

Education & Training Committee Round Table Session Minutes

Friday August 31, 2012, ICBM 2012, Budapest Hilton Castle Hill, Hungary

Minutes also include a meeting October 9, 2012 between Anne H Berman, Sakari Suominen and Hanna Konttinen regarding a pilot e-course for the spring of 2012.

Committee member present: Anne H Berman, Chair

E-learning interested persons: Reka Cserepes <cserepes.reka@sph.unideb.hu>, Hans-Christian Deter <deter@charite.de>, Linda Cameron <lcameron@umerced.edu>, Ahmed Buni <ahmedbuni@hotmail.com>, Judith Prins <j.prins@mps.umcn.nl>, Sakari Suominen <suominen@utu.fi>, Efrat Neter <neter@ruppin.ac.il>, Eliana Guic <eguic@uc.cl>, Bernd Leplow <bernd.leplow@psych.uni-halle.de>, Margarita Zoe Antal <martaantal@yahoo.co.uk>, Alexandre Ghelman <aghelman@gmail.com>, Paul Brown <pbrown3@umerced.edu>, Ildiko Toth <itoth2777@yahoo.co.uk>, Janos Kollar janoskollar@gmail.com, Joseph T.F. Lau, jlau@cuhk.edu.hk, Sakari Suominen <suominen@utu.fi>, Hanna Konttinen hanna.konttinen@helsinki.fi, Martin Lindhardt Nielsen <mnie0141@bbh.regionh.dk>, Egil.Fors@stolav.no, doktoragnes@gmail.com, Camilla Martha Ihlebæk camilla.ihlebak@umb.no, Helena Nuutinen, Helena.nuutinen@diabetes.fi

E & T committee members: Kazuhiro Yoshiuchi <kyoshiuc-ky@umin.ac.jp>, Emily Kothe <pc.miss@gmail.com>, Kerry Sherman kerry.sherman@mq.edu.au, Carina Chan <carina.chan@monash.edu>, Neil Schneiderman <nschneiderman@miami.edu>, Daniela Oesterle Oesterle <daniela.oesterle@uni-ulm.de>

1. E-learning initiatives were discussed. Examples of e-learning are the following:

- university-level courses (undergraduate/advanced/graduate level)
- webinars (continuing education)
- behavioral medicine tool workshops (continuing education)
- patient consultations (clinical consultation)
- keynotes from conferences (downloadable pdfs for all levels)

2. The following topics came up as issues to be resolved. A possible pilot course is Sakari Suominen's course on Behavioral Medicine Basics, which has so far been given to medicine and dentistry students at the University of Turku for 2 ECT credits, including 5 seminars. This could be done in the spring of 2012 based on the Oct 9th meeting.

Format for courses – This concerns how many students can participate, how often e-meetings will take place, how many tutors are necessary, and what platform the courses will be on. It seems that about 15 students per tutor is about right. The number of participants thus depends on the number of tutors available. Tutorials need to take place at least once a week. E-meetings between students should take place at least once a week, with a minimum of 3 active comments in discussions.

Examination on e-basis – Moodle (see below) allows for multiple choice examinations. However, this is not always suitable for behavioral medicine as an area because there are often more than one or two correct answers to each question. Student papers need to be responded to by opponents to increase learning and reduce tutor workload.

Academic credit arrangements – It is at present not clear how credit can be arranged for international participants. Sakari will look into University of Turku possibilities as well as Nordic

School of Public Health in Gothenburg

(<http://www.nhv.se/customer/templates/StartPage.aspx?epslanguage=EN&id=3>) . The question of whether ISBM could somehow grant academic credit in affiliation with a university needs to be looked into, perhaps with the help of the ISBM board, the International Collaborations Committee.

Cost – Nordic universities are often tuition-free; however, Sweden recently introduced fees for foreign students. Our goal is for the pilot e-course in the spring of 2012 to be tuition-free. Later tuition solutions need to be discussed.

Target audience – Different types of courses can target different audiences – research/clinical students or professionals.

Experts involved – Our group is a good source of experts, as well as keynote speakers at ICBM and other Behavioral medicine conferences.

3. Technical platform issues. We discussed using Moodle, <https://moodle.org/>, which some people had experience with. Also, Camila Ihlebaek from Norway is using Illuminate to design new e-courses.

Contact via Hans-Christian Deter regarding e-learning platform in Asia: Young Moon, YMCHAE@yuhs.ac, Asian College of Psychosomatic Medicine. Anne has e-mailed Mr Moon (contact via Tomiko, b987390@eve.u-ryukyu.ac.jp).

4. Next meeting:

<http://www.doodle.com/in7x4yy62pqz9eqs>

We need someone who can host the meeting via Skype (preferably) or Adobe Connect. So far, Daniela Oesterle has helped us with this.

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