES’ USE OF LIFESTYLE BEHAVIOUR CHANGE COMMUNICATION SKILLS: AN EXPERIMENTAL STUDY
Hart J, Peters S

OS05-B
8:48 am - 9:06 am
EFFECTIVE WAYS OF TALKING WITH PATIENTS ABOUT BEHAVIOR CHANGE: A QUALITATIVE ANALYSIS OF THE CHALLENGES PERCEIVED BY DOCTORS AND NURSES
Peters S, Chisholm A, Keyworth C, Hart J

OS05-D
9:06 am - 9:24 am
IMPLEMENTING A LIFESTYLE INTERVENTION TOOL INTO PRIMARY HEALTH CARE: IDENTIFICATION OF KEY FACTORS THAT INFLUENCE ADOPTION
Carlfjord S, Andersson A, Bendtsen P, Nilsen P, Lindberg M

OS05-E
9:24 am - 9:42 am
ILLNESS COHERENCE AND YOUNG WOMEN’S UPTAKE OF THE CERVICAL CANCER VACCINE
Sherman K, Moore D

OS06
Independence BCDE, Independence Level (5B)
Physical Activity and Eating Behavior
Moderator: Allan Best

OS06-A
8:30 am - 8:48 am
APPLICATION OF THE PRECAUTION ADOPTION PROCESS MODEL TO THE PROMOTION OF CONSUMPTION OF AN UNFAMILIAR NUTRIENT
Mohr P, Quinn S, Morell M, Topping D

OS06-B
8:48 am - 9:06 am
MULTIPLE BEHAVIOR CHANGE IN DIET AND ACTIVITY: THE MAKE BETTER CHOICES (MBC) TRIAL
Spring B, Schneider K, Hedeker D, McFadden H, Moller A, Epstein L

OS06-C
9:06 am - 9:24 am
MY HEALTH MATTERS: A COMMUNITY-LED INTERVENTION TO REDUCE HEALTH INEQUALITIES RELATED TO PHYSICAL ACTIVITY & HEALTHY EATING IN STOKE-ON-TRENT, UK
Hurst G, Davey R, Smith G

OS06-D
9:24 am - 9:42 am
META-ANALYSIS OF WORKPLACE PHYSICAL ACTIVITY AND DIETARY BEHAVIOR INTERVENTIONS ON WEIGHT OUTCOMES
Verweij L, Coffeng J, van Mechelen W, Proper K

OS06-E
9:42 am - 10:00 am
INCREASED COGNITIVE AND AFFECTIVE RISK PERCEPTIONS ARE RELATED TO LOWER FRUIT/VEGETABLE CONSUMPTION AND PHYSICAL ACTIVITY
Ferrer R, Portnoy D, Klein W

Break • 10:00 AM – 10:30 AM
SS04
Conference Theatre, Lagoon Level (1B)
**Disease Endpoints in Randomized Controlled Trials using Group Based Cognitive Behavior Therapy for Breast Cancer or Cardiovascular Disease**
Moderator: Karen Emmons

DISEASE ENDPOINTS IN RANDOMIZED CONTROLLED TRIALS USING GROUP BASED COGNITIVE BEHAVIOR THERAPY FOR BREAST CANCER OR CARDIOVASCULAR DISEASE
Schneiderman N, Andersen B, Orth-Gomér K, Burell G

A BIOBEHAVIORAL INTERVENTION REDUCES RISK FOR BREAST CANCER RECURRENCE
Andersen B

STRESS MANAGEMENT PROLONGS LIFE FOR CHD PATIENTS: A RANDOMIZED CLINICAL TRIAL ASSESSING THE EFFECTS OF GROUP INTERVENTION ON ALL CAUSE MORTALITY, RECURRENT CARDIOVASCULAR DISEASE, AND QUALITY OF LIFE
Burell G, Svardsudd K, Gulliksson M

COGNITIVE BEHAVIOR THERAPY MAY PROLONG LIVES OF WOMEN WITH CORONARY DISEASE. THE STOCKHOLM WOMEN’S INTERVENTION TRIAL FOR CORONARY HEART DISEASE (SWITCHD)

SS06
Penn Quarter AB, Lagoon Level (1B)
**Women’s Health and Irritable Bowel Syndrome**
Moderator: Ulrike Ehlert

WOMENS’ HEALTH AND IRRITABLE BOWEL SYNDROME
Ehlert U, Enck P

PSYCHOBIOLOGICAL STRESS RESPONSIVENESS TO NATURALLY OCCURRING AND LABORATORY INDUCED PSYCHOSOCIAL STRESS IN WOMEN WITH IRRITABLE BOWEL SYNDROME
Suarez-Hitz K, Schwizer W, Fried M, Ehlert U

COGNITIVE AND EMOTIONAL MODULATION OF VISCERAL PAIN PROCESSING IN IBS PATIENTS AND HEALTHY SUBJECTS
Benson S, Rosenberger C, Schedlowski M, Forsting M, Gizewski E, Eisenbruch S

FOOD, MOOD, GENES, AND GENDER
Enck P, Klosterhalfen S

MENSTRUAL CYCLE AND IRRITABLE BOWEL SYNDROME: DOES IT MAKE A DIFFERENCE?
Heitkemper M, Jarrett M
SS07
Franklin/McPherson, Independence Level (5B)
Trajectories of Health and Health Behaviors in Relation to Retirement and Socioeconomic Status
Moderator: Hugo Westerlund
TRAJECTORIES OF HEALTH AND HEALTH BEHAVIORS IN RELATION TO RETIREMENT AND SOCIOECONOMIC STATUS
Westerlund H, Vahtera J, Singh-Manoux A
EFFECTS OF RETIREMENT ON MAJOR CHRONIC CONDITIONS AND FATIGUE: THE FRENCH GAZEL OCCUPATIONAL COHORT STUDY
Westerlund H, Vahtera J, Ferrie J, Singh-Manoux A, Kivimäki M
CHANGES IN ADHERENCE WITH MEDICATION AROUND RETIREMENT AMONG PEOPLE WITH CHRONIC HYPERTENSION: THE PROSPECTIVE FINNISH PUBLIC SECTOR STUDY
Vahtera J, Westerlund H, Pentti J, Kivimäki M
SOCIO-ECONOMIC DIFFERENCES IN THE ASSOCIATION BETWEEN DIAGNOSIS-SPECIFIC SICKNESS ABSENCE AND SUBSEQUENT SUSTAINED SUB-OPTIMAL HEALTH: A 14-YEAR FOLLOW-UP IN THE GAZEL COHORT
Ferrie J, Kivimäki M, Westerlund H, Head J, Goldberg M, Vahtera J
DO SOCIOECONOMIC FACTORS SHAPE WEIGHT AND OBESITY TRAJECTORIES OVER THE TRANSITION FROM MIDLIFE TO OLD AGE?
Dugravot A, Sabia S, Stringhini S, Guéguen A, Zins M, Nabi H, Singh-Manoux A

SS16
Constitution CDE, Constitution Level (3B)
Knowledge to Action in the Health Field: International Developments and Challenges Ahead
Moderator: Arja Aro
KNOWLEDGE TO ACTION IN THE HEALTH FIELD: INTERNATIONAL DEVELOPMENTS AND CHALLENGES AHEAD
Aro A
CHALLENGES IN COLLABORATION BETWEEN ACADEMIA, PRACTICE AND POLICY MAKERS IN HEALTH PROMOTION IN DENMARK
Aro A, Larsen M, Gulis G
SYSTEMS STRATEGIES FOR KNOWLEDGE TO ACTION IN HEALTH CARE: REVIEW OF CONCEPTUAL MODELS AND THE CANADIAN CONTEXT
Best A, Mitton C, Smith N, Bitz J, Terpstra J, Millar J
STANDARDIZATION BY FUNCTION, NOT CONTENT, AND REGIONAL NETWORKS FOR GLOBAL PROMOTION AND DISSEMINATION OF PEER SUPPORT AS STANDARD COMPONENT OF HEALTH CARE
Fisher E, Boothroyd R
OS07
Burnham, Constitution Level (3B)
Theories and Applications in Behavioral Medicine
Moderator: Jasjit Ahluwalia
OS07-A
10:30 am - 10:48 am
DETERMINANTS OF READINESS TO ADOPT REGULAR PHYSICAL ACTIVITY AMONG THAI EMPLOYERS IN WORKPLACES, THAILAND: A TRANSTHEORETICAL MODEL
Panidchakul K, Boonsil S
OS07-B
10:48 am - 11:06 am
STRESS BUFFERING EFFECTS OF CONSCIENTIOUSNESS ON DAILY HEALTH BEHAVIOURS IN HIGH AND LOW STRAIN WORK ENVIRONMENTS
O'Connor D, Conner M, Jones F, McMillan B, Ferguson E
OS07-E
11:06 am - 11:24 am
NON-RESPONSE ANALYSIS OF A NATIONWIDE MAIL SURVEY FROM FINLAND
Suominen S, Sillanmaki L, Vahtera J, Koskenvuo K, Koskenvuo M
OS07-C
11:24 am - 11:42 am
CAN THE COGNITIVE ACTIVATION THEORY OF STRESS EXPLAIN THE SOCIAL GRADIENT IN HEALTH?
Odeen M, Westerlund H, Theorell T, Eriksen H, Ursin H
OS07-D
11:42 am - 12:00 pm
ADAPTED HEALTH BELIEF MODEL INSTRUMENTS FOR USE IN COMMUNITY-BASED COLORECTAL CANCER CONTROL RESEARCH

OS08
Bullfinch/Renwick, Constitution Level (3B)
Addressing Work Related Health Risks
Moderator: Sandra Brouwer
OS08-A
10:30 am - 10:48 am
PROGNOSTIC FACTORS FOR SHIFTING BETWEEN RTW AND MULTIPLE BENEFITS DURING A 5-YEAR FOLLOW-UP AFTER OCCUPATIONAL REHABILITATION
Oyeflaten I, Lie S, Ihlebaek C, Eriksen H
OS08-B
10:48 am - 11:06 am
WORKPLACE BULLYING AND MENTAL PROBLEMS
Lahelma E, Lallukka T, Laaksonen M, Rahkonen O, Saastamoinen P
OS08-C
11:06 am - 11:24 am
RELATIONSHIP BETWEEN SOCIAL STATUS INCONSISTENCY AND SELF-RATED HEALTH: EVIDENCE OF AN INDIRECT PATH VIA OCCUPATIONAL REWARDS
Braig S, Peter R
OS08-D
11:24 am - 11:42 am
RETURN TO WORK IN PATIENTS WITH ACUTE HAND INJURIES
OS08-E
11:42 am - 12:00 pm
MANAGING LOW BACK PAIN IN THE WORK PLACE - PROBLEMS AND STRATEGIES
Tveito T, Shaw W, Huang Y, Wagner G
Scientific Program

Paper Sessions · Thursday, 5 August, 2010 · 10:30 AM – 12:00 PM

OS09
Farragut/LaFayette, Independence Level (5B)

Screening Behavior Across the Lifespan

Moderator: TBD

OS09-A
10:30 am - 10:48 am
PREDICTING UNCERTAINTY IN DECISIONS TO UNDERGO PRENATAL GENETIC TESTING
Muller C, Cameron L

OS09-B
10:48 am - 11:06 am
UK PARENTAL VIEWS ON THE PROVISION OF INFORMED CONSENT FOR EXPANDED NEWBORN SCREENING RESEARCH
Moody L, Pottinger E, Choudhry K, Wallace L

OS09-C
11:06 am - 11:24 am
EVALUATION OF THE IMPACT OF A CULTURALLY SENSITIVE EDUCATIONAL VIDEO ON PROMOTING MAMMOGRAPHY USE AMONG CHINESE AMERICAN WOMEN
Wang J, Schwartz M, Liang W, Mandelblatt J

OS09-D
11:24 am - 11:42 am
MIXED-METHODS STUDY EXPLORING BARRIERS TO COLORECTAL CANCER SCREENING AMONG OBESE WOMEN
Leone L, Campbell M

OS09-E
11:42 am - 12:00 pm
FRAMING INFORMATION ABOUT COLORECTAL CANCER SCREENING AND FECAL OCCULT BLOOD TESTING - IMPACT ON SCREENING ATTITUDES AND BEHAVIOR

OS10
Latrobe, Constitution Level (3B)

Functional Somatic and Somatoform Processes

Moderator: Ronan O’Carroll

OS10-A
10:30 am - 10:48 am
MENSTRUAL CYCLE AND IRRITABLE BOWEL SYNDROME: DOES IT MAKE A DIFFERENCE?
Heitkemper M, Jarrett M

OS10-B
10:48 am - 11:06 am
ASSOCIATIONS OF THE PREMENSTRUAL SYNDROME (PMS) WITH DEPRESSIVE - AND SOMATOFORM SYMPTOMS
Spoerri C, Drobnjak S, Wueest D, Ehler U, Ditzen B

OS10-C
11:06 am - 11:24 am
PSYCHOTHERAPY VERSUS PSYCHOPHARMACOTHERAPY FOR PREMENSTRUAL SYNDROME: A META-ANALYSIS
Kleinstäuber M, Witthöft M, Hiller W

OS10-D
11:24 am - 11:42 am
PREDICTORS OF TREATMENT OUTCOME AFTER COGNITIVE BEHAVIOUR THERAPY AND ANTAGONISTIC TREATMENT FOR PATIENTS WITH IRRITABLE BOWEL SYNDROME IN PRIMARY CARE
Reme S, Kennedy T, Jones R, Darnley S, Chalder T

OS10-E
11:42 am - 12:00 pm
DIAGNOSTIC CHALLENGES OF SUBJECTIVE AND COMPOSITE HEALTH COMPLAINTS IN GENERAL PRACTICE
Maeland S, Werner E, Magnussen L, Ursin H, Eriksen H
Scientific Program

Paper Sessions · Thursday, 5 August, 2010 · 10:30 AM – 12:00 PM

OS11  Wilson/Roosevelt, Constitution Level (3B)
Violence, Victimization and PTSD
Moderator: Dolores Mercado

OS11-A  10:30 am - 10:48 am
ADVERSE CHILDHOOD EXPERIENCES, HEALTH RISK BEHAVIOURS AND PSYCHOPATHOLOGY: COMPARATIVE STUDY BETWEEN INCARCERATED WOMEN AND MEN
Maia A, Alves J

OS11-B  10:48 am - 11:06 am
PREDICTORS AND CONSEQUENCES OF INTERPERSONAL VIOLENCE AMONG YOUNG COUPLES
Kershaw T, Arnold A

OS11-C  11:06 am - 11:24 am
MENTAL AND PSYCHOSOMATIC HEALTH, UTILIZATION, AND TREATMENT RESPONSE AMONG IRAQI REFUGEES AS COMPARED TO NON-WAR EXPOSED ARAB IMMIGRANTS
Arnetz B, Ventimiglia M, Makki H, Mahmoud R, Jamil H

OS11-D  11:24 am - 11:42 am
HEALTH SYMPTOMS, PSYCHOPATHOLOGY, SOCIAL SUPPORT, QUALITY OF LIFE AND FAMILY FUNCTIONING IN PORTUGUESE WAR VETERANS
Pereira M, Lopes C, Machado J, Pereira M, Pedras S

OS11-E  11:42 am - 12:00 pm
DISCLOSURE AND PTSD SYMPTOM SEVERITY - EFFECTS OF TALKING TO DIFFERENT RELATIVES
Weissflog G, Braehler E

OS12  Cabin John/Arlington, Constitution Level (3B)
National Strategies to Address Tobacco Use
Moderator: Paula Repetto

OS12-A  10:30 am - 10:48 am
OPINIONS AND ATTITUDES OF MEDICAL STUDENTS TOWARDS THE 2009 FORTHCOMING MEXICAN SMOKE-FREE POLICY
Infante C, Garcia de la Torre G, Diaz L, de la Guardia G

OS12-B  10:48 am - 11:06 am
SMOKEFREE LEGISLATION IN ENGLAND: IMPACT ON QUIT ATTEMPTS AND IMPLICATIONS FOR SMOKING CESSATION SERVICES
Hackshaw L, Bauld L, McEwen A, West R

OS12-C  11:06 am - 11:24 am
A CROSS-NATIONAL COMPARISON OF SMOKING AMONG GIRLS AND YOUNG WOMEN IN THE ASIAN REGION
Foong K, Tan Y

OS12-D  11:24 am - 11:42 am
TOBACCO SMOKING REDUCTION AMONG ADOLESCENTS IN NIGERIA
Omiyefa S

OS12-E  11:42 am - 12:00 pm
PATTERN OF CIGARETTE SMOKING AMONG THAI ADOLESCENTS: A LONGITUDINAL STUDY FROM INTERNATIONAL TOBACCO CONTROL POLICY - THAILAND
Sirirassamee T, Sirirassamee B, Borland R, Fong G
Keynote Presentation • Thursday, 5 August, 2010 • 12:00 PM – 1:00 PM
Constitution AB, Constitution Level (3B)

**Contribution of Genomics to Behavioral Medicine**

*Jaakko Kaprio, MD, PhD*
Professor of Genetic Epidemiology, Dept. of Public Health
University of Helsinki, National Institute for Health and Welfare (Finland)

Ten years have passed since the sequencing of the human genome. While further understanding of the contribution of genetic variation through genome wide association studies of common genetic variants has been achieved, there has been a growing awareness of the complexity of the human genome and its interactions with the environment in the maintenance of health and development of disease. We are only at the very start of unraveling the highly complex interplay of genetics and environment on behavioral traits. Current approaches in genetic and genomic epidemiology of behavioral traits will be illustrated through studies on relevant traits such as smoking, physical activity and obesity.

*Moderator: Arja R. Aro, PhD, DSc, University of Denmark (Denmark)*
Scientific Program

Midday Discussions • Thursday, 5 August, 2010 • 1:15 PM – 2:15 PM

International Journal of Behavioral Medicine (IJBM)
Independence BCDE, Independence Level (5B)
1:15 PM - 2:15 PM
Joost Dekker, PhD, Editor, IJBM

This is your opportunity to meet Joost Dekker, the Editor and Associate Editors of IJBM and discuss issues related to publishing in IJBM. The discussion may cover subjects such as the editorial scope; special issues; the procedure for reviewing of submissions; the web-based manuscript submission, review and tracking system; open access; and other issues. Anyone who would like to learn more about the journal and submission process is encouraged to attend.

Behavioral Medicine Taken to the Marketplace: Forming and Sustaining a Company for Researchers and Entrepreneurs
Penn Quarter AB, Lagoon Level (1B)
1:15 PM - 2:15 PM
Virginia Williams, PhD, President, Williams LifeSkills, Inc.

Virginia Williams will discuss what is needed to establish and sustain a company as well as the steps needed to form collaborative partnerships between companies and researchers within academic institutions. The session will begin with a dialogue about areas of expertise and potential interest and will include a discussion of the unique funding options available to small businesses. This roundtable is designed for entrepreneurs interested in starting a company that centers around the research and application of the principles of behavioral medicine or for researchers interested in working with (or toward starting) such a company.

Early Career Network Roundtable: How Can ISBM Better Support Early Career Researchers?
Conference Theatre, Lagoon Level (1B)
1:15 PM - 2:15 PM
Carina Chan, MSc (Hons), PhD, Tan Sri Jeffrey Cheah School of Medicine, Monash University

We will evaluate the current development and status of the early career network and explore possible future avenues to support early career researchers. Ideas and contribution from junior and senior researchers are welcome!

On-Line Learning Resources in Evidence-Based Behavioral Practice (EBBP)
Farragut/LaFayette, Independence Level (5B)
1:15 PM - 2:15 PM
Bonnie Spring, PhD, ABPP, Chair, EBBP Council

Join us for lunch and hear an update about the EBBP project, sponsored by the National Institutes of Health’s Office of Behavior and Social Science Research (OBSSR). The EBBP project creates learning resources to help bridge the gap between research and practice in real-world settings. A series of free interactive on-line modules (http://www.ebbp.org/training.html) is being created to help scientists and practitioners master the concepts and methods of evidence-based practice. Bonnie Spring, Chair of the EBBP Council, will discuss five modules that have been developed to address foundational gaps in graduate education about behavioral intervention (EBBP Process, Searching for Evidence, Systematic Reviews, Randomized Controlled Trials, & Critical Appraisal). She will also unveil two forthcoming modules designed to support learning about evidence-based decision-making by clinicians and community practitioners in the field. The target audience for this roundtable is behavioral researchers, practitioners, and educators.

The first 40 attendees will receive lunch, courtesy of the EBBP Council!
Scientific Program

Symposia Sessions • Thursday, 5 August, 2010 • 2:30 PM – 4:00 PM

SS08
Conference Theatre, Lagoon Level (1B)
Understanding Behavioural Responses to Genetic Risk Information
Moderator: Theresa Marteau
UNDERSTANDING BEHAVIOURAL RESPONSES TO GENETIC RISK INFORMATION
Marteau T, Condit C, Rief W, Cameron L
PUBLIC UNDERSTANDING OF RISKS FROM GENE-ENVIRONMENT INTERACTION IN COMMON DISEASES: IMPLICATIONS FOR PUBLIC COMMUNICATIONS
Condit C, Shen L
CONSULTATION INCLUDING GENETIC INFORMATION IN PEOPLE WITH INCREASED RISK FOR OBESITY AND MC4R-MUTATIONS
Rief W, Hebebrand J, Hinney A
PRESENTING COHERENT LINKS BETWEEN RISKS AND ACTION: IMPACT ON BELIEFS MOTIVATING BEHAVIOR AND EXPECTED VALUE OF GENETIC TESTS
Cameron L, Brown P, Sherman K, Marteau T, Klein W
IMPACT OF GENETIC FEEDBACK ON ADHERENCE TO NICOTINE REPLACEMENT THERAPY: THE PERSONALISED EXTRA TREATMENT (PET) TRIAL
Marteau T, Munafò M, Prevost A, Aveyard P, Johnstone E, Armstrong D, Kinmonth A, Sutton S

SS09
Wilson/Roosevelt, Constitution Level (3B)
Impact of Male Norms on Prostate Cancer Diagnosis and Recovery
Moderator: Peter Kaufmann
IMPACT OF MALE NORMS ON PROSTATE CANCER DIAGNOSIS AND RECOVERY
Bates B, Hoyt M, Manne S, Kaufmann P
PROSTATE CANCER: MALE NORMS AND THE CONCEPT OF SUPPORT
Bates B
INTIMACY-ENHANCING PSYCHOLOGICAL INTERVENTION FOR MEN DIAGNOSED WITH PROSTATE CANCER AND THEIR PARTNERS: A PILOT STUDY
Manne S
MEN, PROSTATE CANCER, AND EMOTIONAL APPROACH COPING
Hoyt M

SS10
Franklin/McPherson, Independence Level (5B)
Depression, Anxiety, and Quality of Life among Caregivers of Children with Type 1 Diabetes
Moderator: Bernt Lindahl
DEPRESSION, ANXIETY, AND QUALITY OF LIFE AMONG CAREGIVERS OF CHILDREN WITH TYPE 1 DIABETES
Streisand R, Monaghan M
ANXIETY AND DEPRESSION IN PARENTS OF YOUNG CHILDREN WITH TYPE 1 DIABETES
Monaghan M, Hilliard M, Ronzio C, Cogen F, Streisand R
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**Break · 4:00 PM – 4:30 PM**
Transdisciplinary Team Science: Results from a Grand Experiment
Robert T. Croyle, PhD
Director, Division of Cancer Control and Population Sciences, National Cancer Institute (United States)
Location: Constitution AB, Constitution Level (3B)

In 1998, the U.S. National Cancer Institute, in collaboration with several other research funders, launched an ambitious “grand experiment” to stimulate transdisciplinary team science in several domains of behavioral medicine. The first initiative was the Transdisciplinary Tobacco Use Research Centers, which was co-funded by the National Institute on Drug Abuse and the Robert Wood Johnson Foundation. This was followed by the Centers of Excellence in Cancer Communication Research, the Centers for Population Health and Health Disparities, and the Transdisciplinary Research in Energetics and Cancer Centers. Collectively, these efforts (many of them ongoing) focused on the integration of basic, clinical and population science relevant to key domains of health behavior and the training of new scientists in collaborative team science. In order to evaluate these initiatives, a parallel initiative on the Science of Team Science was launched, focusing on the development and validation of measures to assess collaborative processes and the impact of transdisciplinary science. This presentation will describe highlights of research in tobacco use, communication, health disparities and obesity conducted by the highly diverse group of scientists participating in these initiatives and discuss lessons learned that can inform the future of behavioral medicine research, translation, and policy.

Moderator: Linda Cameron, PhD, University of Auckland (New Zealand)

Communicating Genetic Risks: Three Fallacies and a Challenge
Theresa M. Marteau, BSc, MSc, PhD
Professor, Health Psychology Section, King’s College London (United Kingdom)
Room: Constitution CDE, Constitution Level (3B)

This paper will explore the evidence for three strongly held beliefs regarding the impact of communicating genetic risk information:

Belief 1 - Communicating genetic risks ie gene variants associated with susceptibility to a range of common traits and diseases, causes long-term emotional distress.

Belief 2 - Communicating genetic risks induces fatalism, a belief that because the source of the risk is immutable so too is the risk it confers.

Belief 3 - Communicating genetic risks motivates behaviour change

The evidence that refutes and refines these three beliefs reflects the complex self-regulatory processes by which humans maintain a psychological equilibrium while responding both practically and emotionally to threats both larger and smaller than those posed by the risk information individuals can acquire through commercially available genome scans. For those charged with protecting the health of populations, there are few grounds at present for seeing genetic prediction for common conditions as generating population harms but equally few health benefits from motivating behaviour change. It would, however, be prudent to keep watch over the ineffective use of biologically based ways of reducing identified risks. The challenge for behavioural and social scientists is to harness a century of rich theoretical and empirical research on human behaviour to achieve the health benefits that stem from behaviour change while preventing further policy and practice built on fallacy.

Moderator: Norito Kawakami, MD, University of Tokyo Graduate School of Medicine (Japan)
ISBM: An Open Discussion · Thursday, 5 August, 2010 · 5:30 PM – 6:30 PM
Constitution AB, Constitution Level (3B)
Chairied by members of the ISBM Board of Directors

Would you like to learn more about ISBM? The ISBM Board is eager to hear your opinion concerning the state of ISBM, as well as the future of the organization. We always strive to attract and involve capable members in the organization in order to achieve our common goals while encouraging gender, cultural, geographic and scientific diversity. This will be your opportunity to learn everything you wanted to know about ISBM but were afraid to ask!

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PST-163
MUNICIPAL SOCIOECONOMIC STATUS IN RELATION TO CAUSE-SPECIFIC MORTALITY AMONG JAPANESE MIDDLE AGED MEN AND WOMEN: A MULTILEVEL STUDY IN JAPAN
Honjo K, Iso H, Nishi N, Fukuda Y, Tamakoshi A

PST-164
SOCIOECONOMIC DIFFERENCES IN TRAJECTORIES OF BMI AND OBESITY IN THE TRANSITION FROM MIDLIFE TO OLD AGE
Scientific Program

Poster Session · Thursday, 5 August, 2010 · 6:30 PM – 9:00 PM

Independence AFGHI, Independence Level (5B)

PST-165
SUBJECTIVE SES AS A PREDICTOR OF VITAL EXHAUSTION WITHIN A CARDIOVASCULAR SAMPLE
Katzenstein M, Spektor E, Dziok M, Suchday S

PST-166
WHAT COULD HELP TO DIE IN PEACE FROM YOUNG PEOPLE’S PERSPECTIVE?
Gil Llario M, Ballester R, Gil B, Ibañez M, Gomez S

PST-167
FAMILY NEED IN AN INTENSIVE CARE UNIT
Gil Llario M, Ballester Arnal R, Gil B, Gómez S, Abizanda R

PST-168a
RELATIONSHIP BETWEEN SOCIAL STATUS INCONSISTENCY AND SELF-RATED HEALTH: EVIDENCE OF AN INDIRECT PATH VIA OCCUPATIONAL REWARDS
Braig S, Peter R

PST-168b
SOCIAL ADAPTATION AND DEPRESSION
Glubo H, Lewin H, Almeida M, Suchday S, Sehatpour P

PST-168c
WEALTH, HEALTH AND SPIRITUALITY
Lewin H, Glubo H, Almeida M, Sehatpour P, Suchday S

PST-168d
PROJECT GATHER: CAN HEALTH CARE PERCEPTIONS FACILITATE DECISIONS OF A MULTI-ETHNIC SAMPLE TO PARTICIPATE IN A GENETIC BIOBANK?

PST-168e
SOCIAL SUPPORT IN THE PREDICTION OF DAILY BLOOD PRESSURE AND HEART RATE
Parkkinen L, Tuomisto M, Ollikainen J

PST-168f
LOWER EDUCATION LEVELS AND HIGHER SYSTOLIC BLOOD PRESSURE (SBP) IN THE NATIONAL LONGITUDINAL STUDY OF ADOLESCENT HEALTH (ADD HEALTH)

PST-169
STRESS REDUCTION IN SHAVASAN (YOGIC RELAXATION IN DEAD BODY POSITION) DURING UPPER GASTROINTESTINAL ENDOSCOPY
Kotwal M, Rinchen C

PST-170
SEEKING SOCIAL SUPPORT AND WISHFUL THINKING MODERATE LOW SELF ESTEEM INDICATORS OF PERCEIVED STRESS FOR AFRICAN AMERICANS
Womack V, Sloan L

PST-171
INFLUENCE OF OCCUPATIONAL STRESS ON MENTAL HEALTH AMONG INDUSTRIAL WORKERS
Joshi S

PST-172
FATALISTIC CONTROL EXPECTATIONS AFFECT CARDIOVASCULAR STRESS RESPONSE TO STANDARDIZED MEDICAL PROCEDURES IN PREGNANCY: A PILOT STUDY

PST-173
CONTROLLED BREATHING AFFECTS AMYGDALA AND INSULA ACTIVATION IN RESPONSE TO AVERSIVE PICTURES: A PRELIMINARY STUDY WITH FMRI
Chen K, Cheng K, Weng H, Weng C, Hsiao S

PST-174
IMMUNOMODULATORY EFFECTS IN ANXIOUS AND DEPRESSED PATIENTS AFTER A MINDFULNESS MEDITATION PROGRAM

PST-175
EFFECT OF LPS AND FOOT SHOCK STRESS ON PRO-INFLAMMATORY CYTOKINE IL1β IN RATS
Jung E, Kim K, Shim I
Scientific Program

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PST-176
RESTING HEART RATE VARIABILITY IS DIFFERENTIALLY ASSOCIATED WITH UNDERLYING HEMODYNAMICS IN AFRICAN AMERICAN MEN AND WOMEN

PST-177
EFFECTS OF SENSE OF COHERENCE (SOC) ON PSYCHOLOGICAL RESPONSES TO JOB STRESSORS AND PERCEIVED HEALTH AMONG JAPANESE FACTORY WORKERS
Urakawa K, Yokoyama K

PST-178
SALIVARY ALPHA-AMYLASE IN A POPULATION BASED SAMPLE. ASSOCIATIONS WITH PSYCHOSOCIAL FACTORS, SELF RATED HEALTH AND INFLAMMATORY MARKERS
Garvin P, Suska A, Kristenson M, Lundström I, Ernerudh J

PST-179a
COGNITIVE-AFFECTIVE AND TOTAL DEPRESSION SYMPTOM SEVERITY PREDICT CHANGES IN C-REACTIVE PROTEIN (CRP) IN PATIENTS WITH ACUTE CORONARY SYNDROMES (ACS)

PST-179c
SALIVARY IL-6 AND CRP INCREASE IN RESPONSE TO ACUTE PSYCHOSOCIAL STRESS

PST-179d
PRENATAL ADVERSITY - A RISK FACTOR IN BORDERLINE PERSONALITY DISORDER

PST-179e
SOCIAL ADVERSITY IN ADOLESCENCE INCREASES THE PHYSIOLOGICAL VULNERABILITY TO JOB STRAIN IN ADULTHOOD: A PROSPECTIVE POPULATION-BASED STUDY
Westerlund H, Gustafsson P, Theorell T, Janlert U, Hammarström A

PST-179f
RELIGIOUSNESS IS ASSOCIATED WITH SLOWER DISEASE PROGRESSION IN HIV
Balbin E, Ironson G, Stuetzle R, Fletcher MA, Schneiderman N UNIVERISTY OF MIAMI

PST-179g
THE CONTROL STUDY OF BEHAVIORAL AND EMOTIONAL PROBLEM BETWEEN LOCAL CHILDREN AND VICTIMIZED CHILDREN MIGRATED OUT OF DISASTER AREA ONE YEAR AFTER WENCHUAN EARTHQUAKE
Li G, Yang Z, Bai B

PST-179h
THE RELATIONSHIP BETWEEN PERCEIVED LONELINESS AND CORTISOL AWAKENING RESPONSE ON WEEKDAYS AND WEEKENDS
Okamura H, Tsuda A, Yajima J

PST-179i
MEMORY AND POSSIBLE CAUSES OF REDUCED MEMORY FUNCTION IN PREGNANCY
Fridman I, Yodfat E, Mor S

PST-181
THE DEVELOPMENT OF AN OCCUPATIONAL HEALTH GUIDELINE TO IMPROVE WORKERS’ PHYSICAL ACTIVITY AND DIETARY BEHAVIOUR IN ORDER TO PREVENT WEIGHT GAIN
Verweij L, Proper K, Hulshof C, van Mechelen W

PST-182
WHAT ARE THE KEY ELEMENTS OF THE CO-PRODUCTION OF HEALTH IN CLINICIAN-PATIENT CONSULTATIONS AIMING TO SELF-MANAGEMENT SUPPORT IN LONG TERM HEALTH CONDITIONS?
Realpe A, Wallace L, Adams A, Kidd J

PST-183
TRANSLATING FAMILY HEALTH PROGRAM HEALTH PROFESSIONAL PERCEPTIONS TO IMPROVE CHILD HEALTH IN VESPASIANO, BRAZIL
Perez L, Saleme P, Patrus B, Ferreira J, Leon J
Scientific Program

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PST-184
THE HEALTH IMPACT OF CHILDHOOD MALTREATMENT: HEALTH VARIABLES IN RELATION TO OFFICIAL AND SELF REPORT DATA
Maia A, Pinto R

PST-185
SCREENING FOR HIV-RELATED PTSD: SENSITIVITY AND SPECIFICITY OF THE 17-ITEM POSTTRAUMATIC STRESS DIAGNOSTIC SCALE (PDS) IN IDENTIFYING HIV-RELATED PTSD AMONG A SOUTH AFRICAN SAMPLE
Martin L, Fincham D, Kagee A

PST-186
CONTEMPORARY SOCIAL CONFLICT THEORY: IMPLICATIONS FOR HEALTH RELATED COMMUNICATION AND BEHAVIOR
Van Slyck M, Stern M

PST-187a
SPIRITUAL WELLBEING MEDIATES THE EFFECTS OF A PSYCHOSPIRITUAL MANTRAM PROGRAM ON PTSD SYMPTOM SEVERITY IN VETERANS WITH MILITARY-RELATED PTSD
Bormann J, Thorp S, Liu L, Wetherell J, Glaser D, Lang A

PST-187b
CHILD PHYSICAL ABUSE AND PHYSICAL HEALTH CONSEQUENCES IN ADULTHOOD: HOW STRONG IS THE EVIDENCE?
Maia A, Azevedo V, Martins C

PST-188
A RANDOMISED CONTROLLED TRIAL OF IMAGERY TECHNIQUES FOR PROMOTING QUALITY SLEEP
Loft M, Cameron L

PST-189
A MULTI-STATE MODEL ON OFFICIAL REGISTERED SICK-LEAVE DATA - APPLIED ON A 5-YEAR FOLLOW-UP AFTER OCCUPATIONAL REHABILITATION IN NORWAY
Oyeflaten I, Lie S, Ihlebaek C, Eriksen H

PST-190
SELF-EFFICACY ASSOCIATED TO INTENTION TO CHANGE AND RETURN-TO-WORK BEHAVIOR
Brouwer S, Franche R

PST-191
THE IMPACT OF SMOKING ON DISABILITY PENSION AMONG MIDDLE-AGED PUBLIC SECTOR EMPLOYEES

PST-192
A MULTINATIONAL STUDY OF THE RELATIONSHIP BETWEEN EMPLOYMENT STATUS AND HEALTH IN IRAQI REFUGEES
Jamil H, Armetz B

PST-193
DEVELOPMENT OF A SOLUTION-FOCUSED OCCUPATIONAL GROUP THERAPY FOR PATIENTS WITH ACUTE HAND INJURIES
Opsteegh L, Reinders-Messelink H, van der Sluis C, Lettinga A

PST-194
ORGANIZATIONAL JUSTICE AND WORKPLACE BULLYING AMONG CIVIL SERVANTS IN JAPAN
Tsuno K, Inoue A, Kawakami N

PST-195
THE ASSOCIATION OF WORK STRESS WITH HEART RATE VARIABILITY OVER THE WORKING DAY
Salavecz G, Kopp M, Steptoe A

PST-196
GROUP COHESION AND ORGANIZATIONAL COMMITMENT: PROTECTIVE FACTORS FOR NURSE RESIDENTS?
Li A, Early S, Mahrer N, Klaristenfeld J, Gold J

PST-197
THE EFFECTS OF EMPOWERING IN-SERVICE TRAINING PROGRAM ON HEALTH CARE PROBLEMS AMONG NURSE AIDES IN LONG TERM CARE FACILITIES IN TAIWAN
Lin M, Hsu H, Lee C

PST-198
THE RELATIONSHIPS OF OBESITY TO JOB STRESS, EATING BEHAVIOR, PHYSICAL ACTIVITY AND SOCIAL SKILLS IN PART-TIMERS IN JAPAN
Muratsubaki T, Tomiie T, Tayama J, Sakano Y, Fukudo S
Scientific Program

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PST-201
ASSOCIATION BETWEEN THE LEVEL OF FATIGUE ACCUMULATION AND THE WORKING CONDITIONS IN JAPANESE SYSTEM ENGINEERS OF INFORMATION SERVICES

Niwa T, Oh C, Saito E

PST-202
DO (CHANGES IN) WORK CONDITIONS AND HIGHER ORDER GOALS AFFECT QUALITY OF WORK AND WELLBEING AMONG HEALTH CARE EMPLOYEES?

Koelewijn H, van Mourik V, Kuipers N, Maes S

PST-203
OVERCOMMITMENT AS RELATED TO POOR NEXT-DAY RECOVERY AND FATIGUE AMONG WOMEN

von Thiele Schwarz U

PST-204a
RACIAL DISPARITIES IN JOB STRAIN: AN EXPLORATION FROM THE WORK, FAMILY AND HEALTH NETWORK

Hurtado D, Ertel K, Orfeu B, Berkman L

PST-204b
A PROJECT FOR PREVENTING SUICIDES: SCREENING FOR DEPRESSION (2)

Hori R, Furui H, Kobayashi F

PST-204c
THE EFFECTS OF THE MENTAL-ROSAI WEB-BASED MENTAL HEALTH CHECK SYSTEM AMONG JAPANESE MALE EMPLOYEES

Ito S, Yamamoto H, Tsuda A

PST-204d
A PROJECT FOR PREVENTING SUICIDES: SCREENING FOR DEPRESSION (1)

Hori R, Furui H, Watanabe M, Kobayashi F

PST-204e
WORK PHYSICAL ENVIRONMENTS TO QUALITY OF WORK LIVES: NEGATIVE AND POSITIVE ATTRACTORS FOR HOSPITAL PHYSICIAN EXECUTIVES


PST-204f
PSYCHOLOGICAL IMPACT OF EMERGENCY AMBULANCE WORK: A 4-MONTHS FOLLOW-UP

Marcelino D, Figueiras M, Claudino A

PST-204g
WHAT ARE THE CRITICAL ASPECTS OF WORK TIME ARRANGEMENT FOR SLEEP AND INSOMNIA IN SHIFT WORK?

Puttonen S, Viitasalo K, Härmä M

PST-204h
RELIABILITY AND VALIDITY OF THE JAPANESE-TRANSLATED SWEDISH DEMAND-CONTROL-SUPPORT QUESTIONNAIRE

Mase J, Ota A, Inoue K, Iida T, Tsutsumi A, Ono Y

PST-204i
ARE THE EFFECTS OF LONG WORKING HOURS ON FATIGUE AND DEPRESSIVE SYMPTOMS VARIED AMONG DIFFERENT INDUSTRIES OR OCCUPATIONS?

Otsuka Y, Iwasaki K, Sasaki T, Takahashi M, Kubo T, Mori I, Hori M

PST-204j
ARE GENERAL MENTAL ABILITY AND PSYCHOSOCIAL WORK CHARACTERISTICS RELATED TO MID-LIFE HEALTH IN WORKING WOMEN AND MEN?

Wulff C, Lindfors P, Sverke M

PST-204k
EARLY SYMPTOMS OF MENTAL HEALTH PROBLEMS IN EMPLOYEES AND THEIR SUPPORT NEEDS

Suzuki M, Okubo S, Tani I, Ikeda W, Yokoyama K, Kitamura F

PST-204l
WORK STRESS TO QUALITY OF WORK LIVES: MODERATING ROLES OF LABOR ACTIVITIES FOR HOSPITAL PHYSICIAN EXECUTIVES

Lin C, Lin Y, Huang L, Chen E, Lin B
Issues and Dynamics of Tobacco Research for Behavior and Policy

Mira Aghi, MA, PhD
Behavioral Scientist, Communication Expert, Advocacy Forum for Tobacco Control (AFTC); UNICEF; Global Youth Tobacco Survey; International Network of Women against Tobacco (INWAT); Society for Research on Nicotine and Tobacco (SRNT); Cancer Patients AID Association

It is apt to say that not all research is done to bring about behavior change. Most basic research is carried out to advance science. However, some research is specifically done with the objective to bring about a behavior change. There are also examples of research being undertaken for curiosity but the outcome is seen fit for translation into action.

Most of the time, tobacco control researchers carry on research with a view to bring about a change that will save lives either by bringing about behavioral changes at the population level, or by bringing in a policy to create an enabling environment.

Changing behavior is a complex task indeed. People behave the way they do, because that is how they have grown up—open to influences around them, watching and emulating, perceiving, and formulating opinion. If the behavior has to be changed or modified, the individual has to make a great effort. All the influences will have to be uncovered and analyzed. Roadblocks and barriers will have to be dealt with.

Those who have achieved success in modifying behavior tell us that the process has to start with the person/s whose behavior is to be changed. By the same logic, if a policy has to be introduced or changed, the policy makers will have to be brought in at the right time to learn how they can be convinced for the change. The path is hard but doable.

All these concepts will be utilized to demonstrate the implementation of pictorial health warnings on all tobacco products in India, an example par excellence for such a debate.

Moderator: Brian Oldenburg, BScPsych, MPsyCh, PhD, Monash University
Predictors of Quitting Behaviors among Adult Smokers in China Compared to Two Southeast Asian Countries and Four Western Countries

Lin Li, BA, MPh, PhD
Research Scientist, VicHealth Centre for Tobacco Control, Cancer Council Victoria in Australia

Few longitudinal studies on smoking cessation has been reported in China, and it remains unclear whether determinants of quitting behaviors were similar to those found in Western countries and other Asian countries. This paper uses longitudinal data from the first two waves of the International Tobacco Control Policy Evaluation (ITC) China Survey to examine predictors of cessation behaviours among adult smokers in China, and compares them with those found in previous research in two southeast Asian countries (Malaysia and Thailand) and four Western countries (Australia, Canada, the UK and USA).

Overall, 979 out of the 3863 (25.3%) Chinese smokers reported having made at least one quit attempt between Waves 1 and 2; of these, 212 (21.7%) were still stopped at Wave 2. Independent predictors of making quit attempts included having higher quitting self-efficacy, previous quit attempts, some intention to quit, disagreeing that s/he enjoyed smoking too much to quit, and having very negative opinion of smoking. Independent predictors of quit success among those who attempted were having longer previous abstinence from smoking, and having greater interest in quitting. Compared to other countries fewer adult smokers in China attempt to quit and predictors vary: with measure of nicotine dependence less predictive and, like in Malaysia and Thailand, interest in quitting more predictive of success. The findings indicate that existing knowledge from Western countries about smoking cessation are not necessarily readily generalizable to China, which has different social-economic conditions and tobacco control environment.

Moderator: Brian Oldenburg, BScPsych, MPsych, PhD, Monash University
**Scientific Program**

**Symposia Sessions • Friday, 6 August, 2010 • 8:30 AM – 10:00 AM**

**SS30**
Constitution CDE, Constitution Level (3B)

**Harnessing Imagery Processes to Motivate Health Behaviors**
*Moderator: Linda Cameron*

HARNESSING IMAGERY PROCESSES TO MOTIVATE HEALTH BEHAVIORS

GETTING GRAPHIC: EMBEDDING BEHAVIOURAL THEORY IN ANIMATION TO FACILITATE BEHAVIOUR CHANGE
Williams B, Anderson A, Barton K

USING IMAGES OF THE BODY IN AN EVALUATIVE CONDITIONING INTERVENTION TO ENHANCE HEALTHY FOOD PREFERENCES
Hollands G, Marteau T

HEIGHTENING THE IMPACT OF IMAGERY THROUGH USE OF IMMERSIVE VIRTUAL ENVIRONMENTS
Persky S

DOES DISGUSTING IMAGERY AID HEALTH PROMOTION CAMPAIGNS?
Humphris G, Williams B

**SS13**
Farragut/LaFayette, Independence Level (5B)

**The Role of Saliva Cortisol Measurements in Health and Disease - a Matter of Theory and Methodology.**
*Moderator: Holger Ursin*

THE ROLE OF SALIVA CORTISOL MEASUREMENTS IN HEALTH AND DISEASE - A MATTER OF THEORY AND METHODOLOGY
Kristenson M, Lindfors P, Lundberg U, Harris A, Garvin P, Ursin H

INTRODUCTION, WHY THIS REVIEW ON SALIVARY CORTISOL MEASUREMENTS?
Lundberg U

SALIVA CORTISOL IN PSYCHOSOCIAL WORK ENVIRONMENT STUDIES
Lindfors P

SALIVA CORTISOL AND ITS CORRELATIONS WITH CARDIOVASCULAR RISK FACTORS
Garvin P

SALIVA CORTISOL AND ITS CORRELATIONS WITH INFLAMMATORY MARKERS
Garvin P

LEVELS OF SALIVA CORTISOL AS PREDICTOR FOR SOMATIC OUTCOMES
Kristenson M
Scientific Program

Symposia Sessions • Friday, 6 August, 2010 • 8:30 AM – 10:00 AM

SS14
Cabin John/Arlington, Constitution Level (3B)
New Research in Insomnia Associated with Cancer: From Diagnosis and Treatment to Survivorship
Moderator: Borge Sivertsen
NEW RESEARCH IN INSOMNIA ASSOCIATED WITH CANCER: FROM DIAGNOSIS AND TREATMENT TO SURVIVORSHIP
Palesh O
EPIDEMIOLOGY OF INSOMNIA COMORBID WITH CANCER: RESULTS OF AN 18-MONTH LONGITUDINAL STUDY
Savard J, Villa J, Caplette-Gingras A, Ivers H, Morin C
SLEEP ARCHITECTURE AND SLOW-WAVE SLEEP PREVALENCE FROM 102 POLYSOMNOGRAPHY ASSESSMENTS IN PATIENTS PRIOR TO AND FOLLOWING CHEMOTHERAPY
Roscoe J, Perlis M, Palesh O, Morrow G, Pigeon W
YOCAS® YOGA IMPROVES INSOMNIA AMONG 410 CANCER SURVIVORS

Adolescents’ Medicine Use: a Response to Strain?
Moderator: Bjorn Holstein
ADOLESCENT MENTAL HEALTH AND MEDICINE USE IN SEVEN COUNTRIES
Iannotti R, Lewin K
DIFFERENT SOCIOECONOMIC MEASURES SHOW DIFFERENT ASSOCIATIONS WITH MEDICINE USE FOR HEADACHE AMONG ADOLESCENTS: AN INTERNATIONAL COMPARATIVE STUDY
Andersen A
METHODOLOGICAL CHALLENGES AND OPPORTUNITIES IN THE STUDY OF ADOLESCENTS’ MEDICINE USE
Tobi H, Vaandrager L
MENARCHE AND MEDICINE USE FOR PAIN AND PSYCHOLOGICAL PROBLEMS AMONG GIRLS: NATIONAL CROSS-SECTIONAL SURVEY

Paper Sessions • Friday, 6 August, 2010 • 8:30 AM – 10:00 AM

OS18
Bullfinch/Renwick, Constitution Level (3B)
Eating Behaviors
Moderator: Rebecca Lee
OS18-A
8:30 am - 8:48 am
STRUCTURAL MODELS. RISK FACTORS OF BULIMIC BEHAVIOR IN WOMEN AND MEN COLLEGE SAMPLES
Gomez-Peresmitre G, Pineda G, Platas S
OS18-B
8:48 am - 9:06 am
SOCIAL COHESION INCREASES FRUIT AND VEGETABLE CONSUMPTION IN OBESE ETHNIC MINORITY WOMEN

OS18-C
9:06 am - 9:24 am
VALIDATION OF A SURVEY INSTRUMENT TO MEASURE COLLEGIATE ATHLETES’KNOWLEDGE, PERCEPTIONS, AND DIETARY PRACTICES: PROJECT IGNITE
Reindl D, Thompson A, Gallagher K, Boardley D

OS18-D
9:24 am - 9:42 am
DEPRESSIVE SYMPTOMS, EMOTIONAL EATING AND OBESITY: ARE THE ASSOCIATIONS SIMILAR ACROSS SOCIODEMOGRAPHIC GROUPS?
Konttinen H, Silventoinen K, Sarlio-Lähteenkorva S, Männistö S, Haukkala A

OS18-E
9:42 am - 10:00 am
CONSCRIPTS’ ATTITUDES TOWARDS HEALTH AND EATING - CHANGES DURING THE MILITARY SERVICE AND ASSOCIATIONS WITH EATING PATTERNS
Jallinoja P, Absetz P, Bingham C, Uutela A, Tuorila H
Scientific Program

Paper Sessions · Friday, 6 August, 2010 · 8:30 AM – 10:00 AM

OS19
Franklin/McPherson, Independence Level (5B)
Lifestyle Improvement Interventions
Moderator: Shigeru Inoue

OS19-A
8:30 am - 8:48 am
SOCIO-ECONOMIC AND DISEASE-RELATED PREDICTORS FOR ATTRACTION TO THE "READY TO ACT" PROGRAM IN PRIMARY CARE AIMING AT ACTION COMPETENCE FOR LIVING WITH DYSGLYCAEMIA
Maindal H, Skriver M, Lauritzen T, Sandbaek A

OS19-B
8:48 am - 9:06 am
EFFECTS OF A LIFE COACHING AND PHARMACY COUNSELING MODEL FOR INDIVIDUALS WITH DIABETES
Rude Ozaki R, Isip Schneider J, Fukunaga L

OS19-C
9:06 am - 9:24 am
THE IMPACT OF A PSYCHOEDUCATIONAL PROGRAM (SWEEP) IN DEPRESSED WOMEN WITH DIABETES

OS19-D
9:24 am - 9:42 am
SHORT- AND LONG TERM EFFECTS OF A MOTIVATIONAL INTERVIEWING-BASED LIFESTYLE INTERVENTION FOR CONSTRUCTION WORKERS WITH AN ELEVATED RISK OF CARDIOVASCULAR DISEASE
Groeneveld I, Proper K, van der Beek A, Hildebrandt V, van Mechelen W

OS19-E
9:42 am - 10:00 am
MINDFULNESS IN THE MAINTENANCE OF WEIGHT LOSS: A RANDOMIZED CONTROLLED TRIAL OF THE EMPOWER PROGRAM

OS20
Independence BCDE, Independence Level (5B)
Metabolic Syndrome
Moderator: Akira Tsuda

OS20-A
8:30 am - 8:48 am
BEHAVIORAL ORIGINS OF METABOLIC SYNDROME DISORDERS
Watve M, Belsare P, Jog M

OS20-B
8:48 am - 9:06 am
PSYCHOSOCIAL FACTORS OVER A LIFE COURSE AND RISK OF THE METABOLIC SYNDROME: A PROSPECTIVE COHORT STUDY
Masters Pedersen J, Andersen I, Lund R, Prescott E, Hulvej Rod N

OS20-C
9:06 am - 9:24 am
HEALTH-RELATED QUALITY OF LIFE, SUBJECTIVE HEALTH COMPLAINTS, PSYCHOLOGICAL DISTRESS AND COPING IN PAKISTANI IMMIGRANT WOMEN WITH AND WITHOUT THE METABOLIC SYNDROME. THE INVADIAB-DEPLAN STUDY ON PAKISTANI IMMIGRANT WOMEN LIVING IN OSLO, NORWAY
Hjellset V, Ihlebæk C, Bjørge B, Eriksen H

OS20-D
9:24 am - 9:42 am
BODY COMPOSITION AND CLINICAL RISK FACTORS AMONG MALE CONSCRIPTS AT ENTRANCE AND AFTER 6 MONTHS OF SERVICE IN FINLAND

OS20-E
9:42 am - 10:00 am
EFFECT OF A CULTURALLY ADAPTED INTERVENTION PROGRAM ON COMPONENTS OF THE METABOLIC SYNDROME IN PAKISTANI IMMIGRANT WOMEN LIVING IN OSLO, NORWAY
Hjellset V, Råberg M, Wandel M, Eriksen H
Scientific Program

Paper Sessions · Friday, 6 August, 2010 · 8:30 AM – 10:00 AM

OS21
Penn Quarter AB, Lagoon Level (1B)

Workplace Health Promotion
Moderator: Till Baernighausen

OS21-B
8:30 am - 8:48 am
Sustainability and Health Safety of an Interdisciplinary Secondary Prevention Program for Industrial Workers
Joshi S, Prasain P

OS21-C
8:48 am - 9:06 am
Workplace Interventions to Improve the Coping Skills of the Employees
Stauder A, Cserháti Z, Székely A, Ádám S, Konkoly Thege B, Kopp M

OS21-D
9:06 am - 9:24 am
Overcommitment at Work Decreased after Stress Management Training
Cserháti Z, Adam S, Stauder A, Konkoly Thege B, Szekely A, Kopp M

OS21-E
9:24 am - 9:42 am
Work Ability Index in Portuguese Workers: The Role of Demographic Factors

OS22
Wilson/Roosevelt, Constitution Level (3B)

Psychosocial Risks and Adjustments in Pain
Moderator: Geert Crombez

OS22-A
8:30 am - 8:48 am
Prevalence of Psychiatric Comorbidity in Chronic Low Back Pain Patients
Reme S, Tangen T, Eriksen H, Moe T

OS22-B
8:48 am - 9:06 am
Prognostic Factors for the Two-Year Course of Activity Limitations in Early Osteoarthritis of the Hip and/or Knee: Results from the Check Cohort
Holla J, Steultjens M, Roorda L, Dekker J

OS22-C
9:06 am - 9:24 am
Changing Pain Tolerance with Unconscious Illness Memory
Brosschot J, Meerman E, Verkuil B

OS22-D
9:24 am - 9:42 am
Decreases in Catastrophizing Are Associated with Decreases in Disability over Behavioral Migraine Treatment
Seng E, Magyar A, Holroyd K, Drew J, Cottrell C

OS22-E
9:42 am - 10:00 am
Determinants of Change in Perceived Disability of Patients with Non-Specific Chronic Low Back Pain
Hodselmans A, Dikstra P, Geertzen J, Schans C
Scientific Program

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OS23
Burnham, Constitution Level (3B)
Mind Body Factors and Health Behaviors
Moderator: TBD
OS23-A
8:30 am - 8:48 am
OUTCOMES OF COGNITIVE BEHAVIORAL INTERVENTION IN TWO ETHNIC GROUPS WITH TYPE 2 DIABETES
Inouye J, Arakaki R, Davis J
OS23-B
8:48 am - 9:06 am
BEHAVIORAL RESPONSE TO THE INFLUENZA A H1N1 EPIDEMIC IN MEXICO
Infante C, Giraldo L, Casas R

OS23-C
9:06 am - 9:24 am
AN INTERVENTION TO ENCOURAGE ACTIVITY AND HEALTHY EATING IN PEOPLE RECOVERING FROM RECENT-ONSET PSYCHOSIS
Wearden A, Lovell K, Marshall M, Bradshaw T, Husain N, Warburton J
OS23-D
9:24 am - 9:42 am
SLEEP PROBLEMS AS A PREDICTOR OF WEIGHT GAIN
Lallukka T, Lyytikäinen P, Rahkonen O, Lahelma E
OS23-E
9:42 am - 10:00 am
EVALUATION OF A SELF-HELP PROGRAM IN ACUTE TINNITUS

Break • 10:00 AM – 10:30 AM

Symposia Sessions • Friday, 6 August, 2010 • 10:30 AM – 12:00 PM

SS17
Penn Quarter AB, Lagoon Level (1B)
Cognitive Behavioural Therapy and Mechanisms of Change for Fatigue in Chronic Illness
Moderator: Rona Moss-Morris
COGNITIVE BEHAVIOURAL THERAPY AND MECHANISMS OF CHANGE FOR FATIGUE IN CHRONIC ILLNESS
Moss-Morris R
WHAT MEDIATES THE EFFECT OF COGNITIVE BEHAVIOUR THERAPY ON CHRONIC FATIGUE IN MS PATIENTS?
Knoop H, Van Kessel K, Chalder T, Moss-Morris R

RESULTS OF A RANDOMISED CONTROLLED TRIAL OF A BRIEF NURSING INTERVENTION AND COGNITIVE BEHAVIOUR THERAPY
Bleijenberg G, Goedendorp M, Knoop H, Verhagen S, Peters M, Gielissen M
THE POTENTIAL EFFICACY AND COST-EFFECTIVENESS OF A WEB-BASED COGNITIVE BEHAVIOURAL THERAPY PROGRAMME FOR MULTIPLE SCLEROSIS FATIGUE: THE MS-INVIGOR8 PILOT TRIAL
ASSESSING PREDICTORS OF OUTCOME AND MEDIATORS OF CHANGE IN CHRONIC FATIGUE SYNDROME AFTER COGNITIVE BEHAVIOUR THERAPY
Chalder T
Symposia Sessions · Friday, 6 August, 2010 · 10:30 AM – 12:00 PM

**SS18**
Wilson/Roosevelt, Constitution Level (3B)
Methods to Increase Colon Cancer Screening in Australia, Canada, and the United States
Moderator: Kerry Sherman

METHODS TO INCREASE COLON CANCER SCREENING IN AUSTRALIA, CANADA, AND THE UNITED STATES
Myers R

USING TAILORED NAVIGATION TO INCREASE CRC SCREENING IN PRIMARY CARE PRACTICES IN THE UNITED STATES
Myers R

POPULATION-BASED SCREENING - LESSONS IN CANADA, FROM SALIENT MESSAGES TO SOFTWARE
Ritvo P

OPTIMIZING PARTICIPATION IN A POPULATION-BASED BOWEL CANCER SCREENING PROGRAM - LESSONS LEANED FROM LARGE SCALE TRIALS IN AUSTRALIA
Wilson C, Flight I

**SS19**
Bullfinch/Renwick, Constitution Level (3B)
The Future of Classification and Treatment of Somatoform Disorders
Moderator: Winfried Rief

THE FUTURE OF CLASSIFICATION AND TREATMENT OF SOMATOFORM DISORDERS
Rief W

RETHINKING SOMATIZATION; WHAT’S NORMAL AND WHAT’S NOT
Barsky A

DOES THE BODILY DISTRESS SYNDROME DIAGNOSIS UNIFY THE FUNCTIONAL SOMATIC SYNDROMES AND SOMATOFORM DISORDERS?
Fink P, Schröder A

A NOVEL TREATMENT APPROACH FOR PEOPLE WITH SEVERE FUNCTIONAL SOMATIC SYNDROMES (STRESS-1): RANDOMIZED TRIAL
Schröder A, Rehfeld E, Ørnbøl E, Sharpe M, Licht R, Fink P

SOMATIC SYMPTOM DISORDERS IN DSM V
Dimsdale J
Scientific Program

OS24
Burnham, Constitution Level (3B)
Delivering Behavioral Health in Primary Care
Moderator: TBD
OS24-A
10:30 am - 10:48 am
ELABORATING THE TARGETS FOR A PRACTICE INTERVENTION TO IMPROVE OPPORTUNISTIC CHLAMYDIA SCREENING BY GP PRACTICES
Wallace L, Hogan A, Bayley J, McNulty C, Jesuthasan J
OS24-B
10:48 am - 11:06 am
A STUDY OF GERIATRIC MENTAL HEALTH SERVICES TRAINING NEEDS AMONG PRIMARY CARE PERSONNEL IN ORISSA, INDIA
Pati S, Pati S, Das S
OS24-C
11:06 am - 11:24 am
SELF-EFFICACY IN DIABETES SELF-MANAGEMENT AND SELF-EFFICACY IN CHANGING SPECIFIC BEHAVIORS IN RELATION TO REGIMEN ADHERENCE
Wang J, Sereika S, Siminerio L, Charron-Prochownik D, Zgibor J, LaPorte R, Matthews J
OS24-D
11:24 am - 11:42 am
UK CLINICIANS’ MOTIVATION TOWARDS USING SELF MANAGEMENT SUPPORT PRACTICES WHEN WORKING WITH PATIENTS WITH LONG TERM CONDITIONS
Wallace L, Kosmala-Anderson J, Turner A
OS24-E
11:42 am - 12:00 pm
APPLIED BEHAVIORAL MEDICINE IN PRIMARY CARE: AN INTERPROFESSIONAL COURSE FOR ADVANCED UNDERGRADUATE STUDENTS OF MEDICINE, CLINICAL PSYCHOLOGY AND PHYSIOTHERAPY
Berman A, Biguet G
OS25
Cabin John/Arlington, Constitution Level (3B)
Child and Adolescent Health
Moderator: Bruce Alpert
OS25-A
10:30 am - 10:48 am
THE EFFECTS OF PARENTING BEHAVIOR ON MENTAL HEALTH OF DISADVANTAGED CHILDREN AND ADOLESCENTS
Yang L
OS25-B
10:48 am - 11:06 am
SOCIALLY DISADVANTAGED PARENTS OF CHILDREN TREATED WITH ALLOGENEIC HAEMATOPOIETIC STEM CELL TRANSPLANTATION (HSCT) IN A WELFARE BASED SOCIETY
Larsen H, Heilmann C, Johansen C, Adamsen L
OS25-C
11:06 am - 11:24 am
ASSOCIATIONS BETWEEN PARENTING PRACTICES, PARENTAL CARE AND HEALTH BEHAVIOURS OF FINNISH CHILDREN AGED 10-11
Ray C, Kalland M, Roos E
OS25-D
11:24 am - 11:42 am
MATERNAL DEPRESSION AND DISRUPTIVE BEHAVIOR: GENDER DIFFERENCES IN EARLY CHILDHOOD
Coope C, Kelly Y, McMunn A, Karlsen S
OS25-E
11:42 am - 12:00 pm
MATERNAL EMPLOYMENT AND CHILD SOCIO-EMOTIONAL BEHAVIOR: LONGITUDINAL EVIDENCE FROM THE UNITED KINGDOM
Cable N, Kelly Y, McMunn A, Bartley M
OS26
Independence BCDE, Independence Level (5B)
**Risk Factors and Psychosocial Interventions in Cardiovascular Disease**
*Moderator: Jim Blumenthal*

**OS26-A**
10:30 am - 10:48 am
**LONG WORK HOURS AND PHYSICAL FITNESS - 30-YEAR RISK OF ISCHEMIC HEART DISEASE AND ALL-CAUSE MORTALITY**
*Mortensen O, Holtermann A, Burr H, Soegaard K, Gyntelberg F, Suadicani P*

**OS26-B**
10:48 am - 11:06 am
**THE EFFECT OF COGNITIVE-BEHAVIOR GROUP INTERVENTION ON BLOOD COAGULATION FUNCTION OF CORONARY HEART DISEASE PATIENTS: A CONTROLLED STUDY**
*Weng C, Lin T, Chiang H, Hsu C, Chen K, Chen C, Hseueh S, Lin C*

**OS26-C**
11:06 am - 11:24 am
**QIGONG FOR HYPERTENSION: A SYSTEMATIC REVIEW**
*Lee M, Choi T, Choi S, Ernst E*

**OS26-D**
11:24 am - 11:42 am
**EFFECTIVENESS OF A DEPRESSION MANAGEMENT AND SECONDARY PREVENTION PROGRAM ON FUNCTIONING AND EMPLOYMENT OUTCOMES OF PATIENTS FOLLOWING MYOCARDIAL INFARCTION: THE MOOD-CARE TRIAL**
*O’Neil A, Sanderson K, Chan B, Oldenburg B*

**OS26-E**
11:42 am - 12:00 pm
**QUALITY OF LIFE CHANGES ASSOCIATED WITH PARTICIPATION IN A CARDIAC REHABILITATION PROGRAM: A LONGITUDINAL STUDY OF COLOMBIAN PATIENTS WITH CONGESTIVE HEART FAILURE**
*Rogers H, Navas C, Ortiz S, Aguilera C, Lugo L*

OS27
Farragut/LaFayette, Independence Level (5B)
**Diabetes Self-Management**
*Moderator: Alan Delamater*

**OS27-A**
10:30 am - 10:48 am
**IMPLEMENTATION TRIAL OF AN AUTOMATED TELEPHONE SYSTEM TARGETING DIABETES SELF-MANAGEMENT**
*Bird D, Oldenburg B, Cassimatis M, Russell A, Friedman R*

**OS27-B**
10:48 am - 11:06 am
**TRAINING PEERS TO PROVIDE SUSTAINED DIABETES SELF-MANAGEMENT SUPPORT (DSMS): A PILOT STUDY**
*Tang T, Funnell M, Gillard M, Nwankwo R*

**OS27-C**
11:06 am - 11:24 am
**IN PURSUIT OF CONTROL AND HAPPINESS: THE PSYCHOLOGICAL WAY TO A LOWER BODY MASS INDEX, BUT HOLD THE DIETING!**
*Chater A, Cook E*

**OS27-E**
11:24 am - 11:42 am
**CULTURAL CONSIDERATIONS IN TRANSLATING “DIABETES CARE IN AMERICAN SAMOA”**
*Rosen R, DePue J, Bereolos N, Goldstein M, Tuitele J, McGarvey S*
### Scientific Program

**Paper Sessions · Friday, 6 August, 2010 · 10:30 AM – 12:00 PM**

**OS28**
Franklin/McPherson, Independence Level (5B)

**Risk Factors and Interventions in Social Behavior**
*Moderator: Birgit Kroener-Herwig*

**OS28-A**
10:30 am - 10:48 am

DEVELOPMENTAL TRAJECTORIES OF CIGARETTE USE AND ASSOCIATIONS WITH MULTI-LAYERED RISK FACTORS IN CHINESE EARLY ADOLESCENTS

**Xie B**

**OS28-B**
10:48 am - 11:06 am

PROSPECTIVE PREDICTORS OF QUITTING BEHAVIORS AMONG ADULT SMOKERS IN CHINA

**Li L, Yong H, Feng G, Jiang Y, Fong G, Borland R**

**OS28-C**
11:06 am - 11:24 am

BELIEVING TO RECEIVE NICOTINE ACCELERATES REACTION TIME IN MALE SMOKERS BUT NOT IN NON-SMOKERS IRRESPECTIVE OF GENDER

**Enck P, Horing B, Stuermer J, Oetama N, Weimer K, Klosterhalfen S**

**OS28-D**
11:24 am - 11:42 am

GENDER INTERACTION EFFECTS ON BEHAVIORAL INTENTIONS TO QUIT SMOKING AMONG KOREAN AMERICAN SMOKERS

**Kim S, Kim S, Dolan S**

**OS28-E**
11:42 am - 12:00 pm

EVALUATION OF A COGNITIVE SMOKING CESSION INTERVENTION DESIGNED TO COMMUNICATE THE NEGATIVE REINFORCEMENT EXPLANATION FOR SMOKING: A CLUSTER-RANDOMISED CONTROLLED TRIAL

**McDermott M, Hankins M, Hajek P, Marteau T**

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**OS29**
Latrobe, Constitution Level (3B)

**Health Behaviors and Risk Reduction Systems**
*Moderator: Teresa McIntyre*

**OS29-A**
10:30 am - 10:48 am

INCREASING RATES OF ORGAN DONATION - THE ROLE OF THE “ICK FACTOR” AND ANTICIPATED REGRET

**O’Carroll R, Foster C, McGeechan G, Sandford K**

**OS29-B**
10:48 am - 11:06 am

KNOWLEDGE, ATTITUDES, PRACTICES AND BEHAVIORS REGARDING DECEASED ORGAN DONATION AND TRANSPLANTATION IN MALAYSIA’S MULTI-ETHNIC SOCIETY

**Wong L**

**OS29-C**
11:06 am - 11:24 am

THE ACCEPTABILITY OF PERSONAL FINANCIAL INCENTIVES(PFI) FOR REDUCING ANTENATAL SMOKING

**Lynagh M, Symonds I, Sanson-Fisher R, Bonevski B**

**OS29-D**
11:24 am - 11:42 am

COMMUNITY-BASED PARTICIPATION RESEARCH ON THAI PEOPLE WITH TYPE 2 DIABETES: PRELIMINARY KEYS TO MOBILIZE AND CHANGE BEHAVIORS


**OS29-E**
11:42 am - 12:00 pm

MODEL DEVELOPMENT ON RISK COMMUNICATION FOR PREVENTING AND CONTROLLING DIABETES MELLITUS

**Sumpowthong K**
The Translation of Behavioural HIV Prevention Research into Policy and Practice

Geoffrey Setswe, DrPH, MPH
Professor of Public Health, Monash University, Australia
Head of the School of Health Sciences, Monash South Africa Campus, Johannesburg

This presentation examines the relationship between behavioural HIV prevention research, policy development and implementation. The presentation starts by exploring whether we are getting the evidence from systematic reviews of behavioural interventions for reducing the risk of HIV and AIDS. It also explores whether research-findings are adequately translated into prevention policies and whether behavioural HIV research findings are being made available to the research subjects and communities and whether research is being conducted in their interests or other interests.

With reference to some of the HIV prevention policies adopted by the Southern African Development Community (SADC) either at regional level, or by member states, the presentation is asking whether these policies are ‘evidence based’ (i.e. rooted in research), or not. The presentation looks at barriers to implementation of HIV/AIDS programmes and examines ways of bridging the gap between research, policy and implementation.

Finally, this presentation examines whether there is sufficient coordination and dissemination of the research that is being initiated by different academic or research bodies within countries and within regions. It looks at whether there is a balance between academic freedom and the need – in the context of a devastating HIV/AIDS epidemic - to ensure that resources are not wasted via duplication or on research which cannot be translated into HIV prevention policies or programs.

Moderator: Brian Oldenburg, BScPsych, MPsyCh, PhD, Monash University
Scientific Program

Midday Discussions • Friday, 6 August, 2010 • 1:15 PM – 2:15 PM

Research Funding Opportunities from the National Institute of Mental Health (NIMH)
Independence BCDE, Independence Level (5B)
1:15 PM - 2:15 PM
Peter Muehrer, PhD, Chief, Mood and Sleep Disorders Research
Peter Muehrer, PhD, will host an informal question-and-answer session on funding opportunities and priorities for behavioral medicine-related research at the National Institute of Mental Health. The session will focus primarily on questions raised by attendees, after brief opening remarks by Dr. Muehrer. The brief opening remarks will also address how to obtain pre-application technical assistance from NIMH staff, various grant mechanisms to support investigators across the career continuum, the peer review process, and how funding decisions are made. The target audience is investigators across the career continuum interested in studying the etiology, prevention, or treatment of psychopathology in people with other physical disorders (e.g., psychopathology in people with heart disease, cancer, diabetes, etc.).

Patient-Reported Outcomes Measurement Information System (PROMIS): Using New Theory and Technology to Improve the Assessment of Health-Related Quality of Life in Clinical Research
Farragut/LaFayette, Independence Level (5B)
1:15 PM – 2:15 PM
Susan Czajkowski, PhD & William Riley, PhD; National Heart, Lung & Blood Institute
The Patient-Reported Outcomes Measurement Information System (PROMIS) is an NIH initiative designed to improve assessment of self-reported symptoms and other health-related quality of life domains (i.e., pain, fatigue, emotional distress, physical function, and social well-being) across many chronic diseases. In this session, we will discuss the background and rationale for PROMIS, describe currently available PROMIS assessment tools and demonstrate how these measures can be used to improve the measurement of patient-reported outcomes (PROs) across a variety of chronic diseases.

Translational Behavioral Medicine (TBM): Practice, Policy, Research
Penn Quarter AB, Lagoon Level (1B)
1:15 PM - 2:15 PM
Bonnie Spring, PhD, ABPP, Editor-in-Chief, Translational Behavioral Medicine (TBM): Practice, Policy, Research
Hear about publication opportunities in the new Society of Behavioral Medicine journal, TBM. Editor-in-Chief Bonnie Spring discusses her vision for the new journal and the unique niche TBM occupies in the translational dialogue between behavioral researchers, clinicians, and policymakers. She will describe the various types of articles she is looking to publish, how to submit, and tips for getting an editor’s attention.
Target audience: Behavioral researchers, clinicians, policymakers

ISBM International Collaborative Studies Committee (ICSC)
Conference Theatre, Lagoon Level (1B)
1:15 PM - 2:15 PM
Arja R Aro, Chair, ISBM ICSC
This session provides a forum to exchange ideas and interests in collaborative studies worldwide. It is possible to bring in new suggestions for projects; look for research partners; and also share experiences from previous studies. Further, the organizer, ISBM ICSC, is interested in learning about potential needs for international research training, facilitation and other support functions, which ISBM ICSC could provide. All those interested are welcome!
Scientific Program

Sympoisia Sessions · Friday, 6 August, 2010 · 2:30 PM – 4:00 PM

SS20
Independence BCDE, Independence Level (5B)
**Evaluation of HIV Preventive Interventions with Adolescents**
*Moderator: Jose Espada*

**EVALUATION OF HIV PREVENTIVE INTERVENTIONS WITH ADOLESCENTS**
Espada J

**INTERVENTIONS TO REDUCE SEXUAL RISK FOR HIV IN ADOLESCENTS: A META-ANALYSIS**
Johnson B, Scott-Sheldon L, Huedo-Medina T, Carey M

**SKILLS-BASED HEALTH EDUCATION TO PREVENT MULTIPLE RISK BEHAVIORS: FOCUS ON SUBSTANCE USE AND HIV RISK BEHAVIORS**
Griffin K

**LONG-TERM EVALUATION OF TWO MODALITIES OF A PROGRAM FOR HIV PREVENTION WITH ADOLESCENTS: PEERS AND EXPERTS**
Espada J, Remor E, Lloret D, Secades R, Ballester R

**EFFECTS OF A BEHAVIORAL INTERVENTION ON HIV RISK AMONG ADOLESCENTS WITH DIVORCED PARENTS**
Orgiles M, Johnson B, Huedo-Medina T

SS21
Wilson/Roosevelt, Constitution Level (3B)
**Levels of Intervention in the Workplace**
*Moderator: Jac van der Klink*

**LEVELS OF INTERVENTION IN THE WORKPLACE**
van der Klink J

**WORKPLACE INTERVENTION: A POSSIBLE MECHANISM THROUGH INCREASED JOB CONTROL**
Tsutsumi A

**EFFECTS OF SUPERVISOR TRAINING ON WORKER MENTAL HEALTH AND WORK PERFORMANCE: A META ANALYSIS**
Kawakami N

**LEVELS OF CONTROL IN THE WORKPLACE**
van der Klink J, Roelen C, Brouwer S, Büttmann U

**RESTORING WORK CAPACITY AFTER SICKNESS LEAVE DUE TO PSYCHOLOGICAL COMPLAINTS: PERSPECTIVES FROM INDIVIDUAL FOCUSED INTERVENTIONS**
Blonk R

SS22
Bullfinch/Renwick, Constitution Level (3B)
**How Different or Similar are Ethnic/Racial Disparities in Child Development Across the US and UK?**
*Moderator: Yvonne Kelly*

**HOW DIFFERENT OR SIMILAR ARE ETHNIC/RACIAL DISPARITIES IN CHILD DEVELOPMENT ACROSS THE US AND UK?**
Kelly Y, Sacker A, Davis-Kean P, Simonton S, Nazroo J, Becares L, Worzalla S

**BETTER OR WORSE? ETHNIC DIFFERENCES IN GROWTH IN EARLY CHILDHOOD**
Sacker A, Kelly Y

**IS EXPERIENCE OF RACISM RELATED TO EARLY CHILD DEVELOPMENT IN THE UK?**
Kelly Y, Becares L, Nazroo J

**DOES UNINTENDED PREGNANCY EXPLAIN RACIAL/ETHNIC DISPARITIES IN THE INITIATION OF BREASTFEEDING IN THE US?**
Simonton S, Davis-Kean P

**PREDICTORS OF MOTOR SKILLS IN INFANTS: DOES EARLY EXPERIENCE MATTER?**
Davis-Kean P, Warzalla S
Scientific Program

Paper Sessions • Friday, 6 August, 2010 • 2:30 PM – 4:00 PM

OS30
Farragut/LaFayette, Independence Level (5B)
Socioeconomic and Environmental Factors in Physical Activity
Moderator: Angela Maia
OS30-A
2:30 pm - 2:48 pm
NEIGHBORHOOD DESIGN, PHYSICAL FUNCTION, AND HEALTHFUL LIFESTYLES IN OLDER ADULTS: RESULTS FROM THE SENIORS NEIGHBORHOOD QUALITY OF LIFE STUDY
King A, Sallis J, Frank L, Saelens B, Ahn D, Conway T, Cain K
OS30-B
2:48 pm - 3:06 pm
THE INFLUENCE OF URBAN FORM AND PERCEPTION ON YOUTH TRAVEL TO SCHOOL
Frank L, Greenwald M, Chapman J, Kavage S
OS30-C
3:06 pm - 3:24 pm
APPLYING URBAN FORM, PHYSICAL ACTIVITY AND ACTIVE TRANSPORTATION ANALYSIS TO A PLANNING TOOL
Frank L, Bradley M, Kavage S, Chapman J, Sallis J, Saelens B, Garry G
OS30-D
3:24 pm - 3:42 pm
EXPLORING THE FACTORS ASSOCIATED WITH MODERATE-INTENSITY PHYSICAL ACTIVITY - A PRELIMINARY REPORT FOR COMMUNITY-DWELLING JAPANESE ELDERLY PEOPLE - Maeba K, Takenaka K

OS31
Franklin/McPherson, Independence Level (5B)
Culture and Health
Moderator: Ulrike Ehler
OS31-A
2:30 pm - 2:48 pm
UNDERSTANDING GLOBALIZATION & ITS IMPACT ON HEALTH
OS31-B
2:48 pm - 3:06 pm
ROLE OF BUDDHIST PRACTICES ON EMOTIONAL DISTRESS IN STROKE SURVIVORS
Sowattanangoon N, Hiengkaew V, Vongsirinavarat M, Chompikul J
OS31-C
3:06 pm - 3:24 pm
THE INFLUENCE OF MOTHERS-IN-LAW IN ANTENATAL CARE DECISION-MAKING IN NEPAL: A QUALITATIVE STUDY
Simkhada B, Porter M, van Teijlingen E
OS31-D
3:24 pm - 3:42 pm
ANTIBIOTIC USE, RESISTANCE DEVELOPMENT AND ENVIRONMENTAL FACTORS: A QUALITATIVE STUDY AMONG HEALTHCARE PROFESSIONALS IN ORISSA, INDIA
Sahoo K, Tamhankar A, Johansson E, Stålsby Lundborg C
OS31-E
3:42 pm - 4:00 pm
THE PORTUGUESE VERSION OF COPENHAGEN PSYCHOSOCIAL QUESTIONNAIRE
Scientific Program

Paper Sessions · Friday, 6 August, 2010 · 2:30 PM – 4:00 PM

**OS32**
Conference Theatre, Lagoon Level (1B)
**Living with Cardiovascular Disease**
*Moderator: Maria Kopp*

**OS32-A**
2:30 pm - 2:48 pm
**Trait Anger Interacts with Both Positive and Negative Emotions in Relation to Ambulatory Blood Pressure and Heart Rate**
*Bishop G, Ngau F, Tai E, Lee J*

**OS32-B**
2:48 pm - 3:06 pm
**Multiple Rewarding Social Roles Limit the Progression of Coronary Calcium in Midlife Women**
*Janssen I, Powell L, Hollenberg S, Matthews K, Sutton-Tyrrell K, Cursio J, Everson-Rose S*

**OS32-C**
3:06 pm - 3:24 pm
**Quality of Life Differences in Colombian Coronary Heart Disease Patients and Controls: A Longitudinal Follow-up**
*Lemos Hoyos M, Arango J, Rogers H*

**OS32-D**
3:24 pm - 3:42 pm
**Cognitive Representations of Heart Failure and Their Associations with Treatment Adherence**
*Jago L, Cameron L*

**OS32-E**
3:42 pm - 4:00 pm
**The Role of Executive Function on Adherence in Patients with Heart Failure**
*Kohlmann S, Brenner S, Hamann B, Rief W, Stoerk S*

**OS33**
Latrobe, Constitution Level (3B)
**Spinal Pain**
*Moderator: Francis Keefe*

**OS33-A**
2:30 pm - 2:48 pm
**Whiplash Injury and Posttraumatic Stress: A Analysis of the Impact of Compensation on Recovery Trajectories**
*Kenardy J, Sterling M*

**OS33-B**
2:48 pm - 3:06 pm
**Learning to Screen for Yellow Flags in Back Pain A Tailored Skills Training Intervention in Physiotherapy Telephone Consultations**
*Demmelmaier I, Denison E, Lindberg P, Åsenlöf P*

**OS33-D**
3:06 pm - 3:24 pm
**Justice Miscarried: Legal Sequelae of Occupational Back Injuries**
*Tait R, Chibnall J*

**OS33-E**
3:24 pm - 3:42 pm
**Quality of Life Differences in Colombians with Coronary Heart Disease, Traumatic Brain Injury, or Spinal Cord Injury**
*Lemos Hoyos M, Rogers H, Arango J, Leonor Olivera S, de los Reyes C, Perdomo J, Arango J*
Scientific Program

Paper Sessions • Friday, 6 August, 2010 • 2:30 PM – 4:00 PM

OS34
Burnham, Constitution Level (3B)
Psychosocial Factors and Health in Older Adults
Moderator: Frank Penedo

OS34-A
2:30 pm - 2:48 pm
REBELLIOUSNESS: ITS MEASUREMENT AND ROLE IN
SOCIOECONOMIC DIFFERENCES IN HEALTH IN OLDER PEOPLE
Klabbers G, Bosma H, van den Akker M, Kempen G, van Eijk J

OS34-B
2:48 pm - 3:06 pm
OBJECTIVELY ASSESSED PHYSICAL ACTIVITY AND HEALTH
AMONG ELDERLY: THE IMCA-ACTIFE STUDY
Peter R, Klenk J, Franke S, Denkinger M, Rapp K, Weinmayr G,
Nikolaus T, Study Group I

OS34-C
3:06 pm - 3:24 pm
ROLE REWARD, PREPAREDNESS, ANXIETY AND DEPRESSION
IN FAMILY CAREGIVERS WITH DIFFERENT LEVELS OF
RESOURCEFULNESS
Gonzalez E, Lippa C, Polansky M

OS34-D
3:24 pm - 3:42 pm
TRAUMATIC EXPERIENCES, POSTTRAUMATIC
SYMPTOMATOLOGY AND IT’S COMORBIDITY WITH DEPRESSION
AND SOMATISATION IN THE GERMAN ELDERLY POPULATION
Glaesmer H, Brähler E

OS35
Penn Quarter AB, Lagoon Level (1B)
Breast Cancer Survivorship
Moderator: Karen Mustian

OS35-A
2:30 pm - 2:48 pm
"WE ARE SURVIVORS TOO": AFRICAN AMERICAN YOUTHS’
EXPERIENCES OF COPING WITH PARENTAL BREAST CANCER
Kissil K, Nino A, Davey M, Tubbs C

OS35-B
2:48 pm - 3:06 pm
USE OF DIETARY OR VITAMIN SUPPLEMENTS IS A RISK FACTOR
FOR DEPRESSIVE SYMPTOMS AT 1-YEAR FOLLOW-UP AFTER
PRIMARY SURGERY FOR EARLY BREAST CANCER. RESULTS
FROM A NATIONWIDE DANISH COHORT STUDY
Pedersen C, Christensen S, Bonde Jensen A, Zachariae R

OS35-C
3:06 pm - 3:24 pm
THE M.A.P. (MIND AFFECTS THE PHYSICAL) PROJECT:
UNDERSTANDING THE PSYCHOSOCIAL NEEDS OF BREAST
CANCER SURVIVORS
Buzaglo J, Dougherty K, Golant M

OS35-E
3:24 pm - 3:42 pm
BREAST CANCER PATIENTS EVALUATING THEIR “LIFE NOW”
AS BETTER THAN THEIR “PREVIOUS LIFE” MAY EXPERIENCE
ADVERSE EFFECTS OF EXPRESSIVE WRITING INTERVENTION
Mehlsen M, Jensen-Johansen M, Christensen S, Valdimarsdottir
H, Zakowski S, Bovbjerg D, Jensen A, Zachariae R
Scientific Program

Paper Sessions • Friday, 6 August, 2010 • 2:30 PM – 4:00 PM

OS36
Cabin John/Arlington, Constitution Level (3B)

Addressing Diabetes Risks
Moderator: Ross Brownson

OS36-A
2:30 pm - 2:48 pm
TAKEAWAY FOOD CONSUMPTION AMONG AUSTRALIAN ADULTS: DO SOCIOECONOMIC GROUPS DIFFER IN THEIR TAKEAWAY FOOD CONSUMPTION BEHAVIOUR?
Miura K, Giskes K, Turrell G

OS36-B
2:48 pm - 3:06 pm
PSYCHOLOGICAL DISTRESS, GLUCOSE METABOLISM AND MORTALITY IN ADULTS WITH AND WITHOUT DIABETES
Hamer M, Stamatakis E, Kivimaki M, Kengne A, Batty D

OS36-C
3:06 pm - 3:24 pm
SCREENING FOR DEPRESSION IN DIABETES: WHAT HAPPENS NEXT?
McHale M, Kenardy J

OS36-D
3:24 pm - 3:42 pm
OBESE ADULTS ATTITUDES’ TOWARDS INDIVIDUAL AND POPULATION BASED INTERVENTIONS FOR OBESITY: A QUALITATIVE COMMUNITY STUDY
Thomas S, Lewis S, Hyde J, Castle D, Chapman A

OS36-E
3:42 pm - 4:00 pm
“IT JUST CREPT UP ON ME” UNDERSTANDING THE HEALTH AND WEIGHT EXPERIENCES OF OBESE MEN IN AUSTRALIA: A QUALITATIVE STUDY

Break • 4:00 PM – 4:30 PM

Master Lectures • Friday, 6 August, 2010 • 4:30 PM – 5:30 PM

Development of New Diagnostic Tools and Treatments for Brain Disorders
Karen D. Davis, PhD
Division of Brain, Imaging and Behaviour, Toronto Western Research Institute, University Health Network; Department of Surgery and Institute of Medical Science, University of Toronto
Location: Constitution AB, Constitution Level (3B)

Modern neuroimaging technologies, such as magnetic resonance imaging, provide unique opportunities to peer into the workings of the human brain in both health and disease. These technologies can measure the basal state of the brain as well as cerebral responses to cognitive and sensorimotor tasks. More recently, the development of structural MRI has added another dimension to our toolbox, the ability to quantify the gray and white matter of the human brain. These technological advancements provide a non-invasive approach to study brain mechanisms underlying acute and chronic pain in humans. However, the study of pain in humans has its challenge because the subjective experience of pain is a complex personal experience. Individual factors inherent in the pain experience may impact effective treatment in some chronic pain patients, especially for the so-called “functional or idiopathic pain disorders”. Therefore, our lab has combined functional and structural MRI with assessment of individual factors to explore the neurobiological mechanisms underlying pain. In doing so, we are exploring the balance of pre-existing (“nature”) versus disease-driven (“nurture”) contributions to abnormal brain structure and function in chronic pain patients.

This presentation will provide an overview of structural and functional MRI approaches, including “percept-related fMRI” that can extract specific cortical responses related to specific perceptions. The challenges in establishing criteria to be used to create pain response “norms” will also be discussed. Finally, data will be presented from a variety of chronic pain conditions and will also highlight how individual factors, such as personality and attention, and chronic pain intensity and duration can impact pain-related brain abnormalities addressing, the issue of disease-driven brain plasticity versus pre-existing vulnerabilities.

Moderator: Rona Moss-Morris, PhD, CPsychol, University of Southampton (United Kingdom)
Social Responsibility and Health
Adolfo Martínez-Palomo MD, DSc
Coordinator of the Science Council for the Presidency
Emeritus Professor of Experimental Pathology, Center for Research and Advanced Studies
Location: Constitution CDE, Constitution Level (3B)

In October 2005, the General Conference of UNESCO adopted by acclamation the Universal Declaration on Bioethics and Human Rights. For the first time in the history of bioethics, Member States committed themselves and the international community to respect and apply the fundamental principles of bioethics set forth within a single text. In dealing with ethical issues raised by medicine, life sciences and associated technologies as applied to human beings, the Declaration, as reflected in its title, anchors the principles it endorses in the rules that govern respect for human dignity, human rights and fundamental freedoms. By enshrining bioethics in international human rights and by ensuring respect for the life of human beings, the Declaration recognizes the interrelation between ethics and human Rights in the specific field of bioethics. One article of the Declaration deals with the issue of social responsibility and health. Taking into account that the promotion of health and social development for their people is a central purpose of governments that all sectors of society share, and that the enjoyment of the highest attainable standard of health is one of the fundamental rights of every human being without distinction of race, religion, political belief, economic or social condition, progress in science and technology should advance: (a) access to quality health care and essential medicines, especially for the health of women and children, because health is essential to life itself and must be considered to be a social and human good; (b) access to adequate nutrition and water; (c) improvement of living conditions and the environment; (d) elimination of the marginalization and the exclusion of persons on the basis of any grounds; (e) reduction of poverty and illiteracy. As Past President of UNESCO’s International Bioethics Committee, I will discuss the process, the problems, and the recommendations that led to the inclusion of the issue of social responsibility and health as one of the central innovations of the Declaration.

Moderator: Graciela Rodriguez, PhD, National University of Mexico (Mexico)
Master Panel: Open Discussion Question and Answer Session · Saturday, 7 August, 2010 · 8:30 AM – 10:00 AM
Constitution AB, Constitution Level (3B)
This interactive session will provide an opportunity for all delegates to pose questions and exchange dialog with all four master panelists.

Moderator: Linda Baumann, PhD, RN, University of Wisconsin-Madison (United States)

Symposia Sessions · Saturday, 7 August, 2010 · 8:30 AM – 10:00 AM

SS23
Conference Theatre, Lagoon Level (1B)
Peer Support Across Cultural, National and Organizational Settings: Common Functions and Setting-Specific Features
Moderator: Edwin Fisher
PEER SUPPORT ACROSS CULTURAL, NATIONAL AND ORGANIZATIONAL SETTINGS: COMMON FUNCTIONS AND SETTING-SPECIFIC FEATURES
Fisher E, Boothroyd R
JADE AND PEARL IN HONG KONG: THE INTEGRATION OF PEER SUPPORT, TELEHEALTH, AND PRIMARY CARE IN DIABETES MANAGEMENT
THE AUSTRALASIAN PEERS FOR PROGRESS DIABETES PROGRAM: IMPORTANT FEATURES AND POTENTIAL FOR TRANSFER TO OTHER COUNTRIES
PEER SUPPORT FOR ADULTS WITH DIABETES IN RURAL UGANDA: CHAMPIONS AND PARTNERS
Baumann L, Nakwagala F, Nambuya A
GENERALIZABLE FUNCTIONS OF PEER SUPPORT AND LOCAL TAILORING OF PEER SUPPORT INTERVENTIONS: EXAMPLES FROM PEERS FOR PROGRESS
Boothroyd R, Fisher E

SS24
Independence BCDE, Independence Level (5B)
Insomnia Across the Life Span
Moderator: Borge Sivertsen
INSOMNIA ACROSS THE LIFE-SPAN
Hysing M, Salo P, Mykletun A, Sivertsen B
SLEEP AND EMOTIONAL PROBLEMS IN CHILDREN WITH A CHRONIC ILLNESS
Hysing M
INSOMNIA AS A PREDICTOR OF DEPRESSION
DEPRESSION, ANXIETY AND INSOMNIA AS PREDICTORS OF MORTALITY. THE HUNT STUDY
Mykletun A
SLEEP AND SLEEP DISORDERS IN OLDER USERS OF SLEEP MEDICATION
Sivertsen B
SS25
Farragut/LaFayette, Independence Level (5B)
Comparative Effectiveness Research in Cardiovascular Behaviorl Medicine
Moderator: Kenneth Freedland
COMPARATIVE EFFECTIVENESS RESEARCH IN CARDIOVASCULAR BEHAVIORAL MEDICINE
Stoney C, Davidson K
COMPARATIVE EFFECTIVENESS OF DIET AND ACTIVITY INTERVENTIONS
Spring B, Hedeker D, Siddique J, McFadden H, Moller A, Schneider K
EXERCISE AND PHARMACOTHERAPY IN DEPRESSION
Blumenthal J
BEHAVIOUR CHANGE PLUS PEDOMETER IN INCREASING PHYSICAL ACTIVITY IN SEDENTARY OLDER WOMEN

SS26
Bullfinch/Renwick, Constitution Level (3B)
Lessons Learned from Behavioral Medicine Research that can be Applied to Research in Integrative Medicine, such as Qigong and Tai Chi
Moderator: Anna Rusiewicz
LESSONS LEARNED FROM BEHAVIORAL MEDICINE RESEARCH THAT CAN BE APPLIED TO RESEARCH IN INTEGRATIVE MEDICINE: SUCH AS QIGONG AND TAI CHI
Rusiewicz A, Sun G, Redwine L, Motivala S, Lee M
TAI CHI TRAINING ON SOMATIC SYMPTOMS AND PHYSICAL FUNCTION IN OLDER HEART FAILURE PATIENTS
Redwine L, Mills P
TAI CHI AS A STRATEGY TO ENHANCE MENTAL HEALTH: IMPROVING SLEEP AND REDUCING STRESS IN OLDER ADULTS
Motivala S, Olmstead R, Tomiyama A, Joseph N, Soleymani S, Yusuf F, Ji E, Irwin M
QIGONG AS A COMPLEMENTARY THERAPY TO REDUCE STRESS AND IMPROVE GLUCOSE CONTROL IN ADULTS WITH TYPE 2 DIABETES
QIGONG FOR HYPERTENSION: A SYSTEMATIC REVIEW
Lee M, Choi T, Choi S, Ernst E
Scientific Program

Paper Sessions • Saturday, 7 August, 2010 • 8:30 AM – 10:00 AM

OS37  
Cabin John/Arlington, Constitution Level (3B)  
Environmental Factors in Child and Adolescent Health  
Moderator: Annette LaGreca

OS37-A  
8:30 am - 8:48 am  
PROJECT L.E.A.N.: AN AFTER-SCHOOL HEALTH EDUCATION AND PHYSICAL ACTIVITY PROGRAM FOR ELEMENTARY SCHOOL CHILDREN IN EL PASO, TEXAS  
de Heer H, Morera O, Pederson R

OS37-B  
8:48 am - 9:06 am  
DO PSYCHOSOCIAL FACTORS MEDIATE THE ASSOCIATION BETWEEN MEDICINE USE AND ADOLESCENTS’ MIGRANT BACKGROUND?  
Cantarero-Arévalo L, Holstein B, Andersen A, Hansen E

OS37-C  
9:06 am - 9:24 am  
ECONOMIC VULNERABILITY AND ADOLESCENT HEALTH - FRAGILE FAMILY FINANCES AND HEALTH FUNCTIONING AMONG SWEDISH ADOLESCENTS  
Folkesson L, Lindfors P, Östberg V

OS37-D  
9:24 am - 9:42 am  
THE ROLE OF PAID MATERNAL EMPLOYMENT IN CHILDHOOD ON ADOLESCENT HEALTH IN BHPS STUDY  
Pikhartova J, Kelly Y, Chandola T, Britton A, McMunn A

OS37-E  
9:42 am - 10:00 am  
WEIGHT CONTROL BEHAVIORS AND ATTITUDES IN ADOLESCENTS IN TREATMENT FOR OBESITY VERSUS A COMMUNITY SAMPLE  
Mackey E, Fletcher A, Streisand R

OS38  
Franklin/McPherson, Independence Level (5B)  
Cancer Screening  
Moderator: Sanghamitra Pati

OS38-A  
8:30 am - 8:48 am  
FACTORS RELATED TO APPRAISAL AND DIAGNOSTIC DELAY: A QUALITATIVE STUDY OF COLORECTAL CANCER PATIENTS  
Rogers H, Siminoff L

OS38-B  
8:48 am - 9:06 am  
DEMOGRAPHIC AND BEHAVIOURAL DIFFERENCES BETWEEN THE LATER STAGES OF READINESS TO SCREEN FOR BOWEL CANCER: IMPLICATIONS FOR RESCREENING INTERVENTIONS  

OS38-C  
9:06 am - 9:24 am  
MEASURING THE CONTINUUM OF RESISTANCE TO PARTICIPATION IN COLORECTAL CANCER SCREENING: IMPLICATIONS FOR THE DESIGN OF INVITATION AND REMINDER LETTERS  

OS38-D  
9:24 am - 9:42 am  
AN INTERNET-BASED PERSONALISED DECISION SUPPORT SYSTEM FOR COLORECTAL CANCER SCREENING: ITS IMPACT ON ATTITUDES AND KNOWLEDGE, AND ITS PERCEIVED USABILITY AND ACCEPTABILITY  

OS38-E  
9:42 am - 10:00 am  
PERCEIVED RISK OF BREAST CANCER, BELIEFS ABOUT MAMMOGRAPHY, AND PSYCHOLOGICAL DISTRESS IN BREAST CANCER SURVIVORS AND HEALTHY WOMEN AT THE TIME OF MAMMOGRAPHY  
Scientific Program

Paper Sessions · Saturday, 7 August, 2010 · 8:30 AM – 10:00 AM

OS39
Latrobe, Constitution Level (3B)
**Health Systems, Policy and Economics**
*Moderator: Gareth Hollands*

OS39-A
8:30 am - 8:48 am
TOWARDS A CONCEPT OF UNIVERSAL HEALTH COVERAGE
*Bump J*

OS39-B
8:48 am - 9:06 am
CONSIDERATIONS MADE BY GENERAL PRACTITIONERS WHEN DEALING WITH SICK-LISTING OF PATIENTS SUFFERING FROM MEDICALLY UNEXPLAINED CONDITIONS
*Magnussen L, Werner E, Mæland S, Nilsen S*

OS39-C
9:06 am - 9:24 am
GUATEMALA: THE ECONOMIC BURDEN OF ILLNESS AND HEALTH SYSTEM IMPLICATIONS
*Bowser D, Mahal A*

OS39-D
9:24 am - 9:42 am
CONTRACTING HEALTH WORKERS TO STRENGTHEN HEALTH SYSTEMS PERFORMANCE IN MEXICO. THE CASE OF POPULAR HEALTH INSURANCE
*Nigenda G, Aguilar E, Ruiz J, Bejarano R*

OS39-E
9:42 am - 10:00 am
APPLICATION OF IMPOSSIBILITY THEOREM: PARETO VERSUS LIBERTY PRINCIPLES IN CONDITIONAL FOREIGN AID
*Su Y*

OS40
Penn Quarter AB, Lagoon Level (1B)
**Physiological Correlates of Stress and Depression in Healthy Women**
*Moderator: Ulf Lundberg*

OS40-A
8:30 am - 8:48 am
POLYMORPHISMS IN FATTY ACID METABOLISM-RELATED GENES ARE ASSOCIATED WITH DEPRESSIVE SYMPTOMS

OS40-B
8:48 am - 9:06 am
METAANALYSIS OF THE EFFECT OF DEPRESSION ON IN-VITRO FERTILIZATION (IVF) TREATMENT OUTCOME
*Ebbesen S, Zachariae R, Frederiksen Y*

OS40-C
9:06 am - 9:24 am
NEURAL-IMMUNE CORRELATES OF STRESS DURING PREGNANCY
*Coussons-Read M, Kreither M, Lobel M, Cage C*

OS40-D
9:24 am - 9:42 am
INFLUENCE OF MATERNAL PSYCHOSOCIAL STATUS, DIETARY QUALITY AND PLACENTAL DEVELOPMENT IN THE 1ST TRIMESTER OF PREGNANCY
*Fowles E*

OS40-E
9:42 am - 10:00 am
RACIAL DIFFERENCES IN THE RELATION OF MULTIPLE ROLES TO PROGRESSION OF CAC IN MIDLIFE WOMEN
*Janssen I, Powell L, Matthews K, Sutton-Tyrrell K, Hollenberg S, Cursio J, Everson-Rose S*
Scientific Program

Paper Sessions · Saturday, 7 August, 2010 · 8:30 AM – 10:00 AM

**OS41**
Wilson/Roosevelt, Constitution Level (3B)

**Alcohol and Health**
*Moderator: Tellervo Korhonen*

- **OS41-A**
  8:30 am - 8:48 am
  DEMOGRAPHIC AND TRANSTHEORETICAL MODEL VARIABLES PREDICT FUTURE ALCOHOL DRINKING BEHAVIORS
  *Ward R, Coppola A, Ward J*

- **OS41-B**
  8:48 am - 9:06 am
  ALCOHOL USE AS A MEDIATOR OF FORCED SEXUAL INTERCOURSE AND SUICIDALITY IN ADOLESCENT GIRLS
  *Le Y, Behnken M, Temple J*

- **OS41-C**
  9:06 am - 9:24 am
  DRINKING PATTERNS OF WINNERS AND LOOSERS OF ECONOMIC TRANSFORMATION: THE CZECH HAPIEE STUDY
  *Pikhart H, Bobak M, Kubicova R, Dragano N*

- **OS41-D**
  9:24 am - 9:42 am
  FACTORS INFLUENCING ALCOHOL USE AND BINGE DRINKING AMONG SCHOOL STUDENTS IN BANGKOK, THAILAND: RESULTS OF A MULTILEVEL ANALYSIS
  *Wongsawass S, Jayasuriya R, Man N, Rooke S, Jayasinghe U*

- **OS41-E**
  9:42 am - 10:00 am
  THE EFFECTS OF THE YEAR 2004 REDUCTION IN THE PRICE OF ALCOHOL ON ALCOHOL-RELATED HARM IN FINLAND - A NATURAL EXPERIMENT BASED ON REGISTER DATA
  *Herttua K*

**OS42**
Burnham, Constitution Level (3B)

**Pain, Musculoskeletal and Somatoform Disorders**
*Moderator: Keqin Wang*

- **OS42-A**
  8:30 am - 8:48 am
  EXERCISE ADHERENCE IMPROVES LONG-TERM PATIENT OUTCOME IN PATIENTS WITH OSTEOARTHRITIS OF THE HIP AND/OR KNEE
  *Pisters M, Veenhof C, Schellevis F, Twisk J, Dekker J, de Bakker D*

- **OS42-B**
  8:48 am - 9:06 am
  PHYSICAL ACTIVITY AFTER HIP RESURFACING: HOW MUCH DO PATIENTS ACTUALLY MOVE?
  *van den Akker-Scheek I, Philips R, Gerritsma C, van Raay J, Zijlstra W, Stevens M*

- **OS42-C**
  9:06 am - 9:24 am
  MANAGING CHRONIC ORO-FACIAL PAIN: A QUALITATIVE STUDY OF THE EXPERIENCES OF PATIENTS, DOCTORS AND DENTISTS
  *Peters S, Aggarwal V, Goldthorpe J, McElroy C, Elizabeth K, Durham J, Tickle M*

- **OS42-D**
  9:24 am - 9:42 am
  VITALITY AND THE COURSE OF LIMITATIONS IN ACTIVITIES IN OSTEOARTHRITIS OF THE HIP OR KNEE
  *van Dijk G, Veenhof C, van den Ende C, Lankhorst G, Dekker J*

- **OS42-E**
  9:42 am - 10:00 am
  GOALS, GOAL ATTAINMENT AND PATIENT SATISFACTION IN PSYCHOSOMATIC REHABILITATION
  *Muthny F, Richter M*

**Break** · 10:00 AM – 10:30 AM
### Evidence-Based Practice in Global Perspective
**Moderator: Bonnie Spring**

**EVIDENCE-BASED PRACTICE IN GLOBAL PERSPECTIVE**


**UNDERSTANDING AND DISSEMINATING EVIDENCE-BASED PRACTICES TO PROMOTE PHYSICAL ACTIVITY IN LATIN AMERICA**

- Brownson R, Parra D, Pratt M, Ramos L

**CONTEXTUALIZING HIV PREVENTION INTERVENTIONS**

- Setswe G

**PREVENTION OF TYPE 2 DIABETES AND ITS COMPLICATIONS: HOW TO STRENGTHEN THE GLOBAL EVIDENCE BASE FOR EFFECTIVE PREVENTION?**


### Involving and Informing Adults Making Cancer Treatment Decisions
**Moderator: Jeffrey Belkora**

**INVOLVING AND INFORMING ADULTS MAKING CANCER TREATMENT DECISIONS**

- Belkora J

**EARLY RESULTS FROM A PILOT STUDY OF DECISION NAVIGATION FOR BREAST AND PROSTATE CANCER PATIENTS IN SCOTLAND**

- Scott S, Dickinson L, Chalmers T, Wallace L, Hacking B, Belkora J

**OPEN TO OPTIONS AT CANCER SUPPORT COMMUNITY SITES IN PENNSYLVANIA, OHIO, AND CALIFORNIA**

- Miller M, Blakeney N, Coyne K, Crawford B, Stauffer M, Michaels M, Golant M, Belkora J

**DECISION SERVICES AT THE UNIVERSITY OF CALIFORNIA, SAN FRANCISCO, CA**

- Volz S, Teng A, Loth M, Belkora J

**DECISION SUPPORT AT THE CANCER RESOURCE CENTERS OF MENDOCINO COUNTY, CA**

- O'Donnell S, Franklin L, Belkora J

### Psychological Factors and Somatic Symptoms
**Moderator: Shinobu Nomura**

**NEURAL CORRELATES OF FEAR AVOIDANCE IN CHRONIC LOW BACK PAIN: AN FMRI STUDY**

- Barke A, Baudewig J, Dechent P, Kröner-Herwig B

**SEX AND GENDER ROLE AS MODERATORS OF RESPONSES TO MECHANICAL PAIN STIMULI**

- Kröner-Herwig B, Tromsdorf M, Zahrend E

**PREVALENCE AND PSYCHOLOGICAL FACTORS ASSOCIATED WITH MEDICALLY UNEXPLAINED SOMATIC SYMPTOMS IN PRIMARY HEALTH CARE**

- Hiller W, Körber S, Frieser D

**THE EFFECT OF STRESS ON CHRONIC FATIGUE SYMPTOMS**

- Nater U, Gurbaxani B, Heim C, Reeves W
Scientific Program

Paper Sessions · Saturday, 7 August, 2010 · 10:30 AM – 12:00 PM

OS43
Cabin John/Arlington, Constitution Level (3B)
Stress and the Workplace
Moderator: Adrienne Stauder

OS43-A
10:30 am - 10:48 am
WORKLOAD, CONTROL OVER WORK, REWARDS AND STRESS
AS FACTORS AFFECTING FACULTY MEMBERS AND THEIR
INTENTION TO LEAVE THEIR JOBS
Sawchuk P, Raykov M

OS43-B
10:48 am - 11:06 am
USING ECOLOGICAL MOMENTARY ASSESSMENT TO TEST THE
ERI MODEL IN THE PREDICTION OF STRESS AND AFFECT AT
WORK IN PORTUGUESE HEALTH PROFESSIONALS
McIntyre T, McIntyre S, Johnston D

OS43-C
11:06 am - 11:24 am
WORK-FAMILY CONFLICT, COPING AND CO-WORKER SUPPORT
AS PREDICTORS OF HEALTH DISTRESS IN PORTUGUESE
NURSES
Simães C, McIntyre T, McIntyre S

OS43-D
11:24 am - 11:42 am
IMPACT OF WORK-RELATED FACTORS, LIFESTYLE, AND
WORK ABILITY ON SICKNESS ABSENCE AMONG CEMENT
CONSTRUCTION WORKERS
Prasain P, Joshi S

OS43-E
11:42 am - 12:00 pm
A PROSPECTIVE STUDY ACROSS DIFFERENT HEALTH CONDITION
SUBGROUPS: DIFFERENCES IN ASSOCIATION BETWEEN
PSYCHOSOCIAL FACTORS AND RETURN TO WORK OUTCOME
Brouwer S, Reneman M, Bültmann U, van der Klink J, Groothoff J

OS44
Burnham, Constitution Level (3B)
Gender Difference, Physical Functioning and Quality of
Life in Older Adults
Moderator: TBD

OS44-A
10:30 am - 10:48 am
GENDER DIFFERENCES IN BEREAVEMENT REACTIONS AMONG
ELDERLY PEOPLE
O’Connor M, Stroebe M

OS44-B
10:48 am - 11:06 am
SEX DIFFERENCES IN RELATIONS AMONG SUBCLINICAL
CEREBROVASCULAR DISEASE, BRAIN ATROPHY AND HEALTH
RELATED QUALITY OF LIFE IN HEALTHY OLDER ADULTS
Hosey M, Lefkowitz D, Katzel L, Siegel E, Rosenberger W, Wald-stein S

OS44-C
11:06 am - 11:24 am
RELATIONSHIP BETWEEN SELF-REPORTED FUNCTIONAL
LIMITATIONS AND PHYSICAL PERFORMANCE STATUS AMONG
AGED HOME CARE CLIENTS
Heinonen H, Uutela A, Fogelholm M, Absetz P, Valve R, Aro A

OS44-D
11:24 am - 11:42 am
SOCIOECONOMIC STATUS AND THE DEVELOPMENT OF FRAILTY.
A TEN-YEAR LONGITUDINAL STUDY OF DUTCH OLDER MEN AND
WOMEN
Huisman M, Heijmans M, Deeg D

OS44-E
11:42 am - 12:00 pm
PREDICTORS OF MILD COGNITIVE IMPAIRMENT IN ELDERS OF
DIFFERENT BACKGROUND ATTENDING AN EYE CLINIC
Heyn P, Tang R
OS45
Penn Quarter AB, Lagoon Level (1B)
**Physical Activity in Specific Populations**
*Moderator: Abby King*

OS45-A
10:30 am - 10:48 am
ONE-YEAR EVALUATION OF A THEORY-BASED INTERVENTION TO ENHANCE PHYSICAL EXERCISE
Fuchs R, Göhner W

OS45-B
10:48 am - 11:06 am
LOW TECHNOLOGY TRAINING IN OLDER PEOPLE WITH FUNCTIONAL LIMITATIONS
Beyer N, Vestergaard M

OS45-C
11:06 am - 11:24 am
A PROSPECTIVE LONGITUDINAL STUDY EXPLORING THE RELATIONSHIP BETWEEN FUNCTIONAL STATUS AND QUALITY OF LIFE (QOL) AFTER TRAUMATIC BRAIN INJURY (TBI)
Ren D, Wagner A, Rogers E

OS45-D
11:24 am - 11:42 am
EFFECTS OF FREQUENCY OF GROUP-BASED EXERCISE AND BEHAVIORAL COUNSELING ON FUNCTIONAL FITNESS AND QOL IN FRAIL ELDERLY PERSONS
Shigematsu R, Nakanishi R, Tanaka K

OS45-E
11:42 am - 12:00 pm
MEDIATORS OF ADHERENCE AFTER A PHYSICAL ACTIVITY INTERVENTION FOR BREAST CANCER SURVIVORS

OS46
Franklin/McPherson, Independence Level (5B)
**Obesity Across the Lifespan**
*Moderator: Eileen R. Fowles*

OS46-A
10:30 am - 10:48 am
SIX-MONTH DIETARY CHANGES IN OBESE ADOLESCENTS PARTICIPATING IN A MULTIDISCIPLINARY WEIGHT MANAGEMENT PROGRAM
Bean M, Mazzeo S, Stern M, Wickham E, Evans R, Bryan D, Laver J

OS46-B
10:48 am - 11:06 am
DEPRESSION, PAIN, AND PHYSICAL ACTIVITY IN OBESE MALE VETERANS
Rosenberger P, Sellinger J

OS46-C
11:06 am - 11:24 am
PERCEIVED HEALTH CARE DISCRIMINATION IS ASSOCIATED WITH WEIGHT GAIN AMONG SEVERELY OBESE WOMEN
Hansson L, Rasmussen F

OS46-D
11:24 am - 11:42 am
ARE OBESITY MESSAGES INFLUENCING THE HEALTH BELIEFS AND BEHAVIORS OF OBESE ADULTS? AN IN-DEPTH QUALITATIVE STUDY OF 142 AUSTRALIANS

OS46-E
11:42 am - 12:00 pm
OBESITY, BARIATRIC SURGERY, PHYSICAL AND PSYCHOLOGICAL COMPLAINTS: A LONGITUDINAL STUDY
Silva S, Maia A
Scientific Program

Paper Sessions • Saturday, 7 August, 2010 • 10:30 AM – 12:00 PM

OS47
Farragut/Lafayette, Independence Level (5B)

Psychosocial Interventions in Cancer
Moderator: Stein Atle Lie

OS47-A
10:30 am - 10:48 am
EARLY CBT INTERVENTION FOR TREATMENT OF POSTTRAUMATIC STRESS AND DEPRESSION IN HEAD AND NECK CANCER PATIENTS
Kangas M, Milross C, Bryant R

OS47-B
10:48 am - 11:06 am
EFFECTS OF MINDFULNESS TRAINING ON PSYCHOLOGICAL WELL-BEING AND SYMPTOMS OF STRESS IN CANCER PATIENTS AT 6-MONTH FOLLOW-UP
Bränström R, Kvillemo P, Brandberg Y, Moskowitz J

OS47-C
11:06 am - 11:24 am
AN EXPRESSIVE WRITING INTERVENTION IMPROVED SELF-REPORTED HEALTH AMONG EARLY STAGE BREAST CANCER PATIENTS HIGH IN REPRESSIVE COPING: PRELIMINARY RESULTS OF A POPULATION-BASED, RANDOMIZED CLINICAL TRIAL

OS47-D
11:24 am - 11:42 am
CAPITALIZING ON THE TEACHABLE MOMENT: IMPROVING SELF-HELP SMOKING CESSATION INTERVENTIONS IN ONCOLOGY HOSPITAL ENVIRONMENT
Pati S

OS47-E
11:42 am - 12:00 pm
REHABILITATION OF CANCER SURVIVORS IN DENMARK – A RANDOMIZED CONTROLLED TRIAL ON THE EFFECT OF A MULTI-FOCUSED PSYCHOSOCIAL REHABILITATION COURSE

OS48
Latrobe, Constitution Level (3B)

Family and Child/Adolescent Health
Moderator: TBD

OS48-A
10:30 am - 10:48 am
LONGTERM EFFECTS OF PRENATAL STRESS ON PSYCHOBIOLOGICAL REACTIVITY TO ACUTE PSYCHOSOCIAL STRESS IN 10-YEAR OLD CHILDREN
Erni K, Emini L, Ehler U

OS48-B
10:48 am - 11:06 am
DO MUM AND DAD GET ALONG? FAMILY CONFLICT AND HEALTH AND DEVELOPMENT IN EARLY CHILDHOOD: FINDINGS FROM THE UK MILLENIUM COHORT STUDY
Kelly Y, McMunn A, Bartley M, Cable N, Sacker A, Montgomery S

OS48-C
11:06 am - 11:24 am
RISK FACTORS FOR MULTIPLE PAINS IN CHILDREN UND ADOLESCENTS
Kröner-Herwig B, Vath N, Gassmann J, van Gessel H

OS48-D
11:24 am - 11:42 am
THE IMPORTANCE OF ADOLESCENCE FOR ADULT HEALTH INEQUALITIES
Due P, Krølner R, Rasmussen M, Damsgaard M, Graham H, Holstein B
Harnessing Science for Social and Policy Change: The Diet and Obesity Example

Kelly D. Brownell, PhD  
Professor of Psychology, Epidemiology and Public Health  
Director, Rudd Center for Food Policy and Obesity, Yale University

Obesity, diabetes and other diseases related to overnutrition take a great toll on the world’s health. These problems do not yield to traditional medicine and the accompanying focus on treatment, nor do weak government attempts at education and calls for personal responsibility show any signs of success. This argues for bold government policies that change conditions that drive the world’s diet. Altering defaults in this way requires research as its basis, but research is seldom designed to help in the policy arena. A model of strategic research will be presented in which science can better link with public policy and the concept of impact moves beyond citations. The model includes input from key government officials (e.g., members of Congress, Attorneys General), identification of goals and target audiences, and a plan for making the results known among those in a position to create social change. Policy victories in the obesity/nutrition arena will be analyzed and prediction of where the field will be moving will be attempted.

Moderator: Edwin Fisher, PhD, University of North Carolina at Chapel Hill (United States)
Peers Support in Health Promotion: Information Exchange
Conference Theatre, Lagoon Level (1B)
1:15 PM – 2:15 PM
Edwin Fisher, Ph.D., Global Director, Peers for Progress

This lunch meeting will provide those interested in peer support and similar programs (e.g., support groups, community health worker programs, promotoras, etc.) the opportunity to learn of each others’ programs. Discussion among those attending will include key features and challenges of peer support programs such as recruitment and training of supporters, reaching and engaging intended audiences, range of health problems for which peer support helpful, key roles of peer support, etc. Based on Peers for Progress, a global program to promote peer support in health, health care and prevention, those attending will also receive information on current evidence regarding the benefits of peer support programs and methods in research on peer support. Discussion will include the possibility of developing a global network of individuals interested in peer support programs in conjunction with ISBM’s International Collaborative Studies Committee.
Lunch will be provided based on estimated attendance.

New Opportunities for Global NIH Funding of Behavioral Medicine Research
Independence BCDE, Independence Level (5B)
1:15 PM - 2:15 PM
Susan Czajkowski, PhD, National Heart, Lung & Blood Institute

Panel Members:
Xingzhu Liu, M.D., Ph.D., Program Officer, Fogarty International Center
Cristina Rabadan-Diehl, Ph.D., MPH, Deputy Director, Office of Global Health, National Heart, Lung & Blood Institute
Michele Bloch, M.D., Ph.D., Medical Officer, Tobacco Control Research Branch, National Cancer Institute
Susannah Allison, Ph.D., Program Officer, Division of AIDS, National Institute of Mental Health

An informative and interactive session with NIH program officials who will talk about funding opportunities for behavioral medicine researchers interested in global health. Topics include international research on behavioral risk factors for heart disease, tobacco control & cancer, prevention & treatment of HIV/AIDS, and others.

Education and Training Committee
Farragut/LaFayette, Independence Level (5B)
1:15 PM - 2:15 PM
Adrienne Stauder, PhD, President, Hungarian Society

Please join Adrienne Stauder, along with representatives from the Education and Training Committee, for an interactive session on planning and executing educational and training sessions. Participants will be able to learn from one another’s past experiences, discuss their training needs, and talk about the challenges and benefits of planning education events in their home countries.
Scientific Program

**Symposia Sessions • Saturday, 7 August, 2010 • 2:30 PM – 4:00 PM**

**SS32**
Independence BCDE, Independence Level (5B)
**Health Outcomes in Children Affected by Trauma**
*Moderator: Annette LaGreca*

HEALTH OUTCOMES IN CHILDREN AFFECTED BY TRAUMA
LaGreca A

THE IMPACT OF NATURAL DISASTERS ON CHILDREN’S PHYSICAL HEALTH

PSYCHOLOGICAL AND HEALTH CONSEQUENCES OF EXPOSURE TO WAR IN CHILDHOOD
Llabre M, Hadi F

DOES POSTTRAUMATIC STRESS PREDICT HEALTH OUTCOMES IN CHILDREN WITH TRAUMATIC BRAIN INJURY?
Kenardy J, Anderson V, Le Brocque R

**SS34**
Bullfinch/Renwick, Constitution Level (3B)
**Subjective Health Complaints, Modern Health Worries and Coping**
*Moderator: Camilla Ihlebaek*

SUBJECTIVE HEALTH COMPLAINTS, MODERN HEALTH WORRIES AND COPING
Ihlebaek C, Malterud K, Petrie K, Figueiras M, Eriksen H

THE RELATIONSHIP OF MODERN HEALTH WORRIES TO DEPRESSION AND SYMPTOM REPORTING IN THE GENERAL POPULATION
Petrie K, Baehr V, Rief W

HEALTH INTEREST, MODERN HEALTH WORRIES AND HEALTH COMPLAINTS IN THE GENERAL POPULATION
Ihlebaek C, Eriksen H

IDENTITY AND COPING IN PATIENTS WITH CHRONIC FATIGUE SYNDROME (CFS)
Malterud K, Larun L

MODERN HEALTH WORRIES AND SUBJECTIVE HEALTH COMPLAINTS IN A SENIOR POPULATION: A PILOT STUDY
Figueiras M, Jesusino J, Cruz T, Fazendeiro J
Scientific Program

Paper Sessions · Saturday, 7 August, 2010 · 2:30 PM – 4:00 PM

OS49
Cabin John/Arlington, Constitution Level (3B)
Policy and Advocacy to Improve Health
Moderator: TBD
OS49-A
2:30 pm - 2:48 pm
THE EFFECTIVENESS OF AN ADVANCED DEVELOPMENT PROGRAMME FOR CLINICIANS IN SELF MANAGEMENT FOR LONG TERM CONDITIONS IN THE UK
Wallace L, Kosmala-Anderson J, Turner A
OS49-B
2:48 pm - 3:06 pm
STRATEGIC WORK-PLACE MALE SUPPORT IN UPTAKE OF WOMEN’S BREAST CANCER SCREENING: TRANSLATION OF ADVOCACY RESEARCH INTO ORGANISATIONAL & INDIVIDUAL CHANGE
Wong Y, Wong L, Ang E, Low W
OS49-C
3:06 pm - 3:24 pm
DEMONSTRATION AND TRANSITION AT SCALE: TRANSLATING EFFECTIVE HIV PREVENTION INTO NATIONAL POLICY IN INDIA
May M, Weintraub R, Cole C
OS49-D
3:24 pm - 3:42 pm
ENFORCEMENT OF THE BAN ON SMOKING IN PUBLIC PLACES
Baron-Epel O, Satran C, Drach-Zahavy A, Hammond S

OS50
Farragut/LaFayette, Independence Level (5B)
Risk Factors in Cardiovascular and Pulmonary Disorders
Moderator: Martti Tuomisto
OS50-E
2:30 pm - 2:48 pm
STRESSFUL LIFE EVENTS AND THE RISK OF IHD. THE ROLE OF INDUCTION TIME AND ACCUMULATION?
Andersen I, Diderichsen F, Prescott E, Rod N
OS50-B
2:48 pm - 3:06 pm
IS FAMILY HISTORY’S RISK FOR CORONARY HEART DISEASE INCIDENCE MEDIATED BY PREVENTABILITY BELIEFS AND MODIFIABLE RISK FACTORS?
Korin M, Chaplin W, Ojie M, Butler M, Shaffer J, Davidson K
OS50-C
3:06 pm - 3:24 pm
SOMATIC SYMPTOMS OF DEPRESSION AND IL-6 LEVELS IN HEART FAILURE
Redwine L, Hong S, Mills P
OS50-D
3:24 pm - 3:42 pm
RISK OF MULTIPLE PSYCHOSOCIAL FACTORS ON STROKE MORTALITY IN OLDER ADULTS
OS50-A
3:42 pm - 4:00 pm
POSITIVE AND NEGATIVE PSYCHOSOCIAL CONCEPTS AS PREDICTORS OF CARDIOVASCULAR DISEASE: SENSE OF COHERENCE AND DEPRESSIVE SYMPTOMS
Haukkala A, Konttinen H, Lehto E, Laatikainen T, Lutela A
Scientific Program

Paper Sessions • Saturday, 7 August, 2010 • 2:30 PM – 4:00 PM

OS51
Franklin/McPherson, Independence Level (5B)

Cultural Variations in Diabetes
Moderator: Marc Gellman

OS51-A
2:30 pm - 2:48 pm
INCREASING PREVALENCE OF DIABETES IN NORTHERN SWEDEN, BUT THERE IS A LIGHT IN THE TUNNEL
Lindahl B, Stenlund H, Norberg M

OS51-B
2:48 pm - 3:06 pm
PERCEIVED WEIGHT AMONG DIABETES PATIENTS IN AMERICAN SAMOA

OS51-C
3:06 pm - 3:24 pm
LONGITUDINAL RELATIONSHIP OF DIABETES-RELATED SYMPTOM DISTRESS AMONG ELDERLY WITH TYPE 2 DIABETES: THE HOORN STUDY

OS51-D
3:24 pm - 3:42 pm
POTENTIAL DIETARY CONSEQUENCES OF FOOD INSECURITY AMONG AUSTRALIAN ADULTS RESIDING IN URBANISED DISADVANTAGED AREAS
Ramsey R, Giskes K

OS51-E
3:42 pm - 4:00 pm
RISK FACTORS FOR TYPE 2 DIABETES AMONG FEMALE PAKISTANI IMMIGRANTS: THE INVADIAB-DEPLAN STUDY ON PAKISTANI IMMIGRANT WOMEN LIVING IN OSLO, NORWAY
Hjellset V, Bjørge B, Eriksen H

OS52
Conference Theatre, Lagoon Level (1B)

Gender and Health
Moderator: TBD

OS52-A
2:30 pm - 2:48 pm
GENDER DIFFERENCES IN THE EFFECT OF BREAST FEEDING ON ADULT PSYCHOLOGICAL WELL-BEING
Cable N, Bartley M, McMunn A, Kelly Y

OS52-B
2:48 pm - 3:06 pm
SIDE-EFFECTS OF INTRA-UTERINE HORMONAL CONTRACEPTION: ACCEPTABILITY OF UNSCHEDULED VAGINAL BLEEDING

OS52-C
3:06 pm - 3:24 pm
A HIERARCHICAL MODEL OF PSYCHOLOGICAL WELL-BEING IN TRANSGENDER PEOPLE
Rodriguez-Molina J, Asenjo N, Rabito M

OS52-D
3:24 pm - 3:42 pm
“MODERN HEALTH WORRIES (MHW)” - DO THEY HAVE DIFFERENT MEANINGS IN WOMEN AND MEN?
Muthny F, Schulze Willbrenning B

OS52-E
3:42 pm - 4:00 pm
GENDER-RELATED PERSONALITY TRAITS, SELF-EFFICACY, AND SOCIAL SUPPORT: HOW ARE THEY ASSOCIATED WITH WEIGHT LOSS SUCCESS?
Hankonen N, Konttinen H, Abetz P
Scientific Program

Paper Sessions · Saturday, 7 August, 2010 · 2:30 PM – 4:00 PM

OS53
Burnham, Constitution Level (3B)
Primary and Secondary Prevention in HIV/AIDS
Moderator: Deborah Jones

OS53-A
2:30 pm - 2:48 pm
“IT’S NOT NASTY IF YOU GOT A CLEAN PARTNER:”
PERSPECTIVES ON SEXUAL RISK FROM RURAL AFRICAN
AMERICAN COCAINE USERS
Stewart K, Wright P, Montgomery B, Pulley L, Gullette D, Booth B

OS53-B
2:48 pm - 3:06 pm
PREDICTING CONDOM USE INTENTION AMONG CHINESE MALE
INJECTING DRUG USERS WITH EXCLUSIVE FEMALE REGULAR
SEX PARTNER

OS53-C
3:06 pm - 3:24 pm
HEALTH PROTECTIVE BEHAVIORS AMONG URBAN
ADOLESCENTS LIVING WITH HIV/AIDS
LaGrange R, Lewis M, Vyas A

OS53-E
3:24 pm - 3:42 pm
ASSESSING THE IMPACT OF THE GLOBAL FINANCIAL CRISIS ON
ART PROGRAMS: A BEHAVIORAL FEEDBACK MODEL
Baernighausen T, Bloom D, Humair S

OS54
Penn Quarter AB, Lagoon Level (1B)
Cancer Survivorship
Moderator: TBD

OS54-A
2:30 pm - 2:48 pm
SENSITIVITY AND SPECIFICITY OF THE DANISH VERSION OF THE
DISTRESS THERMOMETER
Bidstrup P, Mertz B, Deltour I, Dalton S, Rottmann N, Kroman N,
Kehlet H, Johansen C

OS54-B
2:48 pm - 3:06 pm
DEPRESSION 3 MONTH AFTER SURGERY IS AN INDEPENDENT
PREDICTOR OF TREATMENT-RELATED PAIN AT 1 YEAR FOLLOW-
UP IN A NATIONWIDE COHORT OF WOMEN TREATED FOR
PRIMARY BREAST CANCER
Christensen S, Jensen A, Moeller S, Zachariae R

OS54-C
3:06 pm - 3:24 pm
THE EFFECTS OF POSTTRAUMATIC STRESS ON
NEUROCOGNITIVE AND PSYCHOSOCIAL FUNCTIONING IN BRAIN
TUMOR SURVIVORS
Kangas M, Tate R, Williams J, Smee R

OS54-D
3:24 pm - 3:42 pm
COGNITIVE FUNCTIONING IN BREAST CANCER PATIENTS
TREATED WITH CHEMOTHERAPY AND TAMOXIFEN
Andersen C, Mehlisen M, Pedersen A, Jensen A, Zachariae R

OS54-E
3:42 pm - 4:00 pm
CREATING A SURVIVORSHIP PROGRAM—WHAT DOES IT TAKE TO
BE SUCCESSFUL?
Campbell M, Rosenstien D, Jones A, Andersen B, Syrjala K,
Baker S, Miller K, Jacobs L, McCabe M, Ganz P, Gellin M, Tes-
saro I, Manning M
Scientific Program

Paper Sessions • Saturday, 7 August, 2010 • 2:30 PM – 4:00 PM

OS55
Latrobe, Constitution Level (3B)
Youth Behavior
Moderator: TBD

OS55-B
2:30 pm - 2:48 pm
FATALISTIC BELIEFS AND CHILD RESTRAINT IN MOTOR VEHICLES AMONG ARABS IN ISRAEL
Baron-Epel O, Omri H

OS55-C
2:48 pm - 3:06 pm
PREDICTORS OF PARENTAL SUPPORT OF PHYSICAL ACTIVITY AMONG PREDOMINANTLY HISPANIC SCHOOL CHILDREN
Esperat C, Feng D, Cong Z

OS55-D
3:06 pm - 3:24 pm
YOUTH AND HOW THE COMMUNITY RESPONSES TO REPRODUCTIVE HEALTH AND SEXUALITY BEHAVIOR IN DEVELOPING COUNTRY
Joshi S, Bhandari R

OS55-E
3:24 pm - 3:42 pm
EFFICACY OF A BRIEF HIV PREVENTION INTERVENTION FOR YOUNG PEOPLE CONSULTING SEXUALLY TRANSMITTED DISEASE CLINICS IN LOMÉ, TOGO. A RANDOMIZED CONTROLLED TRIAL
Kpanake L, Patassi A, Gossou K

OS55-A
3:42 pm - 4:00 pm
CORRELATES OF SEXUAL RISK BEHAVIORS AMONG HIGH SCHOOL STUDENTS IN COLORADO: ANALYSIS AND IMPLICATIONS FOR SCHOOL-BASED HIV/AIDS PROGRAMS
Nkansah-Amankra S, Diehiou A

Break • 4:00 PM – 4:30 PM

Closing Ceremony • Saturday, 7 August, 2010 • 4:30 PM – 5:30 PM

Outgoing President’s Address
Hege R. Eriksen, PhD
Remarks and Recognition of ICBM 2010 Committees
Presentation of Awards
Introduction of Incoming President

Incoming President’s Address
Norito Kawakami, MD, DMSc
Remarks and Plans for the Future
Announcement of the 2012 Meeting Location

Introduction from 2012 Host County
Adrienne Stauder, MD, PhD
President, Hungarian Society of Behavioral Medicine
Entertainment and Reception, compliments of the 2012 host society, Immediately following Closing Ceremony
Activities and Restaurants Guide for Washington D.C.

Welcome to Washington, DC, our Nation’s Capital and a sophisticated, vibrant city in its own right. Your visit to DC offers the opportunity to sample a wide variety of experiences – culture, heritage, nationally-acclaimed theater, musical concerts, art exhibits, festivals, world-renowned shopping – in addition to touring all the monuments and museums that make DC a “Capital City.” Not only are the sightseeing options vast in number, many of them offer FREE admission. Beyond the inspiring monuments and news-making public figures, Washington DC is a city of colorful and diverse neighborhoods, filled with hip boutiques and galleries, historic homes and small museums, urban parks and spectacular gardens. Neighborhoods are ideal for walking and almost all are accessible by Metrorail or Metrobus. Starting with the area closest to the hotel, a description of each neighborhood, including some restaurants & nightspots located within it and the metro stop(s) nearest to it, is provided below:

Downtown
Museums, theatres and galleries share the streets with hot new restaurants, lounges and hotels in downtown. The neighborhood is full of must-see sights like the International Spy Museum, Newseum, Madame Tussauds, the National Museum of Women in the Arts, the new National Museum of Crime and Punishment, Ford’s Theatre and more. DC’s Chinatown is nestled in the heart of the neighborhood, marked by the brightly colored “Friendship Arch” that spans H Street. It’s also home to the Walter E. Washington Convention Center and the Verizon Center, which hosts college and professional sports action and star-studded concerts all year round.

Where
North of the National Mall between the White House and the Capitol.

Distance from the Grand Hyatt
½ mile

What's in a name?
Downtown DC has come to signify urban revitalization and the rise of new districts like Penn Quarter, a dining and entertainment hotspot named for its proximity to Pennsylvania Avenue.

Popular Activities
View a complete collection of presidential portraits at the National Portrait Gallery, and watch art preservationists at work in the Luce Conservation Center. Try your hand at espionage in Operation Spy, an interactive experience at the International Spy Museum. Catch a mid-day production or lecture at the Shakespeare Theatre Company’s Harman Center for the Arts.

Getting there
Take Metro to Gallery Pl-Chinatown, Metro Center, Archives-Navy Mem’l-Penn Quarter, or take the Circulator’s east-west or north-south route.

Explore the Neighborhood
A crossroads of culture and entertainment, Downtown has served as the backdrop of pivotal moments in the history of the city and the US. Experience a picture-postcard moment in front of the White House at Lafayette Square. Learn more about the heritage and history of downtown through Civil War to Civil Rights, a self-guided neighborhood heritage trail. The trail is divided into three loops, which you can explore together or separately.

Trail highlights include:
• A former boarding house frequented by the Lincoln conspirators
• The alley down which John Wilkes Booth fled after shooting President Lincoln
• The home and office of famed Civil War nurse and American Red Cross founder Clara Barton
• A church that was used as a hospital during the Civil War
• The city’s oldest synagogue, now a museum of Jewish history
• A Renaissance palace style office building turned building museum
• The hotel where Martin Luther King, Jr. put the finishing touches on his “I Have a Dream” speech
Activities and Restaurants Guide for Washington D.C.

Dining

Chinatown
Chinese classics make for affordable lunch or dinner fare. Join the locals in line to sample the fresh, homemade soup at Full Kee. If you’re hungry, Tony Cheng’s Mongolian barbeque is one of the best values in town.

Full Kee Restaurant
509 H Street Northwest
Washington, DC 20001
(202) 371-2233

Tony Cheng’s Restaurant
619 H Street Northwest
Washington, DC 20001
(202) 371-8669

Lafayette Square/ The White House
Classic and formal eateries form the core dining experience in this power-rich section of DC, but you can also find some great picks for quick and casual eating. Enjoy breakfast with the power-dining set at the Hay-Adams Hotel. Upscale Indian cuisine doesn’t get much better than at Bombay Club. Support local agriculture with dinner at eco-friendly Equinox. Feast on oysters with locals at the Old Ebbitt Grill. Pick up a sandwich to go at Breadline or a cup of tea or ginger limeade at Teaism. Relax over a beer and classic American favorites at BlackFinn.

The Hay-Adams Hotel
800 16th Street Northwest
Washington, DC 20006
(202) 638-6600

Bombay Club
815 Connecticut Avenue Northwest
Washington, DC 20006
(202) 659-3727

Equinox Restaurant
818 Connecticut Avenue Northwest
Washington, DC 20006
(202) 331-8118

Old Ebbitt Grill
675 15th Street Northwest
Washington, DC 20005
(202) 347-4800

Breadline
1751 Pennsylvania Avenue Northwest
Washington, DC 20006
(202) 822-8900

Teaism
800 Connecticut Avenue Northwest
Washington, DC 20006
(202) 835-2233

BlackFinn
1620 I Street Northwest
Washington, DC 20006
(202) 429-4350

Penn Quarter
Fashionable tables abound, including many of DC’s hot new restaurants. Theatre-goers and sports fans flock here after games and concerts at the Verizon Center. Downtown office workers can point the way to some of the city’s best lunch values and happy hour specials. Sample Belgian fare at Brasserie Beck and upscale Mexican at Oyamel, voted two of 2007’s best new restaurants in the country by Esquire. Snag a table at the minibar inside Café Atlantico for more than 30 bite-size creative courses. Locals love the brick-oven pizzas at Matchbox and the tapas at Jaleo.

Brasserie Beck
1101 K Street Northwest
Washington DC, DC 20005
(202) 408-1717

Oyamel Cocina Mexicana
401 7th Street Northwest
Washington, DC 20004
(202) 628-1005

Café Atlantico
405 8th Street Northwest
Washington, DC 20004
(202) 393-0812

Matchbox Restaurant
713 H Street Northwest
Washington, DC 20001
(202) 289-4441

Jaleo
480 7th Street Northwest
Washington, DC 20004
(202) 628-7949
Activities and Restaurants Guide for Washington D.C.

Capitol Hill/Capitol Riverfront

The Capitol Hill neighborhood packs powerful attractions like the Library of Congress and Supreme Court and beautiful treasures like the Folger Shakespeare Library, National Postal Museum and Union Station. Locals start their weekends by stocking up on fresh veggies and shopping for unique arts and crafts at Eastern Market. In the evening, the place to be is Barracks Row, located along 8th Street SE. The new, emerging Capitol Riverfront has been making headlines as home to the nation’s first “green” ballpark at Nationals Park and modern developments along the waterfront.

Where
East of the Capitol dome, reaching into the Northeast and Southeast quadrants of the city.

Distance from the Grand Hyatt
1 mile

What’s in a name?
City designer Pierre L’Enfant picked this location once known as Jenkins Hill – and now often referred to as “the Hill” – to be the seat of the legislative branch of government. The Barracks Row section of the neighborhood takes its name from the nearby Marine Barracks, home to the Commandant of the U.S. Marine Corps.

Popular Activities
Feast on blueberry buckwheat pancakes at Eastern Market then browse used books, antiques, arts, crafts and more. Catch a Shakespearean production in the Folger’s Globe-style theatre. Marvel at DC’s architectural beauty inside the magnificent Library of Congress and Union Station. Listen to the stirring notes of the U.S. Marine Band during a Friday evening parade.

Getting there
Take Metro to Capitol South, Eastern Market or Union Station for access to Capitol Hill. Take Metro to Navy Yard to get to the Capitol Riverfront. Also Circulator goes to both Capitol Hill and Capitol Riverfront.

Explore the Neighborhood
Get to know the neighborhood that thrives in the shadow of the Capitol dome through Tour of Duty: Barracks Row Heritage Trail, a self-guided tour designed to introduce you to the neighborhood’s rich military and political history.

Trail highlights include:
- March King John Philip Sousa’s birthplace and training ground
- The oldest continuously manned Marine installation in the nation
- Home of the first woman White House correspondent, Emily Edson Briggs
- The city’s oldest Episcopal congregation, where Thomas Jefferson and John Quincy Adams worshiped.

Dining
You’re sure to find fine steaks, martini menus and power dining mainstays, as well as budget-friendly happy hour specials. Sample JFK’s favorite roast beef sandwich at The Monocle or interesting wines by the half-glass at Sonoma. Enjoy a sirloin with a view at Charlie Palmer Steak or sip a pint of Guinness with your Senator’s staff at The Dubliner. Have a bite to eat at Eastern Market, a popular gathering place.

The Monocle
107 D Street Northeast
Washington, DC 20002
(202) 546-4488

Sonoma Restaurant and Wine Bar
223 Pennsylvania Avenue Southeast
Washington, DC 20003
(202) 684-8700

Charlie Palmer Steak
101 Constitution Avenue Northwest
Washington, DC 20001
(202) 547-8100

The Dubliner Restaurant and Pub
520 N Capitol Street Northwest
Washington, DC 20001
(202) 737-3773

Eastern Market
225 7th Street Southeast
Washington, DC 20003
(202) 547-8444
Activities and Restaurants Guide for Washington D.C.

**Dupont Circle/Kalorama**

Bistros, bars and boutiques line the streets that come together at Dupont Circle, the meeting place for this cosmopolitan neighborhood. The largest concentration of international embassies sits just northwest of the circle, giving the neighborhood an extra dash of global flavor. Arts and entertainment collide with restaurants, shops, hotels, quaint B&Bs, galleries and museums (The Phillips Collection, The Textile Museum, Woodrow Wilson House and National Geographic Society’s Explorers Hall to name a few).

**Where**

Connecticut, Massachusetts and New Hampshire Avenues, at P and 19th Streets

**Distance from the Grand Hyatt**

1 ½ miles

**What’s in a name?**

The Circle is named in honor of Civil War naval hero, Rear Admiral Samuel Francis Dupont.

**Popular Activities**

Join in a pick-up game of chess in the Circle, or people-watch as locals roll past on bicycles or stroll past with dogs. Stop by the neighborhood farmer’s market on Sunday for fresh local produce and cooking demonstrations by local chefs. Try the popcorn shrimp and fried clams at Hank’s Oyster Bar or choose from the world’s largest selection of beers at The Brickskeller. View breathtaking art in an intimate setting at The Phillips Collection.

**Getting there**

Take Metro to Dupont Circle.

**Explore the Neighborhood**

With beautiful Victorian architecture, charming cafes, lavish embassies and trendy shops and galleries, Dupont Circle is perfect for exploring on foot. The 1.7 mile loop begins at the Dupont Circle Metro station and travels past points of interest including:

- The Heurich House, also known as the “Brewmaster’s Castle”
- Historic homes including the Blaine Mansion and the Walsh-McLean House, home of one-time owners of the Hope Diamond
- The Woodrow Wilson House, DC’s only presidential residence.
- The Textile Museum, a fascinating collection of textile artifacts

**Dining**

Eclectic Dupont Circle supports an equally diverse network of restaurants, including some of the DC’s top tables. Coffee shops, bars, cheap eats and GLBT-friendly eateries abound. For a fine dining experience, book a table at Restaurant Nora, the first certified organic eatery in the country, or savor a multi-course tasting menu at Obelisk or Komi. Locals flock to casual eateries like Hank’s Oyster Bar for fresh seafood straight from the Chesapeake Bay and Bistrot du Coin for Belgian-French classics. Beer lovers won’t want to miss a visit to The Brickskeller Inn, which boasts the world’s largest selection of beers.

Restaurant Nora
2132 Florida Avenue Northwest
Washington, DC 20008
(202) 462-5143

Obelisk
2029 P Street Northwest
Washington, DC 20036
(202) 872-1180

Komi
1509 17th Street Northwest
Washington, DC 20036
(202) 332-9200

Hank’s Oyster Bar
1624 Q Street Northwest
Washington, DC 20009
(202) 462-4265

Bistrot du Coin
1738 Connecticut Avenue Northwest
Washington, DC 20009
(202) 234-6969

The Brickskeller Inn
1523 22nd Street Northwest
Washington, DC 20037
(202) 293-1885
Adams Morgan

Long home to immigrant communities from Africa, Asia, South and Central America, Adams Morgan is a global village in the heart of the city where restaurants serve cuisine from all around the world and where DC residents go to let their hair down. You can catch live music most nights of the week throughout the neighborhood and find cheap eats and white tablecloth restaurants for all palates and pocketbooks. There are also many locally owned shopping gems with unique clothing, jewelry, art, furniture and household goods.

Where
18th Street NW between Florida Ave and Columbia Road; and Columbia Road between 16th Street and Wyoming Avenue, NW

Distance from the Grand Hyatt
2 miles

What’s in a name?
Named for DC’s first segregated schools, the all-black Thomas P. Morgan Elementary School and the all-white John Quincy Adams Elementary School.

Popular Activities
Catch live bluegrass on Wednesday nights at Madam’s Organ or swing by Habana Village to show off your salsa moves (or take a free lesson).

Getting There
Take Metro to Woodley Park-Zoo/Adams Morgan and walk or take the Circulator Woodley Park-Adams Morgan-McPherson Square route. Parking is available at two garages – 2328 Champlain Street (access from 18th Street near Belmont Road, NW) and 1711 Florida Avenue, NW.

Dining
This neighborhood features affordable cuisine from diverse culinary traditions, including Vietnamese, Ethiopian, Salvadoran, Peruvian, Thai and more. For a quick bite on the run, stop by Julia’s Empanadas for a flavorful meat, vegetable or cheese-filled pastry or Amsterdam Falafel Shop for a light bite. Swing by Habana Village for free salsa lessons and zesty Cuban fare or Perrys for delicious sushi.

Julia’s Empanadas
2542 18th Street NW
Washington, DC 20009
(202) 328-6232

Amsterdam Falafel Shop
2425 18th Street NW
Washington, DC 20050
(202) 234-1969

Habana Village
1834 Columbia Rd NW
(between N Biltmore St & N Mintwood Pl)
Washington, DC 20009
(202) 462-6310

Perrys
1811 Columbia Road Northwest
Washington, DC 20009
(202) 234-6218
Foggy Bottom

It's no surprise to find a collection of fine hotels and restaurants in this corner of the city, which plays host to diplomats, dignitaries and celebrities who visit neighborhood landmarks such as the IMF, the World Bank, the Kennedy Center and the Department of State. Foggy Bottom stretches down to the Potomac shoreline, welcoming runners, bikers and water sports enthusiasts to the southernmost point of Rock Creek Park.

Where
Between the White House and Georgetown, south of Dupont Circle.

Distance from the Grand Hyatt
2 miles

What's in a name?
Once DC's industrial center, Foggy Bottom is named for the fog that used to rise up from the Potomac.

Popular Activities
Head to the Kennedy Center's Millennium Stage for free nightly performances. Discover a marvelous view of the city from the Roof Terrace. Take a photo of the infamous Watergate complex. Join students from The George Washington University for happy hour specials at McFadden's or mingle with lobbyists and lawyers over raw oysters at Kinkead's.

Getting there
Take Metro to Foggy Bottom-GWU or ride the Circulator's east-west route.

Explore the Neighborhood
Nestled between Dupont Circle, Georgetown and the White House and home to the George Washington University, the Foggy Bottom neighborhood is home to famous landmarks like the Kennedy Center, the Department of State and Watergate. Famous landmarks include:
- John F. Kennedy Center for the Performing Arts
- Thompson Boat Yard
- Department of State Diplomatic Reception Rooms
- National Academy of Sciences & Einstein Memorial
- U.S. Department of the Interior Museum

Dining
Home to award-winning hotels and restaurants, including DC's first LEED-certified restaurant, designed for the K Street lawyers and lobbyists, along with the diplomats who visit the World Bank and the Department of State. A large student population also lends to affordable restaurants. Eavesdrop on lobbyists, lawyers and movers-and-shakers as you feast on a steak at The Palm or Sam & Harry's. Taste some of DC's finest seafood creations Kinkead's. Sample locally-procured ingredients prepared in a glorious open kitchen at award-winning Blue Duck Tavern, or flavors fresh from the farm at LEED-certified and farmer-owned Founding Farmers. Enjoy a meal with a view at the Kennedy Center's Roof Terrace Restaurant.

The Palm
1225 19th Street Northwest
Washington, DC 20036
(202) 684-8700

Sam & Harry's
1200 19th Street Northwest
Washington, DC 20036
(202) 296-4333

Kinkead's Restaurant
2000 Pennsylvania Avenue Northwest
Washington, DC 20006

Blue Duck Tavern
1201 24th Street Northwest
Washington, DC 20037
(202) 419-6755

Founding Farmers
1924 Pennsylvania Ave, NW
Foggy Bottom, Washington, DC 20006
(202) 822-8783

Roof Terrace Restaurant
2700 F Street Northwest
Washington, DC 20037
(202) 416-8572
Activities and Restaurants Guide for Washington D.C.

Southwest/Waterfront
Southwest DC went through its first wave of urban renewal in the 1950s. It’s now a hotspot for development once again, with the arrival of Mandarin Oriental in 2004 and the opening of the Nationals Ballpark nearby and the expansion of the 50-year-old Arena Stage scheduled to open in fall 2010. Seafood lovers won’t want to miss a visit to the waterside fish market.

Where
Southwest of the National Mall to the Washington Channel

Distance from the Grand Hyatt
2 miles

What’s in a name?
The waterside neighborhood bears the name of its quadrant, the smallest in DC.

Popular Activities
Sample fresh seafood creations at the Maine Avenue Seafood Market or indulge in a multi-course tasting menu at CityZen at the Mandarin Oriental. Hop on board a sightseeing cruise for an unforgettable view of the monuments from the water. Honor the men who died on the doomed Titanic at one of DC’s most unusual memorials.

Getting there
Take Metro to the Southwest/Waterfront station

Explore the Neighborhood
Get to know the history of this waterfront neighborhood through River Farms to Urban Towers: Southwest Heritage Trail, a self-guided tour of one of the first planned urban communities in the country. Trail highlights include:
• Wheat Row, home to some of the most historic homes in DC
• A memorial to Benjamin Banneker, the African-American astronomer who played an integral role in DC’s design
• Fort McNair, DC’s first military installation

Dining
Fresh seafood, cool cocktails and high-end cuisine attract diners to the waterfront. Sample fresh seafood creations at the Maine Avenue Seafood Market. Indulge in a multi-course tasting menu from Chef Eric Ziebold at the award-winning CityZen at the Mandarin Oriental. Hop on board a dinner cruise for an unforgettable view of the monuments from the water. Head to the concession stands at a baseball game for a sampling of local favorites.

Maine Avenue Seafood Market
1100 Maine Avenue Southwest
Washington, DC

CityZen
1330 Maryland Avenue Southwest
Washington, DC 20024
(202) 787-6006

Madarin Oriental
1330 Maryland Avenue Southwest
Washington, DC 20024
(202) 554-8588
U Street/Shaw/ Logan Circle

The birthplace of Duke Ellington and the center of Washington’s African-American nightlife for much of the 20th century is once again thriving. On weekend nights, U Street rivals Adams Morgan for crowds, though with a slightly older vibe. “The cutting edge of what this city is and can be,” U Street is also equally intriguing by day, home to the African American Civil War Memorial, Lincoln Theatre and Howard University. Designer home-furnishings stores, boutiques and music clubs abound near the junction of 14th & U streets.

Where
North of M Street NW and south of Florida Avenue NW, between 11th Street and New Jersey Avenue NW; a small western portion stretches to 16th Street NW. Rhode Island and Vermont Avenues meet 13th and P Streets NW at Logan Circle.

Distance from the Grand Hyatt
2 miles

What’s in a name?
Civil War Colonel Robert Gould Shaw famously commanded the all-black 54th Massachusetts Volunteer Infantry featured in the movie, “Glory.” Logan Circle is named for Civil War general and Illinois senator John Logan.

Popular Activities
Pay a late-night visit to Ben’s Chili Bowl, home of DC’s signature dish, the chili half-smoke. Order some doro wat and tibi to share in Little Ethiopia. Groove to a live jazz set at Polly’s or see for yourself why the 9:30 Club is considered the best live music venue in the country. Shop for vintage clothing at Nana or funky home furnishings at Go Mama Go! Take in an edgy production at The Studio Theatre.

Getting there
Take Metro to U Street/ African-Amer Civil War Memorial/ Cardozo.

Explore the Neighborhood
Learn about the people, places and events that shaped these historic sections of the city by following one of Cultural Tourism DC’s neighborhood heritage trails. Before Harlem, There Was U Street follows the footsteps of DC native Duke Ellington and other jazz greats like Cab Calloway, Ella Fitzgerald and Dizzy Gillespie, who turned the neighborhood into an entertainment destination in the 1920s and 30s. Mid-City at the Crossroads: Shaw Heritage Trail points out highlights such as the home of Carter G. Woodson, founder of Black History Month and the Carnegie Library, one of the few public places in DC that was never segregated.

Dining
Enjoy soul food, vegetarian creations, Ethiopian cuisine and more. Foodies won’t want to miss a visit to Ben’s Chili Bowl, home of DC’s signature dish, the chili half-smoke. Order some tibi and doro wat to share at one of the Ethiopian eateries clustered on and around 9th and U Streets NW. For dessert, stop by Love Café for a homemade cupcake or an espresso. Grab a bite at Busboys & Poets (named for Langston Hughes) or Marvin (named for Marvin Gaye).

Ben’s Chili Bowl
1213 U St. Northwest
Washington, DC 20009
202-667-0909

Love Café
1501 U Street Northwest
Washington, DC 20009
(202) 265-9800

Busboys & Poets
2021 14th Street Northwest
Washington, DC 20009
(202) 387-7638

Marvin
2007 14th Street Northwest
Washington, DC 20009
(202) 797-7171
Activities and Restaurants Guide for Washington D.C.

Anacostia
DC’s first planned suburb is where abolitionist and statesman Frederick Douglass made his home. The neighborhood is also known for its beautiful late 19th-century architecture.

*Note: Anacostia is a neighborhood best suited for day time visits. There are no attractions suitable for tourism in the evenings.*

Where
Southeast of the Capitol and across the 11th Street bridge

Distance from the Grand Hyatt
3 miles

What’s in a name?
First incorporated in 1854 as Uniontown, Anacostia is named for a Native American settlement.

Popular Activities
See one of the best views of the city from Cedar Hill, Douglass’ estate. Learn about local African-American history at the Smithsonian Institution’s Anacostia Community Museum.

Getting there
Take Metro to the Anacostia station.

Explore the Neighborhood
From the 11th Street Bridge, which served as John Wilkes Booth’s escape route on the night of the Lincoln assassination to the world’s largest chair, the neighborhood encompasses some of DC’s most fascinating sights-- and some of the city’s best views.

Dining
Enjoy D.C.’s most authentic Jamaican cuisine served up in spicy portions at Fireside Restaurant. Sample the best soul food in DC from Mama Cole at Cole’s Café. Or grab a drink at Player’s Lounge, where you’ll likely share the space with local politicians.

Fireside Restaurant
2028 Martin Luther King Jr Ave SE
Washington, DC 20020
202-678-7010

Cole’s Café
1918 Martin Luther King Avenue
Washington, DC 20020
202-889-9588

Player’s Lounge (Georgena’s Restaurant)
2737 Martin Luther King Jr Ave SE
Washington, DC 20032
202-574-1331
Activities and Restaurants Guide for Washington D.C.

Brookland/Northeast

Northeast is home to Civil War-era forts and landmarks, quiet residential streets and picturesque places like the 446-acre National Arboretum. The Roman Catholic Church bought up tracts of land here in the late 19th century to build the Catholic University of America, which attracted additional Catholic sites like the Franciscan Monastery and the National Shrine of the Immaculate Conception.

Note: Brookland is an area best suited for day time visits. There are no attractions suitable for tourism in the evenings.

Where
Northeast of the Capitol

Distance from the Grand Hyatt
3 miles

What's in a name?
The neighborhood takes its name from a housing development built after the Civil War on land formerly owned by Colonel Je-hiel Brooks. The neighborhood is also sometimes called “Little Rome,” thanks to its collection of more than 60 Catholic sites.

Popular Activities
Picnic in the peaceful gardens of the Franciscan Monastery or pause for quiet reflection in the largest Catholic Church in the U.S. Wander through the National Arboretum’s two-acre herb garden or the National Bonsai Museum, and don’t miss its thousands of brightly-colored azaleas in full bloom each May.

Getting there
Take Metro to the Brookland/ CUA station.

Explore the Neighborhood
Along with the neighborhood’s well-known Catholic sites, it’s also home to historic treasures like St. Paul’s Episcopal Church and Rock Creek Cemetery and the newly-refurbished President Lincoln and Soldiers’ Home National Monument, plus local performing arts mainstay Dance Place.

Dining
If you haven’t heard Dixieland jazz before, Colonel Brooks’ is a great place to experience a sound that will have your foot tapping and head bobbing. Enjoy the live zydeco while feasting on po’boys and crawfish etouffee at Saint’s Bourbon Street. Or, if you simply want to sip a latte and check your email, try Café Sureia for espressos, chocolate products, sandwiches, desserts…and free wi-fi!

Colonel Brooks’ Tavern Bar
901 Monroe St. N.E.
Washington, DC 20017
202-529-4002

Saint’s Bourbon Street
1812 Hamlin St. N.E.
Washington, DC 20018
202-269-2150

Café Sureia
3629 12th St. N.E.
Washington, DC 20017
202-635-8444
Georgetown

Founded in 1751, historic Georgetown is known for its designer and mainstream boutiques, beautiful architecture and its seemingly endless list of cafes, restaurants and bars. History buffs, serious shoppers and garden lovers are instantly smitten with attractions like Georgetown University, the C&O Canal, the Kreeger Museum and Tudor Place.

Where
Wisconsin Ave. and M St. NW, bordered by the Potomac River to the south

Distance from the Grand Hyatt
3 miles

What’s in a name?
Georgetown might be named for King George II of England, or it might be named for town founders George Beall and George Gordon. One thing’s for sure: it’s not named for George Washington.

Popular Activities
Shop your way down M Street and head north on Wisconsin Ave. to discover locally-owned boutiques. Ease into the booth where JFK proposed to Jackie at Billy Martin’s Tavern or watch for celebrities at Café Milano. Sit waterside and sip cocktails at Sequoia or grab a beer on the set of “St. Elmo’s Fire” at Third Edition. Take a jog on the 180-mile C&O Canal Towpath or a romantic stroll through the breathtaking gardens at Dumbarton Oaks.

Getting there
Take the Circulator’s East-West Route into the heart of Georgetown; or take Metro to Foggy Bottom and walk.

Explore the Neighborhood
One of DC’s best-known neighborhoods evolved out of an 18th century port town. Today it’s perfect for exploring on foot, with remarkable row houses and quaint shops and boutiques. Highlights include:
- Dumbarton Oaks
- Tudor Place Historic Home & Gardens
- Oak Hill Cemetery
- Old Stone House
- Georgetown University
- The Kreeger Museum

Dining
Georgetown’s cobblestone streets are home to a mix of historic eateries, celebrity hotspots, eco-friendly bistros, along with hip and casual restaurants serving cuisine from around the globe. Ease into the booth where JFK proposed to Jackie at Billy Martin’s Tavern. Watch for celebrities at Café Milano. Sit waterside and sip cocktails at Sequoia or feast on farm-fresh fare at Agraria. Dine in federal-style splendor at 1789. Grab a beer on the set of “St. Elmo’s Fire” at Third Edition. Savor Silk Road cuisine made with locally sourced ingredients in sumptuous style at Mie N Yu.

Billy Martin’s Tavern
1264 Wisconsin Avenue Northwest
Washington, DC 20007
(202) 333-7370

Café Milano
3251 Prospect Street Northwest
Washington, DC 20007
(202) 333-6183

Sequoia
3000 K Street Northwest
Washington DC, DC 20007
(202) 944-4200

Agraria
3000 K Street, Northwest
Washington, DC 20007
(202) 298-8102

1789
1226 36th Street Northwest
Washington, DC 20007
(202) 965-1789

Third Edition
1218 Wisconsin Avenue Northwest
Washington, DC 20007
(202) 333-3700

Mie N Yu
3125 M Street, NW
Historic Georgetown, Washington, DC 20007
(202) 333-6122
Woodley Park/Cleveland Park

These side-by-side residential districts were once considered suburbs, linked to downtown Washington by streetcar. They’re now lively residential districts whose tree-lined streets are flanked by friendly boutiques, coffee shops and sidewalk cafés featuring cuisines from around the world. To the east sits Rock Creek Park, a vast urban green space home to the Smithsonian’s National Zoo.

Where
Connecticut Avenue north of Dupont Circle, east of Rock Creek Park

Distance from the Grand Hyatt
3 miles

What’s in a name?
Woodley Park is named for Woodley Road, which marks its southern border. President Grover Cleveland kept a summer retreat in the residential neighborhood that bears his name, located north of Woodley Park.

Popular Activities
Get to know the stone gargoyles (including one shaped like Darth Vader!) carved into façade of the stunning Washington National Cathedral. Take the kids to see giant panda cub Tai Shan at the National Zoo. Feast on renowned Mediterranean fare at Lebanese Taverna. Marvel at Marjorie Merriweather Post’s impressive collection of Russian imperial art at Hillwood Museum and Gardens.

Getting there
Take Metro to the Woodley Park-Zoo/Adams Morgan or Cleveland Park stations.

Explore the Neighborhood
With tree-lined streets, charming homes, fascinating attractions and easy access via bus and Metro, Woodley Park and Cleveland Park are easy to explore. Highlights include:
- The National Zoo, home to giant pandas Mei Xiang, Tian Tian and cub Tai Shan
- Hillwood Museum & Gardens, the lavish former residence of Marjorie Merriweather Post
- Washington National Cathedral, the second-largest in the country and the sixth-largest in the world
- Rock Creek Park, a magnificent urban playground that’s even larger than Central Park

Dining
International restaurants serve Indian, Middle Eastern, Thai and other global cuisine. Order a pizza at Two Amys, near the Washington National Cathedral, or sample a “swirlie” margarita at Cactus Cantina next door. Some of DC’s best-loved Mediterranean recipes are prepared at Lebanese Taverna, while Indian food lovers swear by Indique. On Wisconsin Avenue, try a roll or two at Sushi-ko, DC’s first sushi restaurant or feast on ribs at Rocklands Barbeque.

Two Amys
3715 Macomb Street Northwest
Washington, DC 20016
(202) 885-5700

Cactus Cantina
3300 Wisconsin Avenue Northwest
Washington, DC 20016
(202) 686-7222

Lebanese Taverna Restaurant
2641 Connecticut Avenue Northwest
Washington, DC 20008
(202) 265-8681

Indique
3512 Connecticut Avenue Northwest
Washington, DC 20008
(202) 244-6600

Sushi-ko
2309 Wisconsin Avenue Northwest
Washington, DC 20007
(202) 567-6313

Rocklands Barbeque
2418 Wisconsin Avenue Northwest
Washington, DC 20007
(202) 333-2558
Information for the Runner/Walker

The following is a short guide to Running in DC. These runs cover fairly safe areas, and are near the downtown areas. Washington is a wonderful place to run. The low-rise nature of the city makes DC less congested when compared with other major cities. Most of the normal running areas within the city are great, and safe.

Please Note: Running through the more touristy areas will keep you from going astray. The tourist areas are safe and heavily patrolled by the multitude of police departments within Washington. Running in the monumental areas, downtown, Georgetown, Rock Creek Park, and across the bridges into Virginia would be my suggestions. Some of the 'bad' areas of DC are fairly close to the tourist areas, so keep aware of your surroundings. Washington is a city. And with cities anywhere you need to keep aware of what is going on around you a bit more than when running in your backyard.

Inauguration Run

One popular course is to recreate the Presidents steps if they were a runner and allowed to run the Inauguration. Beginning near the White House, get onto Pennsylvania Avenue heading east. Follow Pennsylvania Avenue to the Capitol Building, entering the road through the grounds at the point where Pennsylvania Avenue dead-ends. This road will follow a gentle arc up Capitol Hill to the back side. You can either stay in the parking lot behind the building, or head over to the first road, which is Second Street. On Second Street you will pass the Supreme Court and the Library of Congress. Continue around the Capitol Building and back down the road through the grounds on the other side of the building you came up. Head back over to Pennsylvania Avenue and back towards the White House. This road has nice wide shoulders to hold the Inauguration bleachers, so there is plenty of running room off of the road surface. Finishing back at the White House gives a run of about 3.5 miles.

Twin Bridges Run

The Bridges Run makes a loop of the 14th Street and Memorial Bridges, across the river into Virginia. This run has one of the best views of the monuments in DC. The run can be run in either direction, so choose you route according to the wind direction. The Virginia shoreline has a bike trail, while in DC the East and West Potomac Parks road or nearby sidewalks are better than the sidewalk next to the sea wall. Both bridges have large sidewalks, but the Memorial Bridge sidewalk is much preferable. The sidewalk alongside the Virginia bound lanes of the 14th Street Bridge are narrow and directly next to the heavy traffic on the bridge. The fumes from the cars can get bad, and is disconcerting to run next to high-speed traffic, even if you are protected by a cement barrier. Many runners prefer to use Memorial Bridge, head toward National Airport on the trail, and do an out-and-back course.

The Mall Run

The Mall has been called the nation's front yard. It is also the nation's playground, including scads of runners. Numerous runners can be seen trundling up and down the Mall, day and night. Staying on the traffic-free pea gravel pathways of the center sections provide a soft surface and spectacularly patriotic views. Framed on each end by the Lincoln Memorial and the other by the Capitol Building, there are always numerous sights to be seen. The run is generally flat, except for the hills going up past the Washington Monument and up Capitol Hill. The Mall is bigger than it looks, with it being about 3 miles from the Capitol to Lincoln. The trails here are lit at night, so if a nighttime run is necessary, this is a good location. Much of the Marine Corps Marathon is run up and down the Mall.

Burdette Road Quad Burner

Near the River Road interchange with the Beltway is Burdette Road. If you are looking for a tough hill workout, here it is. Not a road to run at night, as it is narrow and dark, the continuous upward rolls of this road make for a quad-burning run. The South end of the road is at River Road, while the North end is at Greentree Road a little past Bradley Blvd.
Activities and Restaurants Guide for Washington D.C.

The Capital Crescent Trail
A new addition to the running paths of Washington is the Capital Crescent Trail. Located on an abandoned railroad bed, the trail looped through Maryland's suburbs just outside the DC line from Bethesda to above Georgetown. The trail is an eight-mile long, flat, smooth surface that is generally shaded with more and more bridge crossings over the busy roads. The trail gets heavy usage from bike commuters, so keep to the right. You can access the North end of the Capital Crescent in Bethesda off Bethesda Avenue. The South end of the trail has a few miles that parallel the Potomac River and the C&O Towpath.

Glover Archbold Trail
Another north-south trail through North-West DC, Glover-Archbold is much less known or developed. Glover-Archibald runs from the Georgetown waterfront to the Van Ness area of Washington, running through a mostly wild stream valley. On the north end, you can connect with Rock Creek by running east on Van Ness Road until you hit the Melvin Hazen spur of Rock Creek Park at 34th Street and Tilden. Heading out the other direction, you can connect to Battery Kemble Park.

The C&O Canal Towpath
Beginning in Georgetown, the C&O heads west for 186 miles, so this could be a fine location for your long run. A packed dirt trail, it generally is next to the river and is flat and fairly smooth. The two major floods of 1996 submerged the trail, but work is ongoing to repair the damage. The Towpath is one of the quickest ways to escape the bustle of the city, at times getting fairly remote. There are water fountains during the summer for much of the early sections of the trail. The C&O Canal Towpath is also popular with biking groups.

Teddy Roosevelt Island
Accessible from Virginia along the George Washington Parkway, Teddy Roosevelt is an island preserved as a memorial to the President who created the first National Park. A fitting memorial for this Roosevelt, the island also provides some excellent running opportunities. While only 88 acres, the trails looping the island are very runnable trails through near wilderness within the city. Occasionally, you will be greeted with monumental views of Washington. These trails, especially the well-named Swamp Trail, can be very moist after rains.

The W&OD Regional Park
Another converted railway line, the W&OD (Washington and Old Dominion) is a flat 42 mile long trail through Northern Virginia. Beginning in the urban Arlington and heading out of town to the rural areas of Loudoun County near the mountains.

D.C. Online Trail Guide
The D.C. Online Trail Guide covers the more than 50 miles of hiking trails in northwest Washington, DC that are within easy walking distance of Metro stations. Visit www.trails.com for more information and to locate trails in the D.C. area.

Theatre, Music & Entertainment

Blues Alley Jazz

The Capitol Steps
210 North Washington Street, Alexandria, VA 22314-2521. A musical political satire troupe, made up of Congressional staffers-turned comedians. They perform their songs, skits and parodies every Fri. and Sat. night at 7:30 pm in the Ronald Reagan Building Amphitheater (Metro Stop: Federal Triangle). Tickets can be purchased at (202) 397-SEAT or by visiting ticketmaster.com. For group sale discounts, please call (202) 312-1427. The Capitol Steps are also ideal for private events. Call (703) 683-8330 for bookings. www.capsteps.com

John F. Kennedy Center for the Performing Arts
Memorials, Monuments & Historic Sites

African American Civil War Memorial
Vermont Avenue & U Street, NW, Washington DC 20009.
This memorial is a sculpture commemorating the more than 208,000 African American soldiers who fought in the Civil War. The memorial is appropriately placed in the Shaw section of the District. Shaw refers to Robert Gould Shaw, the white colonel of the first African American regiment - the 54th Regiment featured in the film - Glory, to fight in the Civil War.

Arlington National Cemetery
Arlington VA 22211. Metro Stop: Arlington Cemetery. Phone: 703-607-8000. arlingtoncemetery.org. Arlington National Cemetery, our nation's most treasured burial ground, is home to more than 285,000 honored dead. Among the thousands of white headstones are the graves of President John F. Kennedy, Supreme Court Justice Thurgood Marshall, world champion boxer Joe Louis and the Tomb of the Unknowns. Open daily 8 am - 5 pm. Free Admission.

Emancipation Statue
Built entirely from funds donated by former slaves, this statue shows President Lincoln with the Emancipation Proclamation in his hand. Lincoln Park, East Capitol St. Between 11th & 13th Sts. NE Washington DC. Phone: 202-235-1530.

FDR Memorial
On Ohio Drive at the Tidal Basin & the Potomac River. Metro stop: Smithsonian. Phone 202-426-6841. A 7.5-acre site, the memorial depicts the 12 pivotal years of Franklin Delano Roosevelt’s presidency through a series of four outdoor gallery rooms. The rooms feature ten bronze sculptures depicting President Roosevelt, Eleanor Roosevelt and events from the Great Depression and World War II. The park-like setting includes waterfalls and quiet pools amidst a meandering wall of reddish Dakota granite, where Roosevelt’s inspiring words are carved. It is the first memorial in Washington, DC purposely designed to be totally wheelchair accessible. Open daily except Christmas. Free. Park Ranger in attendance 8 am - midnight.

Jefferson Memorial
Tidal Basin South End. Metro stop: Smithsonian. Phone 202-426-6841. Beneath the marble rotunda, the 19-foot statue of the third U.S. president is surrounded by passages from the Declaration of Independence and other famous Jefferson writings. The Tidal Basin is also the location of Washington DC’s famous Cherry Blossoms. Open daily except December 25. Free. Park Ranger in attendance 8 am – midnight.

Lincoln Memorial
Independence Avenue & 23rd Street NW Washington DC. Metro stop: Foggy Bottom-GWU. Phone 202-426-6841. nps.gov/linc. This grand monument overlooks the Reflecting Pool, the Washington Monument and the U.S. Capitol. Inside, the 19-foot marble statue of the 16th president is flanked by inscriptions of his Second Inaugural Address and the famous Gettysburg Address. Open daily except December 25. Free. Park Ranger in attendance 8 am – midnight.

National Mall
Between Constitution & Independence Avenues, SW Washington DC. Metro Stop: Smithsonian. Phone: 202-485-9880. nps.gov/nama. A splendid green park area extending approximately two miles from the U.S. Capitol to the Lincoln Memorial. Lining either side of the park near the Capitol are 200-year-old American elm trees, several of the Smithsonian Institution museums (Museum of Natural History, National Air & Space Museum, Hirshhorn Museum and Sculpture Garden, Freer and Sackler Art Galleries, National Museum of the American Indian), National Archives, National Gallery of Art and U.S. Botanic Gardens. (For information on the Smithsonian museums, see http://www.si.edu/)

U.S. Capitol
Capitol Hill, Washington DC 20515. Metro Stop: Capitol South. Phone: 202-225-6827. Under the magnificent white dome, senators and representatives meet to shape U.S. legislative policy. Free guided tours leave every 15-minutes in the Rotunda daily 9 am - 3:45 pm and include the Statuary Hall, the original Supreme Court chamber and the Crypt, intended burial place of George and Martha Washington. Open 9 am - 4:30 pm (to 8 pm Memorial Day - Labor Day) except New Year’s Day, Thanksgiving, Christmas. Free admission.
Activities and Restaurants Guide for Washington D.C.

Vietnam Veterans Memorial
Constitution Avenue & Henry Bacon Drive NW, Washington DC 20001. Metro Stop: Foggy Bottom-GWU. Phone: 202-634-1568. nps.gov/vive. The black granite walls of this moving V-shaped memorial are inscribed with the names of more than 58,209 Americans missing or killed in the Vietnam conflict. Frederick Hart's life-size bronze sculpture depicts three young service-men. Open 24-hours; Park Ranger on site 8 am - midnight.

Washington Monument
15th Street & Constitution Avenue NW, Washington DC 20001. Metro Stop: Smithsonian. Phone: 202-426-6841 (toll free 800-967-2283). nps.gov/wamo. The National Park Service re-opened the Washington Monument for visitation April 1, 2005. Visitors wishing to reserve Washington Monument tickets should call (800) 967-2283. There is a $1.50 service charge and $.50 shipping fee. Free same day timed tickets are available beginning at 8:30 am at the 15th street kiosk. The Monument is open daily 9 am - 5 pm.

Washington National Cathedral
3101 Wisconsin Avenue, NW Washington DC 20016. Metro Stop: Tenleytown-AU. Phone: 202-537-6200. nationalcathedral.org. Gothic Cathedral with dramatic architecture, soaring vaulting, magnificent stained glass, detailed carvings, whimsical gargoyles, and peaceful gardens. Offering worship, guided/audio tours, concerts, programs, and three gift shops. Group reservations required to visit, call (202) 537-6207 ext. 5 or email tours@cathedral.org. Donations requested.

White House
1600 Pennsylvania Avenue NW, Washington DC 20500. Metro Stop: Federal Triangle. Phone: 202-456-2200. nps.gov/whho/. The home of every US president except George Washington. Tours of the White House for parties of ten or more people MUST be scheduled in advance through one’s member of Congress (Senator or Representative). For more information contact (202) 456-7041.

White House Visitor Center
1450 Pennsylvania Ave. NW, U.S. Dept. of Commerce Bldg., Washington DC 20230. Metro Stop: Federal Triangle. Phone: 202-208-1631. The Visitor Center is open seven days a week, from 7:30 am - 4:00 pm. Allow between 20 minutes and 1 1/2 hour to explore the video and exhibits. The Center features many aspects of the White House, including its architecture, furnishings, first families, social events, and relations with the press and world leaders, as well as a thirty-minute video. The White House Historical Association sponsors a sale area. Stop on the Tourmobile route. Restrooms are available, but food service is not.
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**Museums and Art Galleries**

**Corcoran Gallery of Art**
500 17th St. NW Washington DC 20006. Metro stop: Farragut West. Phone: 202-639-1781. corcoran.org. Washington DC’s oldest art museum presents the art of our times and of times past. The museum is internationally renowned for its collection of American art as well as European paintings and sculpture. Open Wed-Sun, 10am-5pm, Thurs, 10am-9pm. Closed Monday and Tuesday. Admissions:$8 adults;$6 senior/military;$4, students. After 5pm pay as you wish.

**International Spy Museum**
800 F Street, NW Washington DC 20004. Metro: Gallery Place-Chinatown. Phone 202-393-7798. The largest collection of international espionage-related artifacts open to the public, the museum chronicles the history of spying throughout the ages, across the globe, and today. Tickets are required for the self-guided tour; please allow 1.5 - 2 hours to complete the tour. Tickets are available at the museum, but advance tickets are recommended, as this is an extremely popular destination. To purchase advance tickets, call 202-393-7798 or visit the website at www.spymuseum.org.

**National Building Museum**
401 F Street NW Washington, DC 20001. Metro Stop: Judiciary Square. Phone: 202-272-2448. www.nbm.org. The National Building Museum is a private non-profit institution that examines and interprets American achievements in architecture, design, engineering, planning, and construction. The museum presents exhibitions, lectures and educational programs, publishes books and a quarterly journal. Free admission.

**National Gallery of Art**

**National Geographic Society – Museum at Explorers Hall**

**The Phillips Collection**
1600 21st Street NW, Washington DC 20009. Metro Stop: Dupont Circle. Phone: 202-387-2151. www.phillipscollection.org. Within The Phillips Collection’s intimate galleries, visitors make personal connections to works by renowned European and American impressionist & modern artists—Degas, Matisse, O’Keeffe, Picasso, Renoir and Rothko among them. Open Tues. - Sat. 10am-5pm; Thursday -- Artful Evenings until 8:30pm; Sun. noon-7pm (June–Sept. noon–5pm); Sun. concerts Oct.–May at 4pm; Cafe & gift shop.

**United States Holocaust Memorial Museum**
100 Raoul Wallenberg Place SW, Washington DC 20024. Metro Stop: Smithsonian. Phone: 202-488-0400. www.ushmm.org. Located between 14th St. and Raoul Wallenberg Pl. SW (formerly 15th St.), this internationally acclaimed museum tells the story of the Holocaust through artifacts, films, photos, and oral histories. Open daily 10 am - 5:30 pm. Timed passes required to view the permanent exhibition. Passes are not required for entering the museum, ‘Remember the Children: Daniel’s Story’ or special exhibitions. Free-passes are given out daily on a first-come, first-serve basis. Advance passes may be purchased through tickets.com at (800) 400-9373 and www.tickets.com. A service fee applies.
Notes
Notes
12th International Congress of Behavioral Medicine

29 August – 1 September 2012
Budapest Hilton, Hungary

ORGANIZED BY
International Society of Behavioral Medicine (ISBM), Hans Selye Hungarian Society of Behavioural Sciences and Medicine, and Semmelweis University Budapest, Institute of Behavioural Sciences

OFFICIAL WEBSITE
www.icbm2012.com

SCIENTIFIC PROGRAM
The program includes keynote addresses, master lectures, master panels, workshops, roundtable discussions, oral and poster presentations.

VENUE
Hilton Hotel Budapest Castle Hill
Set in the heart of the Royal Castle district, with magnificent view on the river Danube and the city.

ACCOMMODATION
There are variations of 5, 4 and 3 star hotels available nearby with reasonable rates.

SOCIAL EVENTS
Excursion to Lake Balaton, Wine Tour, Budapest Sightseeing, Art, Jewish, Spa Tour, Dinner Cruise, Evening Cultural Programme

HOST INFORMATION
Hans Selye Hungarian Society of Behavioural Sciences and Medicine
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Zoltán Cserháti MD
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