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News from the Editor

Dear ISBM members,

In his letter, our president emphasizes on international collaborations within the ISBM and on how we can weave an international fabric of behavioral medicine.

So in accordance with this I am happy to announce that this time our worldwide threads, spanning from Asia to Europe to the Americas, are represented through two contributions from South America, more precisely from Chile.

Eliana Guic Sesnic, the president of the Chilean Society of Behavioral Medicine and Health Psychology is presenting the Society's history and recent developments and invites us to the upcoming international conference in Santiago.

Paula Repetto, the Chilean Society's vice president and also Chair of the ISBM International Collaborative Studies Committee gives an overview about the current and planned activities of this committee.

Besides the news about our Society's Journal, the International Journal of Behavioral Medicine, another focus of this Newsletter issue is the upcoming International Conference of Behavioral Medicine (ICBM) which will be held in Groningen, NL, in 2014. Many contributions relate to this event in some form and we look tremendously forward to participating at the conference! Particularly, interested individuals are invited to serve as Conference Facilitators and, thus, be involved in the final planning procedures of the ICBM.

So, altogether, it seems that in a team-effort we have created a globally-focused content of this current Newsletter. Thereby, we hope to keep all of you who are working in behavioral medicine linked among different countries and continents!

Beate Ditzen
Newsletter Editor



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Letter from the president

Weaving the fabric of behavioral medicine

We travel, participate in a meeting, and leave. We join a research project, derive conclusions, and go on. We develop an intervention or training course, deliver the intervention or teach the course, and continue. Step by step, we are weaving the fabric of behavioral medicine.

The call for papers for the 13th International Conference of Behavioral Medicine, August 2014, in Groningen, the Netherlands is now open. I encourage you to visit the website www.icbm2014.com, to submit an abstract or register for the conference.

Ronan O'Carroll (Chair Scientific Program Committee), Robbert Sanderman (Chair Local Organizing Committee) and their teams are doing an excellent job in organizing this conference. ICBM 2014 offers the opportunity to contribute to the development of the science of behavioral medicine. ICBM 2014 offers the opportunity to learn about new developments in behavioral medicine. ICBM 2014 offers the opportunity to participate in weaving the fabric of behavioral medicine.

Strengthening international collaboration in the field of behavioral medicine is a priority of my presidency. I am in regular contact with Presidents and Boards of ISBM member societies. I am in regular contact with representatives of partner organizations outside ISBM. In face to face meetings, in online meetings, and via email, I am weaving the organizational fabric of behavioral medicine.

ICBM 2014 will offer all of us the opportunity for direct interaction and exchange. You can use ICBM 2014 to arrange face to face meetings with colleagues on research, on teaching and training, on clinical care, or on public health and health promotion. ICBM 2014 offers the opportunity to weave your personal network on behavioral medicine.

I look forward to meeting you all at ICBM 2014.

Joost Dekker
President of ISBM



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News from the Editor-in-Chief of IJBM

The International Journal of Behavioral Medicine continues to flourish, with a continuing upward trajectory in both number and quality of submissions. I would like to express my thanks to the Associate Editors, Editorial Board, Guest Editors, and reviewers, whose contributions make the journal a success. For the second year in a row, our Impact Factor is above 2, at 2.418. The journal's h5 index is 22 (meaning that in the past 5 years, 22 articles have been cited at least 22 times), and the journal is currently ranked 28/114 in the (slightly inappropriate) category of Psychology/Clinical. Our acceptance rate for 2012 was 34%.

Submissions continue to climb: in 2012 we had a total of 217 submissions, while this year we already had 259 by 10th September. As of 2014, we will switch from 4 to 6 issues per year in order to bring this excellent work to readers more quickly. Of course, all accepted manuscripts are available on OnlineFirst within a few weeks of acceptance, but more issues will enable us to keep up with the flow of excellent submissions in hard copy.

We have a number of high-quality Special Issues and Special Series. A series on **Functional Somatic Syndromes**, guest edited by Professor Urs Nater, was published in the second issue for 2013. A special issue on **Behavioral Medicine in China**, guest edited by Joost Dekker, Bo Bai, Brian Oldenburg, Chengxuan Qiu, and Xuefeng Zhong, is in train, with over 40 manuscripts in the process of decision-making, review and revision.

Another on **Research to Reality: The Science**

of Dissemination and Implementation in Behavioral Medicine, guest edited by Carina Chan, Brian Oldenburg, and Vish Viswanath, is also in train. We also have a number of other possibilities in development.

In the years 2010, 2011 and 2012, the journal published work from a total of 29 countries across four continents. The largest number of published manuscripts came from the USA (58), followed by the Netherlands (22), Australia (17), Germany (14), Sweden (12) and Japan (11). Other countries represented were Belgium, Canada, PR China, Croatia, Denmark, Egypt, Finland, Greece, Hong Kong, Hungary, Iran, Israel, Lebanon, Malaysia, Pakistan, Portugal, Romania, Slovenia, South Africa, South Korea, Switzerland, Taiwan, and the United Kingdom.

Editor's Choice

Lee, J., Johnson, C.C., Rice, J.C., Warren, C.W., & Chen T. (2013). Smoking beliefs and behavior among youth in South Korea, Taiwan, and Thailand. *International Journal of Behavioral Medicine*, 20 (3), 319-326.

This cross-sectional study examined smoking beliefs and behavior among large and representative samples of 13-15 year olds in South Korea, Taiwan, and Thailand, countries with increasing rates of smoking. Notably, the current smoking rate was much higher in Thailand (11.4%) than in South Korea (6.6%) and Taiwan (6.5%). Exposure to tobacco advertising, as well as age, was associated with positive beliefs about smoking in all three countries. Current smoking was associated with positive beliefs about smoking, greater exposure to tobacco advertising, and being male,

in all three countries. The authors conclude that understanding and targeting positive beliefs about smoking is an important part of the development of effective smoking prevention interventions and tobacco control policies in these countries.

Christina Lee

Editor IJBM



Call for Papers

Special issue: Behavioral Economics

The *International Journal of Behavioral Medicine* is planning a special issue on behavioral economics as it relates to behavioral medicine practice and theory. Behavioral economic research, broadly defined, differs from traditional economics in that it considers a wider scope of factors influencing behavior (e.g., explicit emotions) and uses more realistic models of decision making that incorporate bounded rationality and heuristics or "rules of thumb". In practice, developments in behavioral economics have led to new approaches to interventions and policies aimed at influencing health-related behaviors such as exercise, weight loss, and medication adherence. The purpose of this special issue is to examine the intersection of behavioral economics and behavioral medicine, including examples of

research and evaluation where behavioral economic principles have been used to guide the development of health interventions and theoretical explorations of areas in which behavioral economics approaches are consistent, novel, or redundant with established behavioral medicine approaches.

We are interested in research on:

- Descriptions and effectiveness of interventions that incorporate principles of behavioral economics,
- Theoretical explorations of behavioral economics as it pertains to behavioral medicine, and
- Areas of future research that can enhance the joint development of these areas

We encourage you to submit original papers on empirical research as well as literature reviews. All submissions should follow the standard requirements for *IJBM* articles (see Instructions for Authors) and are subject to standard editorial and peer review processes.

If you would like your manuscript considered for this special issue, please submit it to *IJBM* (see <http://www.springer.com/medicine/journal/12529>) in the usual way and select "Special Issue: Behavioral Economics" when prompted during the submission process. Please contact the Guest Editor **Paul Brown, PhD** (pbrown3@ucmerced.edu) regarding the deadline for submissions for this special issue. The special issue is expected to be published in late 2014.

Portrait: The Chilean Society of Behavioral Medicine and Health Psychology

The Chilean Society of Behavioral Medicine and Health Psychology has been founded on August 18th, 2004 by 30 members. That day, during our first scientific meeting John Weinman, PhD, from Kings College London, UK gave the talk "The role of illness and treatment beliefs in patient adherence". Soon after that we applied to be a Member of the ISBM, actually we were born under the umbrella of the ISBM. At the present time the Society has approximately 60 members, including psychologists, physicians, nurses, midwives, dentists and other health professionals working in organizations and universities in different cities of Chile.

International relationships and collaborations have always strongly influenced the development of our Society and of the graduate studies in this area of interest in Chile. We have actively promoted contacts with well-known scholars from different countries and ISBM has made this task much easier. These colleagues have provided us the opportunity to discuss our graduate programs and to share international ideas and research findings first hand.



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Santiago and the Andes

The former Health Psychology Society from Chile did not survive as a research society and we thought that embedding our society into ISBM would promote its success. Fortunately we were right.

We would like to thank many scientists from ISBM that have come to visit Chile or whom we have visited over the years. Drs. Elaine and Howard Leventhal, from Rutgers University, were our first invited professors in Health Psychology. Also, our thanks go to Dr. Neil Schneiderman and the people from Miami, among these to Drs. Gellman, Antoni, Lechner and Penedo, now in Chicago. We thank Dr. Keith Petrie and colleagues from New Zealand and, last but not least, Dr. Weinman from the UK. All of them have been so kind and willing to discuss their ideas and research with us.

Torres del Paine
National Park,
Patagonia

I would like to mention the importance of the International Congress on Behavioral Medicine (ICBM) that besides all the very interesting talks and presentations, has given us the opportunity to meet a diversity of colleagues, from different countries and backgrounds working cooperatively. It is the quite familiar atmosphere of the Society and the kindness of the people that makes this meeting so stimulating. We are looking forward to the ICBM 2014 in Groningen, and hope that in the near future Chile can host this international forum.



On November 14-15th 2013 the 2013 International Conference in Health Psychology will be held in Santiago, at the same time as the Annual Meeting of the Chilean Society of Behavioral Medicine and Health Psychology. This meeting is being sponsored by P. Universidad Católica de Chile and the National Research Center for Integrated Natural Disasters Management.



Meeting Venue - Centro Extensión –
P. Catholic University of Chile

We will have participants from countries in the region like Brazil, Colombia, Mexico and Chile, also researchers from The Netherlands, USA and Australia.

The Keynote Lectures will include:

- Opening keynote address, JOOST DEKKER, PhD. President ISBM.
- Psychosocial/Behavioral Clinical Trials for Cardiovascular Disease Prevention and Management. NEIL SCHNEIDERMAN, University of Miami, USA.
- Modeling Cognitive/Behavioral Processes Underlying COMMON SENSE MANAGEMENT - CSM Building a Cognitive Behavioral Theory For Managing Illness Threats. HOWARD LEVENTHAL, PhD. Rutgers University, USA.
- Beyond resilience and PTSD: Mapping the heterogeneity of reactions to potential trauma. GEORGE BONANNO, PhD., Columbia University, USA.
- Psychosocial Interventions in Prostate Cancer Survivorship: Considering Biobehavioral and Sociocultural Processes. FRANK PENEDO, PhD., Northwestern University, USA.

We also will have 6 international symposia:

- PSYCHOSOCIAL FACTORS AND CHRONIC ILLNESS. Chair: Manuel Ortiz, PhD (c), Chile
- PSYCHOSOCIAL INTERVENTIONS AND CARDIOVASCULAR DISEASE. Chair: M. M. Llabre, PhD., USA
- HEALTH PROVIDER-PATIENT COMMUNICATION. Chair: Elaine Leventhal, PhD., USA
- PTSD IN DISASTERS, TRAUMAS AND EMERGENCIES. Chair: Rosa Martha Meda Lara, PhD., Mexico
- RESILIENCE IN CANCER, TRAUMA AND DISASTERS. Chair: Joost Dekker, PhD., Netherlands
- PSYCHOSOCIAL INTERVENTIONS IN CHRONIC ILLNESS MANAGEMENT. Chair: E. Seidl, PhD., Brazil

Approximately 60 presentation on topics such as: CARDIOVASCULAR; CANCER; HEALTH BELIEFS; HEALTH PROVIDER COMMUNICATION; CHRONIC ILLNESS MANAGEMENT; RESILIENCE and HEALTH, Etc. will complete the program.

The Scientific Program Committee; the Health Psychology Group at P. Catholic University of Chile & the Chilean Society of Behavioral Medicine and Health Psychology invite you to come!! For more information take a look to our web page <http://www.sch-mc-ps.cl/>

Elia Guic Sesnic

Chair of the Chilean Society of Behavioral
Medicine and Health Psychology

News from the International Collaboration Research Committee

Dear ISBM Members,

As chair of the international collaborative studies committee I want to share the goals we plan to reach in the following year, together with the activities we have planned to achieve these goals. Our main goal is to increase collaboration between researchers of different parts of the world. But in order to achieve this goal we also want to promote connections between researchers that would in the future help to result in research collaboration.

As members of an International Society we all share and recognize the multiple benefits that international research collaborations, for ourselves as researchers, and potentially to improve our capacity to address and respond to the health issues around the world. But at the same time we recognize the obstacles and gaps that are associated with these. We know it may not be easy, there might be practical problems associated, such as having to deal with different ethics approval procedures, possibly having different views about the same problems. Many times, although we may have interest in research collaboration, we do not know where to start and with whom. This is why we plan to develop some strategies aimed to reduce these obstacles and gaps and promote these activities.

To do this, we present researchers and findings from international collaboration with

every ISBM Newsletter Issue. We will include interviews of researchers that have been successful in international collaborations to help us better understand how these collaborations are developed and what we need to do to learn get the best of them. We will ask the researchers for specific tips to make their projects and collaborations work, how they got started, and learn about their future plans. We will also promote international collaborations in activities that different national societies are planning, and will keep you posted about these. But, finally, we are interested to hear from you our members, to learn about your experiences and interests. So, please do write us if you are already involved in international collaborations or you are interested and do not know how and where to start.

We publish the news in the Newsletter which will then also be published and searchable on the ISBM webpage. So be sure to check the ISBM website for updates, news information and updates about international collaboration!

Paula Repetto

Chair International Collaboration
Research Committee

prepetto@uc.cl



INSPIRE's update

We would like to give you an update of some of the upcoming INSPIRE activities planned for ICBM 2014 in Groningen. First, a pre-congress satellite forum will be organized following the successful meeting last year. The forum "Getting research into policy and practice: Advancing the science for dissemination and implementation in behavioral medicine" will be held jointly with the Organization Liaison Committee on the day before the congress commences. The meeting will highlight research methodologies in dissemination and implementation, community-based research and engage policy makers. Other mentoring activities and panel discussions will also take place at the next congress. Watch this space for more future updates!

To engage even more early career researchers, the Scientific Program Committee is making a call of invitation for interested individuals to be Conference Facilitators to assist with abstracts editing and proofreading. This is an excellent opportunity to be a part of congress preparation and be the first to view all the submitted abstracts! I hope many of you will volunteer. If you are interested to be part of this, please contact me directly.

We look forward to meeting many of you in 2014.

Carina Chan, PhD
INSPIRE Chair
carina.chan@monash.edu

INSPIRE forum (www.isbminspire.org)

Special Call:

Interested individuals are invited to serve as **Conference Facilitators** and assist with abstracts editing and proofreading. This is an excellent opportunity to be a part of congress preparation and be the first to view all the submitted abstracts!



News from the Societies

Event International Conference in Health Psychology

Date November 14 – 15, 2013

Place Santiago (Chile)

Organizer Chilean Society of Behavioral Medicine and Health Psychology

Contact / Info <http://www.sch-mc-ps.cl>**Event** 9th Annual Scientific Meeting of the UK Society for Behavioral Medicine (UKSBM)

Date December 9 – 10, 2013

Place Oxford (UK)

Organizer The UK Society for Behavioral Medicine (UKSBM)

Contact / Info http://uksbm.org.uk/?page_id=2288**Event** 13th International Congress of Behavioral Medicine

Date August 20 – 23, 2014

Place Groningen (The Netherlands)

Organizer International Society of Behavioral Medicine

Contact / Info <http://www.icbm2014.com>

CALL FOR ABSTRACTS

Deadline Abstract Submission:
January 15, 2014

An offer you can't refuse: the excellent ICBM Congress in a very lively and old European University City!

On behalf of the International Society of Behavioral Medicine (ISBM), the Netherlands Behavioral Medicine Federation (NBMF) and the Department of Health Sciences of the University of Groningen we warmly invite you to the 13th International Congress of Behavioral Medicine!

Social Program

Wednesday evening August 20, 2014

- Opening Ceremony and Welcome Reception at the Martiniplaza.



Thursday evening August 21, 2014

- Get-together with drinks and snacks at the Martini Church.



Friday evening August 22, 2014

- Congress dinner at the Academieggebouw.



Saturday evening August 23, 2014

- Closing Ceremony and Reception (host 2016) at the Martiniplaza.



Costs and Registration

Early Bird Fee

ICBM member: € 450,-

Non-member: € 550,-

Students/Trainee/Post-doc fellow: € 280,-

CEE: € 140,-

Dinner: € 55,-

Workshops: € 40,-

Included are: congress bag, WiFi, lunches, coffee/tea, welcome and closing receptions and free public transport.

Scientific Program

Keynote presentations

Phyllis Butow

University of Sydney, Australia

Communication and decision making in Oncology

James F. Sallis

University of California, San Diego, USA

Collaborative international research is worthwhile: results from the international physical activity and environment network

Andrew Steptoe

University College London, UK

Psychosocial aspects of ageing and the maintenance of function at older ages

Master Lectures

Laura Fratiglioni

Aging Research Center, Karolinska Institutet, Stockholm, Sweden

Live longer and healthier: the role of lifestyles and health behaviors across the life-course

Peter de Jonge

Dept. of Psychiatry, University of Groningen, The Netherlands

Deconstructing distress

Susan Lutgendorf

Dept. of Psychology, University of Iowa, USA

From mind to brain to cancer cell: biobehavioral influences on the tumor microenvironment

Akizumi Tsutsumi

Dept. of Public Health, Kitasato University, School of Medicine, Japan

Application of behavioral medicine to occupational health: from research to practice.

Pre-conference Workshops (Confirmed)

1. Behavioral Medicine in China

Bo Bai, PhD, Chinese Society of Behavioral Medicine, Chinese Medical Association, China

2. Designing and promoting interventions in psychosocial cancer care, organized by APA Division 38 (Health Psychology), Society of Behavioral Medicine (Cancer SIG), and International Society of Behavioral Medicine

Prof Joost Dekker, VU University Medical Center, The Netherlands

3. N-of-1 research design

Prof Marie Johnston and Prof Derek Johnston, University of Aberdeen, United Kingdom

4. E-Health and Technology

Lisette van Gemert-Pijnen, PhD, University of Twente, The Netherlands

5. Randomized Clinical Trials

Peter Kaufmann, PhD, NIH, US

Important dates

Early Bird Registration open

Abstract Submission open

September, 2013

Deadline Workshop Submissions

November 1, 2013

Deadline Abstract Submission

January 15, 2014

Abstract acceptance confirmation

April 1, 2014

Deadline Early Bird Registration

May 1, 2014

Tracks

Adherence Aging • Addictive Behaviours • Cancer • Cardiovascular Disease & Pulmonary Disorders • Childhood & Adolescence • Cross Track and Other • Diabetes, Metabolism, Nutrition, Obesity, Eating Disorders • Functional, Somatic and Somatoform Disorders • Gender & Health • Genetics and Environmental Interactions • Health Behaviors • Health Education and Promotion • Health Systems, Policy and Economics • Illness, Illness Affect, Illness Behavior • Infectious Diseases, SARS, HIV, AIDS • Measurement and Methods • Pain, Musculoskeletal and Neuromuscular Disorders • Physical Activity • Psychophysiological Disorders & Sleep • Screening and Early Detection • Socioeconomic Factors, Culture & Global Health • Stress, Psychophysiology, PNI, PNE • Translation of Research into Policy & Practice • Violence, Victimization and PTSD • Work Related Health

