

# Education and Training in Behavioral Medicine Worldwide

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Chair and members, ISBM Education and Training Committee

## Survey of the Education and Training Committee 2011 on Behavioural Medicine:

Do you want to register a course or program? Here are the links to the open surveys at 4 educational levels:

- Undergraduate courses or programs.
- Master's level courses or programs.
- Doctoral level courses or programs.
- Continuing Education courses or programs.

**Results of the survey:** Links to programs and courses in Behavioral Medicine worldwide.

- Undergraduate level programs
- Undergraduate level courses
- Master level programs
- Master level courses
- Doctoral programs
- Doctoral level courses
- Continuing Education courses
- Continuing Education programs

Above: Screen shot from ISBM home page

## Up-to-date overview of Behavioral Medicine training [www.isbm.info](http://www.isbm.info)

Every time a **course or program** is registered via the **online survey** on the ISBM homepage, the corresponding overview is **immediately updated**.

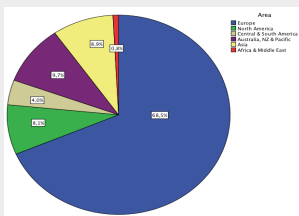
The **Education and Training Committee** of the ISBM set up these links after conducting a **survey** of 124 members of behavioral medicine societies worldwide. Most survey participants were PhD-qualified, university academics based in Europe, US, and Asia/Pacific regions. Behavioral medicine was now part of other disciplines, mostly psychology, public health and medicine. Most saw **behavioral medicine as developing further in the future**.

## Mission

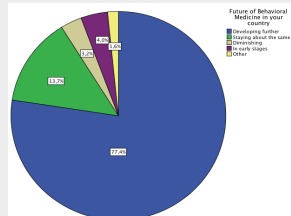
The ISBM Education and Training Committee mission is to facilitate international cooperation in education and training within the field of behavioral medicine. Our primary focus is to support early career researchers and establish e-learning in behavioral medicine.

## International Survey 2011

Online survey links were sent to key ISBM members ( $n=91$ ; 58% response rate), and forwarded to general members ( $n=243$ ; 29% response). Questions were asked on individual demographics, definition of the field, the status of behavioral medicine in the respondent's country and any responsibility for education and training.



Respondents by geographical area ( $n=124$ ).

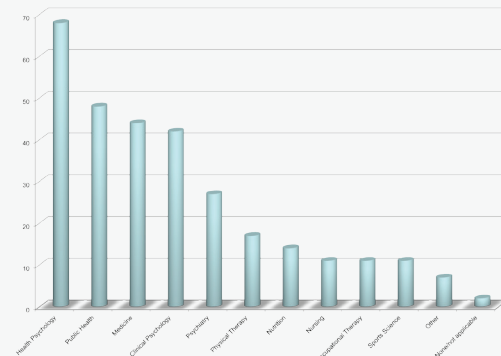


The future of Behavioral Medicine ( $n=124$ ).

## Defining Behavioral Medicine

Qualitative analysis ( $n=97$ ) yielded the following major themes:

1. An interdisciplinary field that provides a holistic bio-psycho-social view on health-related treatment.
2. The relation between behavior (psychological factors) and somatic illness.
3. Research and practice to promote behavioral changes in connection to somatic illness.



Disciplines of which Behavioral Medicine is a part, in ranked order

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Would you like to talk to us about Education and Training in Behavioral Medicine? **Come to our Round Table, Friday, August 31 at lunch in Matthias!**



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